

16TH SUNDAY AFTER PENTECOST



AT-HOME GUIDE FOR FAMILIES

September 20, 2020

A SERVICE OF SPIRITUAL COMMUNION

Before the service, decorate the home with greenery and flowers. Set up a small table with a piece of green fabric on it. If you have candles and a Bible, place these on the table.

OPENING ANTHEM

Begin with an opening hymn. We recommend "Praise the Savior."

**Praise the Savior, now and ever;
praise him, all beneath the skies;
self denying, suffering, dying,
on the cross a sacrifice.
Victory gaining, life obtaining,
now in glory he doth rise!**

**Sin's bonds severed, we're delivered;
Christ has crushed the serpent's head.
Death no longer is the stronger;
hell itself is captive led.
Christ has risen from death's prison;
o'er the tomb he light has shed.**

**Our work faileth, Christ's availeth;
he is all our righteousness.
He, our Savior, has forever
set us free from dire distress.
Through his merit we inherit
light and peace and happiness.**

**4 For his favor, praise forever
unto God the Father sing.
Praise the Savior, praise him ever,
Son of God, our Lord and King.
Praise the Spirit; through Christ's merit
he doth us salvation bring.**

THE ACCLAMATION

The People standing, the Officiant says

Blessed be God: the Father, the Son, and the Holy Spirit.

People And blessed be his kingdom, now and forever. Amen.

THE COLLECT FOR PREPARATION

The Officiant says

Let us pray.

The Officiant and People pray together

Guide and direct us, O Lord, always and everywhere with your holy light, that we may discern with clear vision your presence among us, and partake with worthy intention of your spiritual presence and communion. Amen.

THE SUMMARY OF THE LAW

The Officiant says the following

Jesus said: You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the great and first commandment. And a second is like it: You shall love your neighbor as yourself. On these two commandments depend all the Law and the Prophets.

THE KYRIE

The Officiant and People pray together

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

THE COLLECT OF THE DAY

The Officiant says to the People

The Lord be with you.

People **And with your spirit.**

Officiant Let us pray.

O Lord, you have taught us that without love, all our deeds are worth nothing: Send your Holy Spirit and pour into our hearts that most excellent gift of charity, the true bond of peace and of all virtues, without which whoever lives is counted dead before you; grant this for the sake of your Son Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The People sit.

THE FIRST LESSON

A Reading from Deuteronomy 26:16–19

This very day the LORD your God is commanding you to observe these statutes and ordinances; so observe them diligently with all your heart and with all your soul. ¹⁷ Today you have obtained the LORD's agreement: to be your God; and for you to walk in his ways, to keep his statutes, his commandments, and his ordinances, and to obey him. ¹⁸ Today the LORD has obtained your agreement: to be his treasured people, as he promised you, and to keep his commandments; ¹⁹ for him to set you high above all nations that he has made, in praise and in fame and in honor; and for you to be a people holy to the LORD your God, as he promised.

The Word of the Lord.

People **Thanks be to God.**

PSALM 145

Sing 145 together as a family. We recommend the version by the Modern Post online.

I will bless You all of my days, Lord
I will praise You always, my God and King
I will bless and honor Your name, Lord
Always and forever my soul will sing

Such a vast unsearchable greatness
Great is Yahweh, worthy of all our praise
Let your people sound through the ages
All your awesome works till the end of days

Chorus

We have seen your splendor and glory
We have seen your wonders and stand amazed
Every tongue will echo your story
Everyone will sing of your righteous ways

Oh let all that lives ever bless His name

All that you have made, Lord, will praise you
All your saints will worship in joyful strains
Praise the Lord who ransoms and rescues
Praise the God of glory who ever reigns

THE SECOND LESSON

A Reading from Philippians 1:21—30

For to me, living is Christ and dying is gain.²² If I am to live in the flesh, that means fruitful labor for me; and I do not know which I prefer.²³ I am hard pressed between the two: my desire is to depart and be with Christ, for that is far better;²⁴ but to remain in the flesh is more necessary for you.²⁵ Since I am convinced of this, I know that I will remain and continue with all of you for your progress and joy in faith,²⁶ so that I may share abundantly in your boasting in Christ Jesus when I come to you again.

