

# 15TH SUNDAY AFTER PENTECOST



AT-HOME GUIDE FOR FAMILIES

September 13, 2020

# A SERVICE OF SPIRITUAL COMMUNION

*Before the service, decorate the home with greenery and flowers. Set up a small table with a piece of green fabric on it. If you have candles and a Bible, place these on the table.*

## **OPENING ANTHEM**

*Begin with an opening hymn. We recommend "Praise the Savior."*

**Praise the Savior, now and ever;  
praise him, all beneath the skies;  
self denying, suffering, dying,  
on the cross a sacrifice.  
Victory gaining, life obtaining,  
now in glory he doth rise!**

**Our work faileth, Christ's availeth;  
he is all our righteousness.  
He, our Savior, has forever  
set us free from dire distress.  
Through his merit we inherit  
light and peace and happiness.**

**Sin's bonds severed, we're delivered;  
Christ has crushed the serpent's head.  
Death no longer is the stronger;  
hell itself is captive led.  
Christ has risen from death's prison;  
o'er the tomb he light has shed.**

**4 For his favor, praise forever  
unto God the Father sing.  
Praise the Savior, praise him ever,  
Son of God, our Lord and King.  
Praise the Spirit; through Christ's merit  
he doth us salvation bring.**

## **THE ACCLAMATION**

*The People standing, the Officiant says*

**Blessed be God: the Father, the Son, and the Holy Spirit.**

*People*

**And blessed be his kingdom, now and forever. Amen.**

## THE COLLECT FOR PREPARATION

*The Officiant says*

Let us pray.

*The Officiant and People pray together*

**Guide and direct us, O Lord, always and everywhere with your holy light, that we may discern with clear vision your presence among us, and partake with worthy intention of your spiritual presence and communion. Amen.**

## THE SUMMARY OF THE LAW

*The Officiant says the following*

Jesus said: You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the great and first commandment. And a second is like it: You shall love your neighbor as yourself. On these two commandments depend all the Law and the Prophets.

## THE KYRIE

*The Officiant and People pray together*

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

## THE COLLECT OF THE DAY

*The Officiant says to the People*

The Lord be with you.

**People**      **And with your spirit.**

*Officiant*      Let us pray.

O God, because without you we are not able to please you, mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*The People sit.*

## THE FIRST LESSON

## A Reading from Genesis 17:1–8

When Abram was ninety-nine years old, the LORD appeared to Abram, and said to him, “I am God Almighty; walk before me, and be blameless. <sup>2</sup> And I will make my covenant between me and you, and will make you exceedingly numerous.” <sup>3</sup> Then Abram fell on his face; and God said to him, <sup>4</sup> “As for me, this is my covenant with you: You shall be the ancestor of a multitude of nations. <sup>5</sup> No longer shall your name be Abram, but your name shall be Abraham; for I have made you the ancestor of a multitude of nations. <sup>6</sup> I will make you exceedingly fruitful; and I will make nations of you, and kings shall come from you. <sup>7</sup> I will establish my covenant between me and you, and your offspring after you throughout their generations, for an everlasting covenant, to be God to you and to your offspring after you. <sup>8</sup> And I will give to you, and to your offspring after you, the land where you are now an alien, all the land of Canaan, for a perpetual holding; and I will be their God.”

The Word of the Lord.

**People**      **Thanks be to God.**

## **PSALM 108**

*Say Psalm 108:8-14 together as a family.*

*Said in unison.*

- 8 **The LORD is full of compassion and mercy,  
long-suffering and of great goodness.**
- 9 **He will not always chide us,  
neither will he keep his anger for ever.**
- 10 **He has not dealt with us according to our sins,  
nor rewarded us according to our wickedness.**
- 11 **For as the heavens are high above the earth,  
so great is his mercy also toward those who fear him.**
- 12 **As far as the east is from the west,  
so far has he set our sins from us.**
- 13 **As a father pities his own children,  
so is the LORD merciful to those who fear him.**

**Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and ever shall be, world without end. Amen.**

## THE SECOND LESSON

A Reading from Philippians 3:17—4:1

Brothers and sisters, join in imitating me, and observe those who live according to the example you have in us. <sup>18</sup> For many live as enemies of the cross of Christ; I have often told you of them, and now I tell you even with tears. <sup>19</sup> Their end is destruction; their god is the belly; and their glory is in their shame; their minds are set on earthly things. <sup>20</sup> But our citizenship is in heaven, and it is from there that we are expecting a Savior, the Lord Jesus Christ. <sup>21</sup> He will transform the body of our humiliation that it may be conformed to the body of his glory, by the power that also enables him to make all things subject to himself. <sup>1</sup> Therefore, my brothers and sisters, whom I love and long for, my joy and crown, stand firm in the Lord in this way, my beloved.

The Word of the Lord.

