
prelude

BROOKE LEWIS

As the music plays, please quietly prepare your heart and mind for worship, lifting your thoughts up from the cares of this world.

Praise to the Lord, the Almighty – Stralsund Gesangbuch, arranged by John Carter
What A Friend We Have in Jesus – Charles C. Converse, arranged by Jack Schrader

preparing our hearts

Who is like the LORD our God, who is seated on high, who looks far down on the heavens and the earth? He raises the poor from the dust and lifts the needy from the ash heap.

– Psalm 113:5-7 ESV

**** call to worship**

Leader: Our Lord says, “Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

All: **Let us then with confidence draw near to the throne of grace,
That we may receive mercy and find grace to help in time of need.**

– Matthew 11:28-30 & Hebrews 4:16 ESV

** Please stand if you are able

PRAISE TO THE LORD, THE ALMIGHTY

Praise to the Lord, the Almighty, the King of creation!
O my soul, praise him, for he is thy health and salvation.
All ye who hear, now to his temple draw near;
Praise him in glad adoration!

Praise to the Lord, who o'er all things so wondrously reigneth;
Shelters thee under his wings, yea, so gently sustaineth.
Hast thou not seen how all your longings have been
Granted in what he ordaineth?

Praise to the Lord, who doth prosper thy work and defend thee;
Surely his goodness and mercy here daily attend thee.
Ponder anew what the Almighty can do,
If with his love he befriend thee.

Praise to the Lord, O let all that is in me adore him!
All that hath life and breath, come now with praises before him.
Let the "Amen" sound from his people again;
Gladly forever adore him!

Words: Joachim Neander; Music: German tune. Public Domain.

****prayer of invocation**

Leader: You are the LORD, you alone. You have made heaven, the heaven of heavens, with all their host, the earth and all that is on it, the seas and all that is in them; and you preserve all of them; and the host of heaven worships you. And you have kept your promise, for you are righteous. You are a gracious and merciful God. Therefore, Father, remind us today of your covenant love, open our eyes to see Jesus, and by your Spirit, open your words of life to us today. In Christ's Name we pray, Amen.

– Based on Nehemiah 9:6, 8, 31

THE NICENE CREED

All: We believe in one God, the Father almighty,
maker of heaven and earth, of all things visible and invisible.

And in one Lord Jesus Christ, the only Son of God,
begotten from the Father before all ages,
God from God, Light from Light, true God from true God,
begotten, not made; of the same essence as the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven;
he became incarnate by the Holy Spirit and the virgin Mary,
and was made human.
He was crucified for us under Pontius Pilate;
he suffered and was buried.
The third day he rose again, according to the Scriptures.
He ascended to heaven and is seated at the right hand of the Father.
He will come again with glory to judge the living and the dead.
His kingdom will never end.

And we believe in the Holy Spirit, the Lord, the giver of life.
He proceeds from the Father and the Son,
and with the Father and the Son is worshiped and glorified.
He spoke through the prophets.
We believe in one holy catholic* and apostolic church.
We affirm one baptism for the forgiveness of sins.
We look forward to the resurrection of the dead,
and to life in the world to come. Amen.

* Here, "catholic" means "universal," and refers to the Christian church in all places

MY SOUL FINDS REST IN GOD ALONE

My soul finds rest in God alone, my rock and my salvation;
A fortress strong against my foes, and I will not be shaken.
Though lips may bless, and hearts may curse, and lies like arrows pierce me;
I'll fix my heart on righteousness; I'll look to him who hears me. *

** Chorus:*

O praise him, hallelujah, my delight and my reward;
Everlasting, never failing: my Redeemer, my God.

Find rest, my soul, in God alone, amid the world's temptations;
When evil seeks to take a hold, I'll cling to my salvation.
Though riches come and riches go, don't set your heart upon them;
The fields of hope in which I sow are harvested in heaven. *

I'll set my gaze on God alone and trust in him completely;
With every day pour out my soul, and he will prove his mercy.
Though life is but a fleeting breath, a sigh too brief to measure,
My King has crushed the curse of death, and I am his forever. *

O praise him! O praise him! Hallelujah! Hallelujah!
O praise him! O praise him! Hallelujah! Hallelujah! *

"Psalm 62," Words & Music: Stuart Townend & Aaron Keys.
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CORPORATE CONFESSION OF SIN

Leader: My children, do not regard lightly the discipline of the Lord, nor be weary when reproved by him. For the Lord disciplines the one he loves and chastises everyone whom he receives.

– From Hebrews 12:5-6 ESV

Let us confess our sins to the Lord.

All: **Father of lights,**
With whom there is no variation or shadow due to change,
You are eternal and steadfast in your love;
Every day you greet us with new mercies.
Therefore, forgive the impatience of our hearts,
For we grow weary of waiting for the glory to come,
Instead filling ourselves with fleeting pleasures,
And becoming satisfied with temporary measures.
We forsake you because we have not trusted your faithfulness.
But great is your faithfulness, O Lord,
For you have saved us from these sins and many others.
We have not waited, but you have been patient with us.
Therefore, turn our hearts to love you and our eyes to trust in you,
In Jesus' name we pray, Amen.

