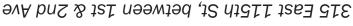
computer classes available

646-746-6316 • Medical & legal assistance, life skills &







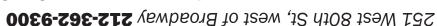


SOCIAL SERVICES: Tue & Thurs 9AM-2PM 8-TOAM (WOMEN) & TOAM-2PM (MEN)

SHOWERS: Tue & Thu

MEALS: Sun 5PM

SHELTER INTAKE: Sun 3PM







PLACES TO GO FOR HELP

ST. PAUL'S HOUSE

335 W 51st Street, between 8th & 9th Ave **212-265-5433**





PANTRY: Tue 10-11AM



227 Bowery, one block south of Houston **212-674-3465**

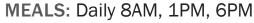












CLOTHING & SHOWERS: Tue & Fri 11AM

MEDICAL & OPTICAL: Wed 6PM

HFNY.ORG

NYC RELIEF

Provides meals, socks, hygiene kits & resources 800-736-2773







FRI: 28th St, between 9th & 10th Ave (Chelsea) 10AM-2PM





124th St & Park Ave (Harlem) 10AM-2PM **SAT**: 148th St & Brook Ave (Bronx) 10AM-2PM

Park Ave (Harlem) 10AM-2PM

NEW YORK CITY RESCUE MISSION

90 Lafayette St, two blocks south of Canal 212-226-6214





MEALS: Daily 6:30AM, 5PM CLOTHING: Thu 10AM-2PM

SHELTER INTAKE: Daily 3PM (WOMEN) 4PM (MEN)





SNAP & MEDICAID: Tue 3-5PM

AA: Sun 7PM

THE SALVATION ARMY

Provides basic needs like food, housing & pastoral care 973-897-1176





HARLEM: 540 Lenox Ave, between 137th & 138th St EAST HARLEM: 145 East 125th St, off of Lexington

DOWNTOWN: 132 West 14th Street, between 6th & 7th Ave