



Formation Devotional

January 6, 2020 Evening

Forming Worship, Life, and Ministry Together at Christ Covenant Church

As you come before him this evening, rest in the assurance of his great love. Use this email as you are able, in whole or in part.

Call to Prayer

Come to me, all who labor and are heavy-laden, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light. (Matthew 11:28-30)

Opening Prayer

Heavenly Father, we remember those who suffer want and anxiety from lack of work. Guide the people of this land so to use our public and private wealth that all may find suitable and fulfilling employment, and receive just payment for their labor; through Jesus Christ our Lord. Amen. (BCP 824)

Prayer of Examine

Turn your attention to Christ who is present with you now. With him, review the ordinary events and emotions of your day with gratitude.

1. Where did you move with or feel close to Jesus today?
2. Where did you resist or feel far from Jesus today?
3. Where is Jesus leading you tomorrow? Ask for joy as you follow him

Praying the Psalms

Prayerfully read the psalm back to God through faith in Jesus Christ.

Psalm 8

How Majestic Is Your Name

To the choirmaster: according to The Gittith. A Psalm of David.

1 O LORD, our Lord,

how majestic is your name in all the earth!

You have set your glory above the heavens.

2 Out of the mouth of babies and infants,
you have established strength because of your foes,
to still the enemy and the avenger.

3 When I look at your heavens, the work of your fingers,
the moon and the stars, which you have set in place,

4 what is man that you are mindful of him,
and the son of man that you care for him?

5 Yet you have made him a little lower than the heavenly beings
and crowned him with glory and honor.

6 You have given him dominion over the works of your hands;
you have put all things under his feet,

7 all sheep and oxen,
and also the beasts of the field,

8 the birds of the heavens, and the fish of the sea,
whatever passes along the paths of the seas.

9 O LORD, our Lord,
how majestic is your name in all the earth!

Old Testament Reading

Genesis gives the account of creation, and the reason why it is so amazing and so corrupt at the same time. The original intent of God for mankind is revealed: God creates the earth for mankind, and mankind for God. Though things go wrong in the beginning, God promises the nomad Abraham that there would be a people who would know Him and walk in His ways in the midst of a broken and rebellious world. The rest of Genesis unfolds in the way God forms this people in the ancient world.

As you read and reflect on this passage, prayerfully consider how God might be revealing himself to you this evening.

Genesis 4

Cain and Abel

1 Now Adam knew Eve his wife, and she conceived and bore Cain, saying, "I have gotten a man with the help of the LORD." **2** And again, she bore his brother Abel. Now Abel was a keeper of sheep, and Cain a worker of the ground. **3** In the course of time Cain brought to the LORD an offering of the fruit of the ground, **4** and Abel also brought of the firstborn of his flock and of their fat portions. And the LORD had regard for Abel and his offering, **5** but for Cain and his offering he had no regard. So Cain was very angry, and his face fell. **6** The LORD said to Cain, "Why are you angry, and why has your face fallen? **7** If you do well, will you not be accepted? And if you do not do well, sin is crouching at the door. Its desire is contrary to you, but you must rule over it."

8 Cain spoke to Abel his brother. And when they were in the field, Cain rose up against his brother Abel and killed him. **9** Then the LORD said to Cain, "Where is Abel your brother?" He said, "I do not know; am I my brother's keeper?" **10** And the LORD said, "What have you done? The voice of your brother's blood is crying to me from the ground. **11** And now you are cursed from the ground, which has opened its mouth to receive your brother's blood from your hand. **12** When you work the ground, it shall no longer yield to you its strength. You shall be a fugitive and a wanderer on the earth." **13** Cain said to the LORD, "My punishment is greater than I can bear. **14** Behold, you have driven me today away from the ground, and from your face I shall be hidden. I shall be a fugitive and a wanderer on the earth, and whoever finds me will kill me." **15** Then the LORD said to him, "Not so! If anyone kills Cain, vengeance shall be taken on him sevenfold." And the LORD put a mark on Cain, lest any who found him should attack him. **16** Then Cain went away from the presence of the LORD and settled in the land of Nod, east of Eden.

17 Cain knew his wife, and she conceived and bore Enoch. When he built a city, he called the name of the city after the name of his son, Enoch. **18** To Enoch was born Irad, and Irad fathered Mehujael, and Mehujael fathered Methushael, and Methushael fathered Lamech. **19** And Lamech took two wives. The name of the one was Adah, and the name of the other Zillah. **20** Adah bore Jabal; he was the father of those who dwell in tents and have livestock. **21** His brother's name was Jubal; he was the father of all those who play the lyre and pipe. **22** Zillah also bore Tubal-cain; he was the forger of all instruments of bronze and iron. The sister of Tubal-cain was Naamah.

23 Lamech said to his wives:

"Adah and Zillah, hear my voice;

you wives of Lamech, listen to what I say:

I have killed a man for wounding me,

a young man for striking me.

24 If Cain's revenge is sevenfold,

then Lamech's is seventy-sevenfold."

25 And Adam knew his wife again, and she bore a son and called his name Seth, for she said, "God has appointed for me another offspring instead of Abel, for Cain killed him." 26 To Seth also a son was born, and he called his name Enosh. At that time people began to call upon the name of the LORD.

Prayers of Thanksgiving

Work

- Think back over your day and thank God for specific ways you have experienced his presence in your work.
- Praise God for his sovereignty over all circumstances and that you can experience deep rest even in the midst of uncertainty.
- Thank God that you can trust him to actively weave the struggles and discomfort at your workplace to fulfill his greater plan.

Look down, O Lord, from your heavenly throne, and illuminate this night with your celestial brightness; that by night as by day your people may glorify your holy Name; through Jesus Christ our Lord. Amen. (BCP 133)

Benediction

The Lord bless you and keep you; the Lord make his face shine on you and be gracious to you; the Lord turn his face toward you and give you peace. (Numbers 6:24-26)

Wonder what your next step in spiritual formation is? Consider getting involved in a Growth Group.

For a handy guide to the devotional elements and an archive of past issues, visit ccotc.org/devotional.