

THE ORDER FOR THE ACT OF
SPIRITUAL COMMUNION

FOR THOSE UNABLE TO ATTEND SERVICES OF HOLY COMMUNION
DUE TO SICKNESS OR QUARANTINE

These prayers may be prayed responsively among a family, household, or small group with the spiritual head of the family or group leading as celebrant; if they are prayed by an individual, the individual may pray both celebrant's and people's parts. All musical settings to prayers may be sung if desired.

It is expedient to mark the Collect of the Day and Lessons before starting the liturgy, which may be found in the Book of Common Prayer (BCP) as indicated below, or, if you do not have access to a physical BCP, by following www.anglicanchurch.net > Book of Common Prayer 2019 > BCP Text > either Collects of the Christian Year or Sunday, Holy Day, and Commemoration Lectionary, respectively.

It is appropriate for those gathered for spiritual communion to gather before the household cross, crucifix, or icon of the Crucifixion.

The family prays together (may be sung to the tune of "O Sacred Head, Now Wounded" or "Holy, Holy, Holy")

**Lord, we cannot seek you
On your altar throne,
Yet we may receive you
Weary and alone;**

**Far from priest and altar,
Our prayers, O Christ, please hear,
Come to us in spirit,
Let us sense you near.**

**When, before your altar,
Crowds adoring kneel,
There, truly present,
You have come to heal.**

**In solitary worship
Let us share the feast;
Be your love the altar,
Be yourself the priest. Amen.**

THE ACCLAMATION

Celebrant In the Name of the + Father, and the Son, and the Holy Spirit.
People **Amen.**

THE COLLECT FOR PREPARATION

Let us pray.

Guide and direct us, O Lord, always and everywhere with your holy light, that we may discern with clear vision your presence among us, and partake with worthy intention of your spiritual presence and communion. Amen.

PRAYER FOR PREPARATION FOR PUBLIC WORSHIP, BCP pg. 676

THE SUMMARY OF THE LAW

Hear what our Lord Jesus Christ says:

You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and great commandment. And the second is like it: You shall love your neighbor as yourself. On these two commandments depend all the Law and the Prophets.

MATTHEW 22:37-40

THE KYRIE

Lord, have mercy upon us. Kyrie eleison.
Christ, have mercy upon us. *or* **Christe eleison.**
Lord, have mercy upon us. Kyrie eleison.

THE COLLECT OF THE DAY

The Celebrant says to the People

People The Lord be with you.
And with your spirit.
Officiant Let us pray.

The Celebrant prays the Collect found in the BCP, under the section entitled "Collects of the Christian Year" beginning on page 598.

People **Amen.**

THE LESSONS

The Lessons of the day may be found in the BCP, under the section entitled "Sunday, Holy Day, and Commemoration Lectionary" beginning on page 716.

One or more Lessons, as appointed, are read, the Reader first saying

A Reading from _____.

After each Lesson the Reader may say

The Word of the Lord.

People **Thanks be to God.**

The head of the family may offer a reflection or meditation on the texts, or an individual may silently meditate on the readings.

THE APOSTLES' CREED

Let us confess our faith in the words of the Apostles' Creed:

Celebrant and People

**I believe in God, the Father Almighty
creator of heaven and earth.**

I believe in Jesus Christ, his only Son, our Lord.

**He was conceived by the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.**

On the third day he rose again.

**He ascended into heaven,
and is seated at the right hand of the Father.**

He will come again to judge the living and the dead.

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.**

Amen.

THE PRAYERS OF THE PEOPLE

Let us pray for the Church and for the world.

O God, the creator and preserver of all, we humbly pray for all sorts and conditions of people; that it would please you to make your ways known unto them, and your saving health unto all nations.

Silence

Reader Lord, in your mercy:

People **Hear our prayer.**

More especially we pray for the holy Church throughout the world, that it may be so guided and governed by your good Spirit, that all who profess and call themselves Christians may be led into the way of truth, and hold the faith in unity of spirit, in the bond of peace, and in righteousness of life.

