

# A GUIDE FOR RETURNING TO WORSHIP

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## PHASE II



**CITY**  
**PRES ABQ**

210 TRUMAN ST. NE.

[CITYPRESABQ.COM](http://CITYPRESABQ.COM)



# THE WORSHIP SERVICE

## RESERVING YOUR SEAT

New!

Starting October 4th, 2020, City Pres will switch to a reservation based system for worship service attendance, and no longer follow a designated group rotation schedule. All are welcome to attend every Sunday at our 10AM service!

The reservation form will be used to help staff track capacity numbers and maximize the seating available in the main sanctuary. Upon arrival to church, you will be ushered to your desired seat based on your reservation choice. Even if you do not have a reservation, please join us, in person, on Sunday mornings! However, seating may only be available in the overflow space.

The reservation form will open on Monday mornings and close on Fridays at midnight. You can find the form on the top of our website.

## PASSING OF THE PEACE:

During the passing of the peace, please refrain from greeting your neighbors with physical contact such as handshakes and hugs. Wave hello and share verbal greetings!

## COMMUNION:

In the main worship space, beginning with the front row, you will be invited forward to partake of communion. Please move to the right hand aisle, per usual, maintaining social distance while you wait your turn. Please step forward to receive your bread and then move to the side table to pick up your own wine or juice cup. You may return to your seat down the left hand aisle. Once one row has finished receiving the elements, the next row may proceed forward. An elder will distribute the elements to those in the overflow space. Please hold onto the elements and we will partake of them together once everyone has been served.

## TITHE & OFFERING:

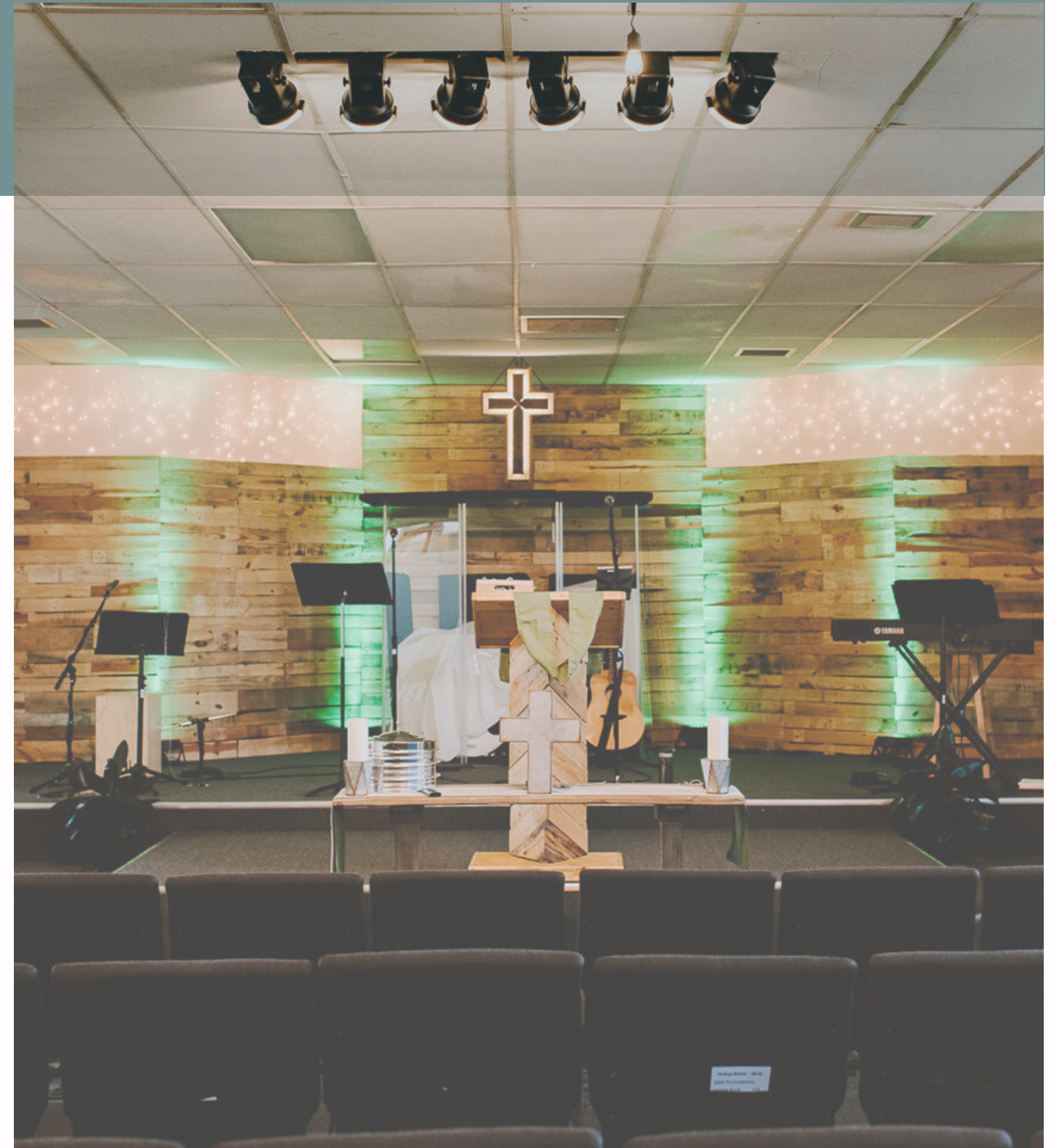
Baskets will be up front on a stool if you wish to give via cash or check. Please place your gifts in these baskets as you come forward to receive communion. We encourage you to continue giving online through Simplify Church.