**People**      **Thanks be to God.**

## THE GOSPEL

A Reading from John 3:1–6

Now there was a Pharisee named Nicodemus, a leader of the Jews. <sup>2</sup> He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” <sup>3</sup> Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from above.” <sup>4</sup> Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” <sup>5</sup> Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. <sup>6</sup> What is born of the flesh is flesh, and what is born of the Spirit is spirit.”

The Word of the Lord.

**People**      **Thanks be to God.**

*The People sit.*

## THE HOMILY

*Take a moment to talk with your family about the Gospel Lesson. You may also access Fr. Wes’ sermon online.*





**HYMN**

*“Christ Our Hope in Life and Death”*     *Getty, Getty, Papa  
Boswell, Kauflin, Merker*

**What is our hope in life and death?  
Christ alone, Christ alone.  
What is our only confidence?  
That our souls to him belong.  
Who holds our days within his hand?  
What comes, apart from his command?  
And what will keep us to the end?  
The love of Christ, in which we stand.**

**Chorus**

***O sing hallelujah!  
Our hope springs eternal;  
O sing hallelujah!  
Now and ever we confess  
Christ our hope in life and death.***

**What truth can calm the troubled soul?  
God is good, God is good.  
Where is his grace and goodness known?  
In our great Redeemer’s blood.  
Who holds our faith when fears arise?  
Who stands above the stormy trial?  
Who sends the waves that bring us nigh  
Unto the shore, the rock of Christ?**

**Chorus**

**Unto the grave, what shall we sing?  
“Christ, he lives; Christ, he lives!”  
And what reward will heaven bring?  
Everlasting life with him.  
There we will rise to meet the Lord,  
Then sin and death will be destroyed,  
And we will feast in endless joy,  
When Christ is ours forevermore.**

**Chorus**

## THE APOSTLES' CREED

*Officiant and People together, all standing*

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.**

**He was conceived by the Holy Spirit  
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,  
was crucified, died, and was buried.**

**He descended to the dead.**

**On the third day he rose again.**

**He ascended into heaven,  
and is seated at the right hand of the Father.**

**He will come again to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

## THE PRAYERS OF THE PEOPLE

*The Officiant invites the People to offer intercessions and laments.*

*Please remember in your prayers:*

- **Clergy** — Foley, our Archbishop; Bill, our Bishop; Fr. Wes, Fr. Brian, and Fr. Chuck, our Priests; and for all the clergy and people of our Diocese and Congregation, especially Christ Our Redeemer Anglican Church in Oklahoma City, OK and the Rev. Tere Wilson
- **Missionaries** — Lauren Butler in Albania; Jerry and Stacy Kramer in Tanzania and Iraq; Suzy McCall and Amanda Scott in Honduras; Craig Stewart in South Africa; and Tillie Tiller in Chad
- **Immigration Services** — Stacy Preston and Lynn Binkley
- **Public Servants** — our president, Donald Trump; our governor, Bill Lee; our county mayor, Jimmy Harris; and our city mayor, Scott Conger
- **Parishioners** — Rich and Carole Beitz, Debbie Colgrove, Carlin Diffee, Mary Louise Flanagan, Gail Hedgepeth, Shirley Phillips, Bill and Anne Ross, and Liam Williams

- **Birthdays this week** — David Knack, Adelaide Stewart, Stella Stewart, Jack Waters, Lawson Gristy, Adam Pipkin, Audrey Larsen Wells, Carey Larsen Wells
- **Anniversaries this week** — Bruce and Vicki Burch
- **Vestry member of the week** — Lloyd Tatum, Finance Chair
- **Family of Parishioners** — Diane Camper, the Dyer family, Bill Gay, Tom Mullady, Bob Nailling, Scott Pipkin, Armando Psungo, Wayland Rogers, and Gary Vailes
- **Friends of Parishioners** — Baby Cayden, Cindy Denker, the Foley family, Rebecca Muncie, Danny Nowell, Nick Pappas, Melissa Price, and the Taylor family
- **Military** — Taylor Bartos, Bryan Laird, and Dalton Young

## **A COLLECT FOR COVID-19**

Almighty God, our strong tower and defense in time of trouble: We ask for your continued deliverance from the dangers associated with COVID-19, which lately have surrounded us and taken the lives of so many. In this time of fear and anxiety, we beseech you to send us your gracious gift of peace. We confess that your goodness alone has preserved us; and we ask you still to continue your mercies toward us, that we may always know and acknowledge you as our Savior and mighty Deliverer; through Jesus Christ our Lord. **Amen.**

## **THE COLLECT FOR RACIAL HEALING**

God of Heaven and Earth, you created the one human family and endowed each person with great dignity. Aid us, we pray, in overcoming the sin of racism. Grant us your grace in eliminating this blight from our hearts, our communities, our social and civil institutions. Fill our hearts with love for you and our neighbor so that we may work with you in healing our land from racial injustice; through Jesus Christ your Son our Lord, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

## THE CONFESSION OF SIN

*The Officiant says to the People*

Let us humbly confess our sins to Almighty God.

