

# Spiritual Formation in the Anglican Way

*How might I become a shrewd steward of my spiritual formation for the kingdom of God?*

The questions below are intended as an aid for self-reflection as you seek to answer the question above. Take a moment to pray for the Lord's insight before beginning.

What parts of my time are affected by this commitment?

What talents do I have that are affected by this commitment?

What treasures do I have that are affected by this commitment?

Thinking of my use of time, talents, and treasures, what are my strengths in the area of spiritual formation?

Thinking of my use of time, talents, and treasures, what are my weaknesses in the area of spiritual formation?

What opportunities for spiritual formation are available for me?

What obstacles to spiritual formation are present in my life?

Using my time, talents, and treasures, what steps can I take to increase my commitment to spiritual formation in the Anglican Way?

How can I minimize obstacles to the steps listed above to my commitment to spiritual formation in the Anglican Way?

Additional thoughts or insights the Lord has given me.

Take a moment to pray, asking the Lord for His help and protection as you seek to increase your commitment to spiritual formation in the Anglican Way.