Please reflect and silently confess your sins.

ASSURANCE OF GRACE **

Leader: Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead.

– 1 Peter 1:3 ESV

All: **Thanks be to God!**

ALL I HAVE IS CHRIST

I once was lost in darkest night, yet thought I knew the way
The sin that promised joy and life had led me to the grave
I had no hope that you would own a rebel to your will
And if you had not loved me first, I would refuse you still

But as I ran my hell-bound race, indifferent to the cost
You looked upon my helpless state and led me to the cross
And I beheld God's love displayed; you suffered in my place
You bore the wrath reserved for me; now all I know is grace *

** Chorus:*

Hallelujah! All I have is Christ

Hallelujah! Jesus is my life

Now, Lord, I would be yours alone and live so all might see
The strength to follow your commands could never come from me
O Father, use my ransomed life in any way you choose
And let my song forever be, "My only boast is you" *

Words: Julia Johnston; Music: Daniel Towner. Public Domain.

scripture reading

As Epiphany celebrates the revelation of salvation in Christ, the secondary texts throughout this season will be from Matthew's account of Jesus' early life and ministry.

Leader: Matthew 4:1-11
 This is the Word of the Lord.

All: **Thanks be to God!**

An officer of the church prays for the world, nation, community, and church.

Leader: All these mercies we ask in the name of Jesus, who prayed saying,

All: **Our Father who is in heaven, hallowed be your name;**
 Your kingdom come, your will be done, on earth as it is in heaven.
 Give us this day our daily bread,
 Forgive us our debts, as we also have forgiven our debtors,
 Do not lead us into temptation, but deliver us from evil,
 For yours is the kingdom and the power and the glory forever, Amen.

the sacrament of baptism

Candidate for baptism | Richard Eugene Smith

Matthew 28:18-20 ^{ESV} | And Jesus came and said to them, “All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.”

Romans 6:4-5 ^{ESV} | We were buried therefore with him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life. For if we have been united with him in a death like his, we shall certainly be united with him in a resurrection like his.

QUESTIONS FOR PARENTS OF AN INFANT

1. Do you acknowledge your child’s need of the cleansing blood of Jesus Christ, and the renewing grace of the Holy Spirit?
2. Do you claim God’s covenant promises in his behalf, and do you look in faith to the Lord Jesus Christ for his salvation, as you do for your own?
3. Do you now unreservedly dedicate your child to God, and promise, in humble reliance upon divine grace, that you will endeavor to set before him a godly example, that you will pray with and for him, that you will teach him the doctrines of our holy religion, and that you will strive, by all the means of God’s appointment, to bring him up in the nurture and admonition of the Lord?

QUESTION FOR THE CONGREGATION **

Do you as a congregation undertake the responsibility of assisting these parents in the Christian nurture of this child?

Welcome this new covenant child by singing:

JESUS LOVES ME

Jesus loves me, this I know, for the Bible tells me so.

Little ones to him belong; they are weak, but he is strong. *

** Chorus:*

Yes, Jesus loves me! Yes, Jesus loves me!

Yes, Jesus loves me! The Bible tells me so.

Words: Anna Bartlett Warner; Music: William B. Bradbury. Public Domain.

** passing the peace

Leader: Jesus said, “Peace I leave with you; my peace I give to you.” In a world filled with trouble, let us encourage one another to look to the one who has overcome the world. May the peace of Christ be with you.

All: And also with you.

While your preschool children are welcome and encouraged to worship with you, at this time they can be dismissed for an age-appropriate worship for ages 3-5.

If you would like to hear more about CPC or would like to let us know of a prayer need, please include your contact information or prayer request in the welcome pad when it comes around to you.

When instructed, greet those around you, saying, “The peace of Christ be with you.” When the music begins, please be seated and prepare yourself for the hearing of God’s Word.

Series | “The Songs of Jesus – Praying the Psalms”

Sermon | “When You Are Depressed”

February 2, 2020

Psalm 42 ESV

1 As a deer pants for flowing streams,
so pants my soul for you, O God.

2 My soul thirsts for God,
for the living God.

When shall I come and appear before God?

3 My tears have been my food
day and night,
while they say to me all the day long,
“Where is your God?”

4 These things I remember,
as I pour out my soul:
how I would go with the throng
and lead them in procession to the house of God
with glad shouts and songs of praise,
a multitude keeping festival.

5 Why are you cast down, O my soul,
and why are you in turmoil within me?
Hope in God; for I shall again praise him,
my salvation 6 and my God.

My soul is cast down within me;
therefore I remember you
from the land of Jordan and of Hermon,
from Mount Mizar.