*Silence is kept. All kneeling, the Officiant and People say*

**Dear God, we are sorry for the things we have done wrong. We are sorry, too, for the good things that we should have done but did not do or say. Please help us to love you better. Help us also to love other people as we love ourselves. Please forgive us when we are not loving and when we do not obey you. This we ask in the name of Jesus. Amen.**

*The Officiant says*

May God love, forgive, and strengthen us through our Lord Jesus Christ, and may He protect and keep us by the power of the Holy Spirit. **Amen.**

*The People stand.*

## THE PEACE

*Officiant*      The Peace of the Lord be always with you.  
*People*          **And with your spirit.**

## PREPARATION FOR SPIRITUAL COMMUNION

*The Officiant continues*

Hear what St. Paul says: “May Christ dwell in your hearts through faith—that you may have strength...and know the love of Christ.”

## **THE LORD'S PRAYER**

*The Officiant then says*

And now as our Savior Christ has taught us, we are bold to pray

*Officiant and People together pray*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,  
as we forgive those  
who trespass against us.**

**And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom,  
and the power, and the glory  
forever and ever. Amen.**

## **THE AGNUS DEI**

*Officiant and People together pray*

Lamb of God, you take away the sin of the world;  
**Have mercy on us.**

Lamb of God, you take away the sin of the world;  
**Have mercy on us.**

Lamb of God, you take away the sin of the world;  
**Grant us your peace.**

## **THE ACT OF SPIRITUAL COMMUNION**

*The Officiant says the following invitation*

The word is near you, in your mouth and in your heart, because, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.

*The Officiant and People together pray*

**Dear Jesus,**

**I believe that you are truly present in the Holy Sacrament.**

**I love you above all things, and I desire to possess you within my soul,  
and since I cannot now receive you sacramentally,**

**I beseech you to come spiritually into my heart.**

**I unite myself to you, together with all your faithful people,  
gathered around every altar of your Church,  
and I embrace you with all the affections of my soul.**

**Never permit me to be separated from you. Amen.**

*Silence.*

## THE ANIMA CHRISTI

*The Officiant says*

Let us pray.

*The Officiant and People together sing the “Anima Christ” of St. Elizabeth Ann Seaton, using the musical version composed by Alicia L. Greey (online).*

Soul of Jesus, sanctify me  
Blood of Jesus, wash me  
Passion of Jesus, comfort me  
Wounds of Jesus, hide me  
Heart of Jesus, receive me  
Spirit of Jesus, enliven me  
Goodness of Jesus, pardon me  
Beauty of Jesus, draw me

### Chorus

*Till I behold thee, unveiled  
Till I behold thee, unveiled  
Till I behold thee, unveiled  
In thy glory*

Humility of Jesus, humble me  
Peace of Jesus, pacify me  
Love of Jesus, inflame me  
Kingdom of Jesus, come to me  
Grace of Jesus, replenish me  
Mercy of Jesus, pity me  
Sanctity of Jesus, sanctify me  
Purity of Jesus, purify me

### Chorus

Cross of Jesus, bind me  
Nails of Jesus, hold me  
Cross of Jesus, bind me  
Nails of Jesus, hold me  
Cross of Jesus, bind me  
Nails of Jesus, hold me

### Chorus

## THE DISMISSAL

*Officiant* Let us bless the Lord.

*People* **Thanks be to God.**

## THE CONCLUDING SENTENCE

*The Officiant says*

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with us all, evermore. **Amen.**

## CLOSING HYMN

*“Lift High the Cross”* G. Kitchin; M. Newbolt

### Chorus

*Lift high the cross,  
the love of Christ proclaim  
till all the world  
adore his sacred name.*

Come, Christians, follow  
where the Savior trod,  
our King victorious,  
Christ, the Son of God.

### Chorus

Led on their way  
By this triumphant sign  
The hosts of God  
In conquering ranks combine

### Chorus

Set up thy throne  
That earth’s despair may cease  
Beneath the shadow  
Of its healing peace.

### Chorus

For thy blest Cross,  
Which doth for all atone  
Creation’s praises  
Rise before thy throne

### Chorus

All newborn servants  
of the Crucified  
bear on their brow  
the seal of Christ who died.

O Lord, once lifted  
on the glorious tree,  
your death has brought us  
life eternally.

### Chorus

So shall our song of  
triumph ever be:  
praise to the Cruci-  
-fied for victory.

### Chorus

## THE BLESSING

*All stand. The children are invited forward to help lead in the blessing.*

*Officiant* All our problems

**People** **We send to the cross of Christ.**

*Officiant* All our difficulties

**People** **We send to the cross of Christ.**

*Officiant* All the devil's works

**People** **We send to the cross of Christ.**

*Officiant* All our hopes

**People** **We set on the risen Christ.**

*Officiant* May the Spirit of truth lead you into all truth, giving you grace to confess that Jesus Christ is Lord, and to proclaim the wonderful works of God; and the blessing of God Almighty, † the Father, the Son, and the Holy Spirit, be among you, and remain with you always.

**People** **Amen.**