

Live a Significant Story

Thanksgiving: Express Gratitude!

Questions for Reflection/Discussion/Application -

1. Brian highlighted that we express more criticism than thanksgiving in our day. Do you agree with his assessment? What do you think your ratio of criticism to thanksgiving is?
2. Many of us have grateful feelings, yet we don't often express gratitude. Why do you think that is?
3. Take 5-10 minutes RIGHT NOW, and write a thank-you note to someone. A simple formula for gratitude is: "I am grateful for _____, because _____ (be specific, tell a story.)"
4. In light of 2020, take 15 minutes to slowly read [James 1](#). What do you think of his instruction to "consider trial pure joy." Are you able to do that this year?