

## Getting Our Acts Together about Prayer

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### Getting started...

#### Why it's hard to pray (Luke 22):

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#### Why we must pray (Luke 22):

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#### How we are to pray (Luke 11):

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#### My take-away:

## Questions for Life Group or Personal Reflection

### Getting Started

What is 1 point Dr. Reed made that struck you (e.g. helped you think about prayer in a new light, felt directly applicable to your life, exposed a weakness in your prayer habits, caused you to disagree with him, etc.)?

When it comes to the way you relate to friends or loved ones, which one best describes you?

- The Talker: most likely to share feelings
- The Listener: most likely to be a good shoulder
- The Quiet Type: quality time together says it all
- The Doer: Join me for an activity I love and we'll be best friends
- Other: Describe yourself

Do you think our personality type (see question above) affects the way we relate to God? Explain your answer.

### Deeper Dive

You may have gone to a school where they quote(d) the Lord's Prayer in the morning. Was this Jesus' purpose when He gave the prayer to His followers? Explain your answer.

What do you say we, as a group, take Dr. Reed's prayer challenge? Let's try to use Jesus' prayer in Luke 11 daily until Christmas and update each other weekly on what God's teaching us.

Think about the people of Calvary. Which of the reasons stated for why it's hard to pray (under the 1st bolded point on the other side) do you think is most relatable for people in our church? Which 1 describes *you*?

Let's finish by putting Jesus' instructions into practice and praying together. Spend the next few moments praying in a sentence or 2 on the following themes from the Lord's Prayer in Luke 11:

- **God's praise:** Honour God for who He is and what He's done
- **God's kingdom:** pray for friends who need to know Jesus
  - Pray for our church as we share Jesus in the community
  - Pray for the missionaries and organizations we sponsor
- **God's will:** Pray that your will would become God's will
- **Our needs:** Ask God for the things you need
  - Pray for a need that someone else in the group has
- **Our forgiveness:** Admit to God your shortcomings
  - Ask for the ability to forgive others
- **Our protection:** Pray for strength when temptation comes