

Steps in Administering Chastisement

1. The Parent should not be angry. Stop to pray and confess any anger before administering discipline. However, do not use your anger as an excuse to not give consequences.
2. Meet in a consistent and private place to administer the spanks.
3. The Parent should first ask, "How have you sinned against God". The child should be clear as to the offense against God. (Joshua 7:19). To admit our sin is to give God glory.
4. The Parent should state how many swats will be administered to the child's bottom. Make the child be still before you swat so you don't miss their "buns". This allows the parent to maintain a spirit of self-control (Galatians 5:15).
5. Use an instrument that is not your hand, but safe for the child's buns. The Proverbs talk about a kind of "rod" of correction. (Proverbs 22:15)
6. After the swats are given, the child should ask for forgiveness from God and from whomever the child sinned against. This means they may need to go find their sibling and ask for forgiveness (James 5:16)
7. The child's sin should not be brought up nor should there be lingering bitterness on the part of the parent. To be an example of God's forgiveness means to remove sin as far as the East is from the West (Psalm 103:12).
8. A parent should affirm his/her love for his/her child. This is a good time to pray. When reconciliation occurs, the two parties are able to live life together, talk together, laugh together etc... This is what should happen after the process of discipline occurs in the home. It brings about the peaceful fruit of righteousness (Hebrews 12:11).