

All CBCers are invited to **SHARPEN YOUR SPIRITUAL SKILLS** by joining us for three challenging, stimulating, practical evenings.

Choose one of the four classes offered, sign up soon, and join us on July 10! You'll listen to inspiring teaching, discuss thought-provoking ideas, practice useful skills, and be encouraged as part of a community that desires to grow spiritually. Child care is available.

Sign up by submitting this form at church or emailing Donna. Don't miss this opportunity to grow with others in the CBC family. Sign up today!

NAME	CLASS #
Email address (or text, if preferred)	
For child care, sign-up by July 6 - please give us names and ages	of your kids:

CLASSES

WED. JULY 10, 17, 24

EACH CLASS MEETS FOR ALL 3 WEEKS; CHOOSE ONE CLASS

1. STUDYING THE PARABLES OF JESUS FROM LUKE'S GOSPEL

Teacher: Shin Asami

Parables were short stories that were told in the Jewish culture of Middle Eastern Palestine in the days of Jesus. And from a reading of Luke's Gospel we can see that Jesus employed parabolic speech for a variety of reasons.

This class will define parable, and provide the dynamics of Jesus' parables, so that you will be able to accurately interpret not only the parables in Luke, but also Jesus' parables in the other Gospels as well.

2. THE ENNEAGRAM AND THE ROAD BACK TO YOU

Teacher: JT Hayashi

Do you want help figuring out who you are and why you might be stuck in self-defeating patterns? In this class, we'll cover the basics of the Enneagram, which posits that there are nine basic personalities, each with a special connection to God.

We'll uncover healthy modes of spiritual growth for each personality, and discuss how knowing your Enneagram type can transform your relationship to God, to others, and to self

3. THE CIRCLE MAKER: A FRESH APPROACH TO PRAYER

Teacher: Ellen Shimada

What impossibly big dream is God calling you to draw a prayer circle around? Nothing honors God more than a big dream. Why? Because there is no way we can take credit for it.

This class will teach you what it means to be a circle maker and how to pray in a new way by drawing prayer circles around your dreams and God's promises. It isn't just a mechanism by which we accomplish great things for God; it's a mechanism whereby God accomplishes great things in us.

4. BIBLICAL INTERPRETATION: AN INTRODUCTION TO HERMENEUTICS

Teacher: Evan Quitugua

Do you want to understand the Bible better? Have you ever wondered about the differences between Biblical translations? Are you googling "Hermeneutics" this very second?

Then this class is for you. We will split our time between lecture and practicum where the majority of our time is spent in interpretation utilizing Bible dictionaries and commentaries to help in our interpretive process. Come and join me as we explore Biblical Interpretation together with this hands-on course.