



WHAT TO EXPECT AT CBC ON THE LORD'S DAY - FAQ

What cleaning and precautionary measures is the church taking to ensure everyone's safety in this time of COVID-19?

Before the service, all chairs, tables, and common hand-contact surfaces, (door handles, counters) are sanitized and wiped down. Bulletins are placed on the chairs in advance. An offering box is available at the back of the worship center to receive all gifts and offerings so that there is no passing of items between people. We also have hand sanitizing stations available in both the lobby and Worship Center. Ushers are available throughout the service to assist in making the environment safe for all who attend.

What precautions should the congregation and guests take before arriving on Sunday morning for worship?

We respectfully ask that before leaving for church each Sunday that you perform a *Wellness Check*. If the answer is **YES** to any of these 5 questions below, we ask that whoever is ill remain home and that you exercise your best judgment if others in your household should do the same.

- Do I, (or anyone in my household), have a new fever (100.4° or higher) or a sense of having a fever?
- Have I, (or has anyone in my household), had a fever in the last 72 hours?
- Do I (or anyone in my household), have a new cough, sore throat, or cold, sudden loss of smell or taste, or gastrointestinal symptoms such as nausea, vomiting, etc. (that can't be attributed to another health condition)?
- Do I, (or anyone in my household), have new flu-like symptoms, shortness of breath, body aches, or generally feel unwell (that can't be attributed to another health condition)?
- Have I (or anyone in my household) been in contact with someone who has, or is, in under investigation for COVID-19 in the last 14 days

How are we implementing physical distancing during the worship service?

Our usher team is available to direct people to available seating which has been spaced out to allow for proper social distancing for individuals and families. Weather permitting, we are dismissing the congregation outside after the service into the fresh air for our Fellowship Corner. Children are encouraged to remain with their parents before and during the service when inside the building.

How should we greet one another?

While in the past a friendly handshake or hug have been the norm for greeting one another, a hearty smile, elbow bump, and a warm hello are the recommended approach.

Are facemasks required to be worn when in the building?

In accordance with Virginia Executive Order Number 63, facemasks are required while inside the building for those 10 years old and older. The only exceptions will be for those who are physically unable to do so for health and safety reasons. If you're unable to wear a mask, please contact Pastor Jeff, (jeff@cascadesbiblechurch.com), in advance so we are aware of those limitations.

Will there be congregational singing?

Yes, we are conducting our normal worship service each Lord's Day, which includes congregational singing.

Are the worship services livestreamed?

Yes, our service is currently being livestreamed @ 10:30 a.m. from the church's YouTube channel for those who are not able to join us in person for corporate worship.

What about the Lord's Table during this time of physical distancing?

CBC has purchased convenient, individually sealed communion cups, (contains bread and juice), which will allow us to continue offering monthly congregational communion.

When do you anticipate Children's Church and Nursery resuming?

The Elder team is committed to resuming all aspects of ministry on Sunday mornings. We view ministry to children, in particular, as vital to our church's commitment to make and mature disciples of Christ who run to win. Resuming individual ministries on Sunday mornings will be contingent upon the logistics of classroom availability, need, and the availability of qualified volunteers to serve in these ministry initiatives. For now, Children's Ministry, (including the Nursery), will not meet; however the Elder team will be evaluating the situation regularly.