

(1) Spend a few minutes talking about how each person experienced the Eucharist growing up or in other churches? Was it emphasized or neglected? Why? Was it celebrated weekly, monthly, quarterly, or once a year? How was it named: Eucharist? Lord's Supper? Lord's Table? Communion? Which of those labels do you prefer, and why?

(2) What does Paul say is the purpose of the Eucharist? In what ways might we "remember" Christ in his death, and in what ways might we look forward in anticipation of his return? How does the celebration of the Eucharist enable us to do both?

(3) Talk about the four views on the way or sense in which Christ is believed to be "present" in the elements. Which do you find most biblical, and why?

(4) Talk about what it means to take the Eucharist "in an unworthy manner." What does this **not** mean? Now, what **does** it mean? How does this affect the attitude or mindset in which you come to the table?

(5) Have any of you had a powerful, personal encounter with the Lord during your time of partaking of the elements? If so, describe it? Was it a physical healing? Was it a renewed sense of God's love for you in Christ? Was it an awakening to the centrality of the cross? Anything else?