²⁷ Only, live your life in a manner worthy of the gospel of Christ, so that, whether I come and see you or am absent and hear about you, I will know that you are standing firm in one spirit, striving side by side with one mind for the faith of the gospel,²⁸ and are in no way intimidated by your opponents. For them this is evidence of their destruction, but of your salvation. And this is God's doing.²⁹ For he has graciously granted you the privilege not only of believing in Christ, but of suffering for him as well—³⁰ since you are having the same struggle that you saw I had and now hear that I still have.

The Word of the Lord.

People **Thanks be to God.****THE GOSPEL**

A Reading from Matthew 8:18–20; 10:34—39

Now when Jesus saw great crowds around him, he gave orders to go over to the other side.¹⁹ A scribe then approached and said, "Teacher, I will follow you wherever you go."²⁰ And Jesus said to him, "Foxes have holes, and birds of the air have nests; but the Son of Man has nowhere to lay his head."²¹ Another of his disciples said to him, "Lord, first let me go and bury my father."²² But Jesus said to him, "Follow me, and let the dead bury their own dead." ...

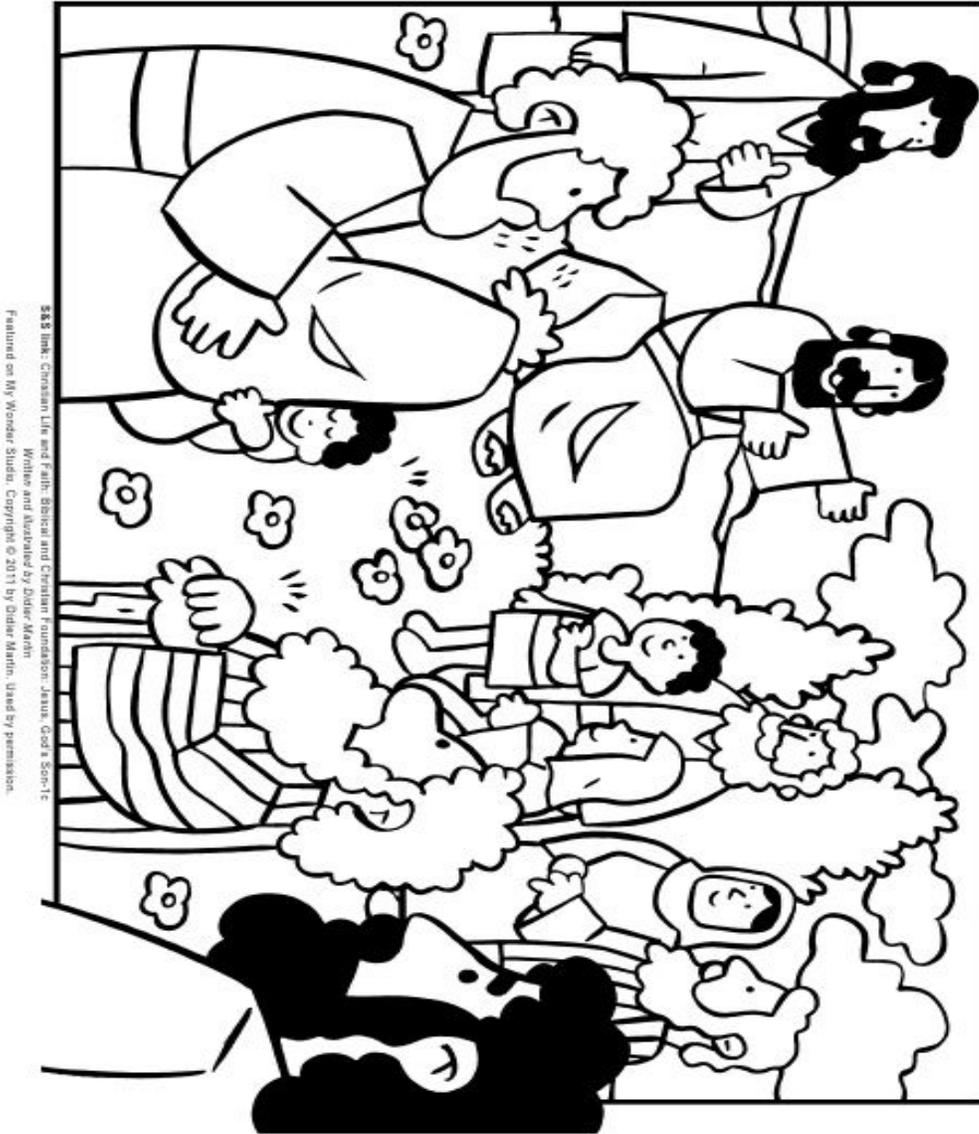
³⁴ "Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword.³⁵ For I have come to set a man against his father, and a daughter against her mother, and a daughter-in-law against her mother-in-law;³⁶ and one's foes will be members of one's own household.³⁷ Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me;³⁸ and whoever does not take up the cross and follow me is not worthy of me.³⁹ Those who find their life will lose it, and those who lose their life for my sake will find it."

