



CU: Freed from Shame — “Quiet Killer”

Ed Welch’s definitions of Shame from *Shame Interrupted*:

Shame is the deep sense that you are unacceptable because of something you did, something done to you or something associated with you. You feel exposed and humiliated.

Or to strengthen the language:

You are disgraced because you acted less than human, you were treated as if you were less than human or you were associated with something less than human and there are witnesses.

John Piper on the meaning of Jesus despising the shame from Hebrews 12:1-2:

Shame was stripping away every earthly support that Jesus had: his friends gave way in shaming abandonment; his reputation gave way in shaming mockery; his decency gave way in shaming nakedness; his comfort gave way in shaming torture. His glorious dignity gave way to the utterly undignified, degrading reflexes of grunting and groaning and screeching.

And he despised it. What does this mean?



Class: Freed from Shame
Lesson: Quiet Killer part 1
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Professor: Jake Simmons

It means Jesus spoke to shame like this:

“Listen to me, Shame, do you see that joy in front of me? Compared to that, you are less than nothing. You are not worth comparing to that! I despise you. You think you have power. Compared to the joy before me, you have none. Joy. Joy. Joy. That is my power! Not you, Shame. You are worthless. You are powerless.

You think you can distract me. I won’t even look at you. I have a joy set before me. Why would I look at you? You are ugly and despicable. And you are almost finished. You cover me now as with a shroud. Before you can say, ‘So there!’ I will throw you off like a filthy rag. I will put on my royal robe.

You think you are great, because even last night you made my disciples run away. You are a fool, Shame. You are a despicable fool. That abandonment, that loneliness, this cross — these tools of yours — they are all my sacred suffering, and will save my disciples, not destroy them. You are a fool. Your filthy hands fulfill holy prophecy. Farewell, Shame. It is finished.”

We shall be quite certain of the fact, and yet we shall never cease to wonder, that His side was gashed, and His face was spit upon?... Yet, here is matter for our faith to rest upon, Beloved, trust yourselves in the hands of your great Substitute.

Did He bear all this shame? Then there must be more than enough merit and efficacy in this, which was the prelude of His precious death—and especially in His death itself—there must be merit sufficient to put away all transgression, iniquity, and sin.

Our shame is ended, for He has borne it! Our punishment is removed: He has endured it all. Double for all our sins has our Redeemer paid. Return unto thy rest, O my soul, and let peace take full possession of thy weeping heart.”

Charles Spurgeon

