

**“A High View of God is Encouraging”**

**Psalm 139**

**Discussion Guide**

- 1. What emotions do you experience when you read the psalmist’s description of God’s knowledge of you? Explain your answer.**
- 2. When you ever consider the intricate way that God designs human beings in the womb, what is most amazing about it to you?**
- 3. How should this text encourage us to value human life?**
- 4. In the psalm, David says that God describes all our days in a book before we are even born. How should that idea influence how we live this week?**
- 5. In what ways have you seen the grace of God at work in your mother’s life?**