The Word of the Lord.

People **Thanks be to God.***The People sit.*

THE HOMILY

Take a moment to talk with your family about the Gospel Lesson. You may also access Fr. Wes' sermon online.





Bible Pathway Adventures

WORD SEARCH

SERMON ON THE MOUNT

K P R B Y V V R X K I N G D O M N D C F
R P N L Z E C J O T T T O R A H S T F Z
A B C G M P S I C S I P T W G L Z F A R
W H B S A L T H R R K Y I W U F I R S M
A H E Q K J N I U O O B S J U A V M T N
M M F A L T Y T X A Y W N R L O Q I I F
Z O O A V Q D T A F L H D P Y F R Z N L
F B F U N E Z A J U F J R C O X I E G W
U Q P X N N N B Z U D J Q A U H G N E B
L Z C B X T B S O T U C E L B B H B N L
S C P S Y W A L H T D Z R Z K T T N E R
K I S T P M Y I T R E A S U R E E H R L
H F T L D M S Q N X W I O Q B A O U O I
G A L I L E E M V R J F I S D B U G U G
A M A C M R E J O I C E Z E A J S L S H
X D H W D T G T H Y S F S T T Q N P N T
P R O P H E T S B H P U E J A F E C Z D
B G D I S C I P L E S M N A Y X S N V R
P P R A Y E R R I S Y X R O C K S K Y N
L J X F V R R E G F E J L F P I V K Q X

TREASURE
GALILEE
KINGDOM
PRAYER
SALT
ROCK

CROWD
TORAH
REJOICE
PROPHETS
MOUNTAIN
RIGHTEOUSNESS

FASTING
LIGHT
GENEROUS
YESHUA
DISCIPLES
HEAVEN

For more free Bible resources and Teacher Packs including coloring pages,
worksheets, quizzes and more visit our website at:
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HYMN

“Christ Our Hope in Life and Death” Getty, Getty, Papa
Boswell, Kauflin, Merker

What is our hope in life and death?
Christ alone, Christ alone.
What is our only confidence?
That our souls to him belong.
Who holds our days within his hand?
What comes, apart from his command?
And what will keep us to the end?
The love of Christ, in which we stand.

Chorus

*O sing hallelujah!
Our hope springs eternal;
O sing hallelujah!
Now and ever we confess
Christ our hope in life and death.*

What truth can calm the troubled soul?
God is good, God is good.
Where is his grace and goodness known?
In our great Redeemer’s blood.
Who holds our faith when fears arise?
Who stands above the stormy trial?
Who sends the waves that bring us nigh
Unto the shore, the rock of Christ?

Chorus

Unto the grave, what shall we sing?
“Christ, he lives; Christ, he lives!”
And what reward will heaven bring?
Everlasting life with him.
There we will rise to meet the Lord,
Then sin and death will be destroyed,
And we will feast in endless joy,
When Christ is ours forevermore.

