

Connection Group Homework

Sunday, April 28th

Matthew 6:25-34

Getting Started:

1. If you had one extra hour of free time every day, how would you use it?

The Message:

2. Read Matthew 6:25-34 – How did Pastor Tim explain these instructions not to be anxious?

3. Were the "worries" Jesus mentions legitimate (in other words, important) things?

4. How can anxiousness affect the decisions you make in your life?

5. How did Pastor Tim explain the connection between "Seeking first the kingdom of God" (Matthew 6:33) and being/not being anxious?

6. What insight, principle or observation from this weekend's message did you find to be most helpful, eye-opening or troubling? Explain.

My Life:

7. Do you struggle with being anxious? Do you think labeling yourself as anxious can be a self-fulfilling prophecy?

8. Read Matthew 6:27. What is Jesus saying here and do you believe Him? If you do, how does that affect your perspective on anxiousness? If you do NOT, why not?

9. How can you use Scripture to combat worry/anxiousness in your life moving forward?