Silence

Reader Lord, in your mercy:

People **Hear our prayer.**

Finally, we commend to your fatherly goodness all those who are in any ways afflicted or distressed, in mind, body, or estate, and we offer them unto you now, either silently or aloud: [*the family may now take time to offer prayers and thanksgivings for those for whom they wish to pray*]; that it may please you to comfort and relieve them according to all their necessities, giving them patience in their suffering and a joyful recovery out of all their afflictions, we pray to you, O Lord, for Jesus Christ's sake. **Amen.**

Increase, O God, the spirit of neighborliness among us, that in peril we may uphold one another, in suffering tend to one another, and in homelessness, loneliness, or exile befriend one another. Grant us brave and enduring hearts that we may strengthen one another, until the disciplines and testing of these days are ended, and you again give peace in our time; through Jesus Christ our Lord. **Amen.**

PRAYER IN TIMES OF SOCIAL CONFLICT OR DISTRESS, BCP pg. 659

THE CONFESSION OF SIN

Let us humbly confess our sins to Almighty God.

Silence

**Almighty God and Father, we confess to you,
to one another, and to the whole company of heaven,
that we have sinned, through our own fault,
in thought, and word, and deed,
and in what we have left undone.**

**For the sake of your Son our Lord Jesus Christ,
have mercy upon us, forgive us our sins,
and by the power of your Holy Spirit
raise us up to serve you in newness of life,
to the glory of your Name. Amen.**

The head of the household prays:

Grant your faithful people, merciful Lord, + pardon and peace, that we may be cleansed from all our sins, and serve you with a quiet mind, through Jesus Christ our Lord. **Amen.**

THE COMFORTABLE WORDS

Hear the Word of God to all who truly turn to him.

God so loved the world, that he gave his only-begotten Son, that whoever believes in him should not perish but have eternal life.

JOHN 3:16

THE PEACE

*Celebrant
People*

The Peace of the Lord be always with you.
And with your spirit.

PREFACE TO SPIRITUAL COMMUNION

The Celebrant continues

Hear what St. Paul says: “For this reason I bow my knees before the Father, from whom every family in heaven and on earth is named, that according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love, may have strength to comprehend with all the saints what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God.

“Now to him who is able to do far more abundantly than all that we can ask or imagine, according to his power at work within us, to him be glory in the church and in Christ Jesus throughout all generations, forever and ever. **+ Amen.**

EPHESIANS 3:14-21

THE LORD’S PRAYER

The Celebrant then says

And now as our Savior Christ has taught us, we are bold to pray:

Celebrant and People together pray

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,**

on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

THE AGNUS DEI

Lamb of God, you take away the sin of the world;
have mercy on us.
Lamb of God, you take away the sin of the world;
have mercy on us.
Lamb of God, you take away the sin of the world;
grant us your peace.

THE ACT OF SPIRITUAL COMMUNION

The Celebrant may say the following invitation

The word is near you, in your mouth and in your heart, because, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.

ROMANS 10:8-9

Let us pray.

The family prays together, or, if possible, each individual prays silently in their heart.

Dear Jesus,
I believe that you are truly present in the Holy Sacrament.
I love you above all things, and I desire to possess you within my soul,
and since I cannot now receive you sacramentally,
I beseech you to come spiritually into my heart.
I unite myself to you, together with all your faithful people,
gathered around every altar of your Church,
and I embrace you with all the affections of my soul.
Never permit me to be separated from you. Amen.

PRAYER FOR SPIRITUAL COMMUNION, BCP pg. 677

Silence is kept. Each member of the family may silently read and reflect on this prayer or otherwise meditate on Christ's spiritual presence.

THE ANIMA CHRISTI

Let us pray.

Celebrant and People together say or sing the following, (the Anima Christi may be sung to the tune of "To You Before the End of Day," with "now and forever" sung monotone or spoken.)

Soul of Christ, be my salvation,
Body of Christ, my consecration;
Blood of Christ, fill all my veins;
Water from Christ's side, wash my stains;

Passion of Christ, my comfort be;
O good Jesus, listen to me;
Within your wounds I long to hide,
Ne'er to be parted from your side.

O guard me when the foe assails me,
Guide me when my feet shall fail me;
Bid me come to you above,
With all your saints to sing your love,

Now and forever. Amen.

THE DISMISSAL

Celebrant: Let us bless the Lord.

People: **Thanks be to God.**

THE CONCLUDING SENTENCES

Therefore put on love, which binds everything together in perfect harmony. And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. Let the word of Christ dwell in you richly, with thankfulness in your hearts to God. And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

COLOSSIANS 3:14-17

The + grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with us all, evermore.
Amen.

2 CORINTHIANS 13:14