## DISMISSAL:

At the conclusion of service, you will be dismissed row by row, starting in the sanctuary and ending in the overflow space. If you want to talk after service, please do so in the parking lot safely.

## HOSPITALITY:

We will not serve any snacks or refreshments at this time. You are still welcome to bring your own water and coffee from home, or any snacks that may be helpful for your children.





# WHAT SOCIAL DISTANCING MEASURES WILL BE IN PLACE?

## MASKS:

We ask that all able adults and children wear a mask to all worship services. If you are able, please bring your own. The church will provide disposable ones if you should need one.

## SPACED SEATING:

Ushers will direct you to your seats in the sanctuary and will instruct you to leave three chairs empty between you and the next family unit. The rows of chairs are spaced 6 feet apart, so any row is available for seating.

## TRAFFIC FLOW & FELLOWSHIP TIME:

Please plan to come in through the front entrance as an individual or with your family, sanitizing hands and proceeding to your seats as directed by an usher. Please exit through the front doors, maintain social distancing, and do not congregate inside the building space. If you want to talk after service, please do so in the parking lot safely.

## CHILDREN'S PROGRAMS:

As always, children are welcome in the worship service. But, for the time being, the nursery/preschool area will be closed. There are changing tables in the front restrooms. The children's church area in the back of the building is designated for parents with nursery age children that need to step out. The service will be live streamed for your convenience in that space. You are encouraged to bring activities and snacks from home to help children sit through the service.

## RESTROOM PROTOCOL:

We ask that you limit the restroom use to one family or one individual at a time. Both the front and back restrooms will be open for your convenience.

# WHAT IS THE MOST IMPORTANT WAY I CAN LOVE MY NEIGHBOR AT CHURCH DURING THIS TIME?

Stay home if you, or anyone in your household, is exhibiting or recently has been exhibiting symptoms such as:

- A Fever (100.4 or higher)
- Cough
- Chills
- Sore Throat
- Shortness of Breath
- Muscle Pain
- New Loss of Taste or Smell
- Gastrointestinal Symptoms

All of these have been identified by the Centers for Disease Control as potential symptoms of Covid-19. Even if you believe you know of another reason for the presence of these symptoms, please stay home out of an abundance of caution.

If you are able, please take your temperature before coming to service on Sunday morning.

# WHEN CAN I RETURN TO CHURCH?

## AFTER TESTING POSITIVE FOR COVID-19

Please do not attend church, or church-sponsored events, after a known exposure to COVID-19 or while waiting for test results. If you test positive for COVID-19 after attending church, please contact Richard Jackson ([richardjackson@citypresabq.com](mailto:richardjackson@citypresabq.com)) or Jeremy Myers ([jeremy@citypresabq.com](mailto:jeremy@citypresabq.com)).

City Pres (and all of its ministries) will follow the CDC guidelines for permitting people to attend in-person functions again after testing positive for COVID-19:

- 10 days since symptoms first appeared **and**
- 24 hours with no fever without the use of fever-reducing medications **and**
- Other symptoms of COVID-19 are improving\*

\*Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation.

These recommendations do not apply to persons with severe COVID-19 or with severely weakened immune systems (immunocompromised). People who are severely ill with COVID-19 might need to stay home longer than 10 days and up to 20 days after symptoms first appeared. Persons who are severely immunocompromised may require testing to determine when they can be around others.

Note: a negative test is not required for attendance, as outlined by the CDC.

## IF THERE IS AN OUTBREAK AT CHURCH

The church will close, be deep cleaned, and Richard Jackson and/or Jeremy Myers will contact you to alert you of your possible exposure. Based on the circumstances following the outbreak, leadership will determine the length of time needed to close the church and for cleaning to be completed before reentry.



# FURTHER QUESTIONS?

*contact the staff*

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