Discipleship at BBC

One of Jesus' final commands was to make disciples of all nations by baptizing them and teaching them to obey my commandments. This is a call for all believers to be disciples and to help make disciples of others. There are many ways to grow as disciples, in Sunday worship gatherings, small groups, or personal time reading the Bible and praying. One of the most



effective ways to grow in your faith is to meet together with other believers who know you well and can help encourage you and challenge you in your faith and how you live it out in your daily life. We want to help you take the next step in your faith, whether that is to move from a skeptic to considering belief in Christ, or to continue growing after decades in the faith. We do this through Discipleship groups. These are groups of 2-4 people that meet regularly to help each other grow in their faith. Each group will be a little bit different, but we wanted to give you some guidelines to help as you get started.

Who should I meet with?

We recommend that groups are made up of either men or women. You may want to meet with someone you have known for awhile, or you may want to reach out to someone new who you think could help you grow, or could help you grow. We can also help you get connected with someone if you are unsure how to get started. You can get help on our Get Started in Discipleship page.

When and where should we meet?

We recommend that groups meet weekly. The day and time are up to each group, so meet early, meet late, meet during lunch, meet at the playground, meet whenever and wherever works for your group. Each group will be different, but we recommend setting aside an hour to an hour and a half for each meeting.

What do we do when we meet?

Pray - As you get started check in and see how everyone is doing and open the meeting with prayer, addressing any urgent needs that came up in your conversation. Watch this time carefully, as catching up can easily take up an entire meeting.

Read and Discuss - The main part of your meeting should be discussing the material each person has been reading throughout the week. You should try to do one session or one chapter of whatever material you are using each week. You may want to stop and read the Scriptures that are referenced. If the material includes questions, you should stop and answer the questions as you go. You can also ask if anyone has other questions about the material or anything that stuck out to them as they read the material before the meeting. The material will vary, but we ask that each group begin with the same 2 books that you can find on our discipleship resources list.

Go Deeper - We understand that sometimes the provided material will be perfect, but sometimes you want to go deeper. You may want to add questions or ask a question that came up while you were reading. Each group has the freedom to adjust as needed. Prayer Requests - As you wrap up, ask for prayer requests. We ask that you ask for prayer for yourself more than for others. We understand that needs come up for friends and family that need prayer, but we also want our groups to pray for each other and the situations that you are working through in your own lives.

How do I get started?

Step One - Pray

Ask God to show you who you should ask to meet with you.

Step Two - Sign Up

Please sign up on our <u>discipleship form</u> so that we can help you and check in with you along the way. This is also how you ask for help getting a group started or joining a group.

Step 3 - Choose your material

Check out the <u>Discipleship Resources</u> list for material. We ask that each group begin with the first 2 books on the list.

Step 4 - Make disciples

Encourage each other and grow deeper in your faith.