Chorus

THE APOSTLES' CREED

Officiant and People together, all standing

**I believe in God, the Father almighty,
creator of heaven and earth.**

I believe in Jesus Christ, his only Son, our Lord.

**He was conceived by the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.**

He descended to the dead.

On the third day he rose again.

**He ascended into heaven,
and is seated at the right hand of the Father.**

He will come again to judge the living and the dead.

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

THE PRAYERS OF THE PEOPLE

The Officiant invites the People to offer intercessions and laments.

Please remember in your prayers:

- **Clergy** — Foley, our Archbishop; Bill, our Bishop; Fr. Wes, Fr. Brian, and Fr. Chuck, our Priests; and for all the clergy and people of our Diocese and Congregation, especially Christ Our Redeemer Anglican Church in Oklahoma City, OK and the Rev. Tere Wilson
- **Missionaries** — Lauren Butler in Albania; Jerry and Stacy Kramer in Tanzania and Iraq; Suzy McCall and Amanda Scott in Honduras; Craig Stewart in South Africa; and Tillie Tiller in Chad
- **Immigration Services** — Stacy Preston and Lynn Binkley
- **Public Servants** — our president, Donald Trump; our governor, Bill Lee; our county mayor, Jimmy Harris; and our city mayor, Scott Conger
- **Parishioners** — Rich and Carole Beitz, Debbie Colgrove, Carlin Diffie, Mary Louise Flanagan, Gail Hedgepeth, Shirley Phillips, Bill and Anne Ross, and Liam Williams

- **Birthdays this week** — David Knack, Adelaide Stewart, Stella Stewart, Jack Waters, Lawson Gristy, Adam Pipkin, Audrey Larsen Wells, Carey Larsen Wells
- **Anniversaries this week** — Bruce and Vicki Burch
- **Vestry member of the week** — Lloyd Tatum, Finance Chair
- **Family of Parishioners** — Diane Camper, the Dyer family, Bill Gay, Tom Mullady, Bob Nailling, Scott Pipkin, Armando Psungo, Wayland Rogers, and Gary Vailes
- **Friends of Parishioners** — Baby Cayden, Cindy Denker, the Foley family, Rebecca Muncie, Danny Nowell, Nick Pappas, Melissa Price, and the Taylor family
- **Military** — Taylor Bartos, Bryan Laird, and Dalton Young

A COLLECT FOR COVID-19

Almighty God, our strong tower and defense in time of trouble: We ask for your continued deliverance from the dangers associated with COVID-19, which lately have surrounded us and taken the lives of so many. In this time of fear and anxiety, we beseech you to send us your gracious gift of peace. We confess that your goodness alone has preserved us; and we ask you still to continue your mercies toward us, that we may always know and acknowledge you as our Savior and mighty Deliverer; through Jesus Christ our Lord. **Amen.**

THE COLLECT FOR RACIAL HEALING

God of Heaven and Earth, you created the one human family and endowed each person with great dignity. Aid us, we pray, in overcoming the sin of racism. Grant us your grace in eliminating this blight from our hearts, our communities, our social and civil institutions. Fill our hearts with love for you and our neighbor so that we may work with you in healing our land from racial injustice; through Jesus Christ your Son our Lord, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

THE CONFESSION OF SIN

The Officiant says to the People

Let us humbly confess our sins to Almighty God.

Silence is kept. All kneeling, the Officiant and People say

Dear God, we are sorry for the things we have done wrong. We are sorry, too, for the good things that we should have done but did not do or say. Please help us to love you better. Help us also to love other people as we love ourselves. Please forgive us when we are not loving and when we do not obey you. This we ask in the name of Jesus. Amen.

The Officiant says

May God love, forgive, and strengthen us through our Lord Jesus Christ, and may He protect and keep us by the power of the Holy Spirit. **Amen.**

The People stand.

