



CHRIST CHURCH RESOURCES

INFERTILITY

For many couples, the definition of being a family involves children. While it is important to remember that the couple is a complete family even if it is just the husband and wife, that may not change the feelings they encounter as they experience infertility. For some there may be feelings of grief,

frustration, or even shame. And the process of walking through infertility is often met with well-meaning but often unhelpful advice. It is vital to process your experience and your feelings with wise, trustworthy, and loving counsel. There are many options for couples to pursue- and each couple must decide which is best for them. Not everyone's experience and desires are the same. Even if someone else is experiencing infertility it does not mean they feel the same about it or want to follow the same path. Seek options and make sure you that is speaking into your heart and mind that you trust during this journey.

SCRIPTURE

Deuteronomy 8:2

Proverbs 3:5-6

Genesis 25:21

Hebrews 11:11

Psalms 147:3

Romans 12:12

RESOURCES

The Infertility Companion: Hope and Help for Couples Facing Infertility- Glahn and Cutrer

You're Going to Be Okay- Holley Gerth

31 Days of Prayer During Infertility- Lisa Newton

Christiancourier.ca - Misunderstanding Intertility

Focus On the Family: Coping with Infertility