

**Growth Group Leader Guide**  
Week of March 29-April 4

**Sermon:** Good News for Troubled Hearts

**Text:** John 14:1-6

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**Focus this Month:** Attending to the needs of your Group and continue urging the need for connection and community. Stay in open/weekly communication with people about specific needs. Figure out if you can address the needs as a group. If the need is too large or too many, then please share the “benevolence request” form attached at the end of the document.

**Sermon Summary:** Jesus teaches us 3 things for how we are to think during troubled times:

1. Transfer your trust (v. 1): when we find ourselves in troubled times and our hearts feeling terror, we are to shift heart’s trust away from the transient and onto the eternal God.
2. Your heart has another home (v. 2-4): Jesus has a place for our hearts to rest forever. Everything in this world leaves our hearts feeling homeless. This world does not have the ability to provide a fully safe and secure home for our hearts.
3. He is the object of your hope (v. 5-6): we are all looking for hope, but nothing here can deliver on its promises. Only Jesus fulfills hope for the future.

**Getting to Know You and Icebreaker:**

1. **Opener:** how is everyone feeling and doing these days? Are there any updates in your life since last week?
2. **Icebreaker:** What’s your personal favorite activity to do at home during the COVID-19 Quarantine?

**Discussing the Sermon:**

1. What stood out to you from the sermon this week? Did you find anything particularly helpful or eye opening?
2. Of the three points from last week’s sermon, which of them encouraged you the most? Why? (if necessary, you may need to read the “Sermon Summary” to the group again to remind them)
3. What specifically troubles you most in this season we are all in now? What troubles you most about it?
4. In what way does Christ draw your troubled heart away from “earthly trusts” and onto him? Explain.
5. What biblical truth do you need to memorize and hold on to this week in order to sustain your heart in this troubled and uncertain time?

**Prayer**

1. Pray for the specific needs of the group
2. Pray for all Church at Bergen healthcare and law enforcement workers (26)
3. Pray for the wisdom and guidance of the elders to follow the Spirit’s leading
4. Pray for church to be sustained and thrive in this isolated time