THE PEACE

Officiant The Peace of the Lord be always with you.
People **And with your spirit.**

PREPARATION FOR SPIRITUAL COMMUNION

The Officiant continues

Hear what St. Paul says: "May Christ dwell in your hearts through faith—that you may have strength...and know the love of Christ."

THE LORD'S PRAYER

The Officiant then says

And now as our Savior Christ has taught us, we are bold to pray

Officiant and People together pray

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory
forever and ever. Amen.**

THE AGNUS DEI

Officiant and People together pray

Lamb of God, you take away the sin of the world;
Have mercy on us.

Lamb of God, you take away the sin of the world;
Have mercy on us.

Lamb of God, you take away the sin of the world;
Grant us your peace.

THE ACT OF SPIRITUAL COMMUNION

The Officiant says the following invitation

The word is near you, in your mouth and in your heart, because, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.

The Officiant and People together pray

Dear Jesus,

I believe that you are truly present in the Holy Sacrament.

I love you above all things, and I desire to possess you within my soul,

and since I cannot now receive you sacramentally,

I beseech you to come spiritually into my heart.

I unite myself to you, together with all your faithful people,

gathered around every altar of your Church,

and I embrace you with all the affections of my soul.

Never permit me to be separated from you. Amen.

Silence.

THE ANIMA CHRISTI

The Officiant says

Let us pray.

The Officiant and People together sing the "Anima Christ" of St. Elizabeth Ann Seaton, using the musical version composed by Alicia L. Greey (online).

Soul of Jesus, sanctify me
Blood of Jesus, wash me
Passion of Jesus, comfort me
Wounds of Jesus, hide me
Heart of Jesus, receive me
Spirit of Jesus, enliven me
Goodness of Jesus, pardon me
Beauty of Jesus, draw me

Chorus

*Till I behold thee, unveiled
Till I behold thee, unveiled
Till I behold thee, unveiled
In thy glory*

Humility of Jesus, humble me
Peace of Jesus, pacify me
Love of Jesus, inflame me
Kingdom of Jesus, come to me
Grace of Jesus, replenish me
Mercy of Jesus, pity me
Sanctity of Jesus, sanctify me
Purity of Jesus, purify me

Chorus

Cross of Jesus, bind me
Nails of Jesus, hold me
Cross of Jesus, bind me
Nails of Jesus, hold me
Cross of Jesus, bind me
Nails of Jesus, hold me

Chorus

THE DISMISSAL

Officiant Let us bless the Lord.

People **Thanks be to God.**

THE CONCLUDING SENTENCE

The Officiant says

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with us all, evermore. **Amen.**

CLOSING HYMN

“Lift High the Cross” G. Kitchin; M. Newbolt

Chorus

*Lift high the cross,
the love of Christ proclaim
till all the world
adore his sacred name.*

**Come, Christians, follow
where the Savior trod,
our King victorious,
Christ, the Son of God.**

Chorus

**Led on their way
By this triumphant sign
The hosts of God
In conquering ranks combine**

Chorus

**Set up thy throne
That earth’s despair may cease
Beneath the shadow
Of its healing peace.**

Chorus

**For thy blest Cross,
Which doth for all atone
Creation’s praises
Rise before thy throne**

Chorus

**All newborn servants
of the Crucified
bear on their brow
the seal of Christ who died.**

**O Lord, once lifted
on the glorious tree,
your death has brought us
life eternally.**

Chorus

**So shall our song of
triumph ever be:
praise to the Cruci-
-fied for victory.**

Chorus

THE BLESSING

All stand. The children are invited forward to help lead in the blessing.

Officiant All our problems

People **We send to the cross of Christ.**

Officiant All our difficulties

People **We send to the cross of Christ.**

Officiant All the devil's works

People **We send to the cross of Christ.**

Officiant All our hopes

People **We set on the risen Christ.**

Officiant May the Spirit of truth lead you into all truth, giving you grace to confess that Jesus Christ is Lord, and to proclaim the wonderful works of God; and the blessing of God Almighty, † the Father, the Son, and the Holy Spirit, be among you, and remain with you always.

People **Amen.**