7 Deep calls to deep
at the roar of your waterfalls;
all your breakers and your waves
have gone over me.

8 By day the LORD commands his steadfast love,
and at night his song is with me,
a prayer to the God of my life.

9 I say to God, my rock:
“Why have you forgotten me?”

Why do I go mourning
because of the oppression of the enemy?”

10 As with a deadly wound in my bones,
my adversaries taunt me,
while they say to me all the day long,
“Where is your God?”

11 Why are you cast down, O my soul,
and why are you in turmoil within me?
Hope in God; for I shall again praise him,
my salvation and my God.

Psalm 43 ESV

1 Vindicate me, O God, and defend my cause
against an ungodly people,
from the deceitful and unjust man
deliver me!

2 For you are the God in whom I take refuge;
why have you rejected me?
Why do I go about mourning
because of the oppression of the enemy?

3 Send out your light and your truth;
let them lead me;
let them bring me to your holy hill
and to your dwelling!

4 Then I will go to the altar of God,
to God my exceeding joy,
and I will praise you with the lyre,
O God, my God.

5 Why are you cast down, O my soul,
and why are you in turmoil within me?
Hope in God; for I shall again praise him,
my salvation and my God.

Leader: This is the Word of the Lord.

All: Thanks be to God!

sermon notes

1. The Dark Night of the Soul
2. Learning to Lament
3. The Refuge of My Weary Soul

**** gospel charge**

Leader: In light of the Word we have heard, how ought we live?

All: For God has not destined us for wrath, but to obtain salvation through our Lord Jesus Christ, who died for us so that whether we are awake or asleep we might live with him. Therefore encourage one another and build one another up, just as you are doing.

– 1 Thessalonians 5:9-11 ESV

WELCOME TO HIS TABLE

The Lord's Supper is a family meal for Christians – a time when we delight in Christ and in the good news that His work alone has made us right with God. All baptized Christians who trust in Christ alone as their Savior, belong to a church that embraces the gospel, and seek strength to live more faithfully to Christ are invited to participate. If you are not a Christian, or if you are not prepared to share in this meal, please use this time to meditate on the following prayer.

Lord Jesus Christ, I admit that I am weaker and more sinful than I ever dared admit, but through you I am more loved and accepted than I ever dared hope. I thank you for paying my debt on the cross, taking what I deserved in order to offer me complete forgiveness. Knowing that you have been raised from the dead, I turn from my sins and receive you as my Savior and Lord. Amen.

Please remain seated for communion. As a symbol of our unity in Christ, wait until everyone has been served the elements, and we will all partake together. Once you are finished with your cup, please pass it to the inside aisles and the ushers will retrieve them.

If you have a gluten allergy, there are gluten-free wafers available in the center of the bread trays. During the celebration of communion, we will reflect during the passing of the bread and sing the printed hymn during the passing of the cup.

NOTE TO PARENTS: *To receive communion, a child must have been baptized, publicly professed their faith in Christ, and been formally received as a communing member by the elders of this church or the governing body of the church to which you belong. We look forward to welcoming your children to the table when they come to this point and ask that you speak to the pastor when you feel your child is ready to begin the process of becoming a communing member.*

WORDS OF INSTITUTION

And as they were eating, he took bread, and after blessing it broke it and gave it to them, and said, “Take; this is my body.” And he took a cup, and when he had given thanks he gave it to them, and they all drank of it. And he said to them, “This is my blood of the covenant, which is poured out for many.”

– Mark 14:22-24^{ESV}

Minister: Lift up your hearts.

All: We lift them up to the Lord.

Minister: Let us give thanks unto our Lord God.

All: It is right to give him thanks and praise.

Minister: It is very good and right, our duty and privilege, to at all times, and in all places, give thanks unto you, O Lord, holy Father, almighty and everlasting God, Creator of heaven and earth.

Hear us then, as we pray.

All: Thank you, Father, for making Christ known to us in the bread that is broken and the cup that is filled. May this meal now enable us to increase in faith, persevere in hope, and grow up in love. May this witness to Christ’s death draw others into fellowship with him so that all your children will be gathered in to share with us the joy of your salvation. Send us out from this place by your Spirit, our ears open to your Word, our minds alert to the calling you give us, our hearts full of zeal for your coming kingdom, our voices confessing the name of Jesus, our Lord and our God. Amen.

Minister: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

As the bread is distributed, examine your heart and reflect on the meaning of this supper, that you would take it in a worthy manner.

As the cup is distributed, sing as one body, affirming that in Christ we are united to him and to one another.

GOD, BE MERCIFUL TO ME (PSALM 51)

God, be merciful to me; on thy grace I rest my plea.
Plenteous in compassion thou, blot out my transgressions now.
Wash me, make me pure within; cleanse, O cleanse me from my sin.

My transgressions I confess; grief and guilt my soul oppress.
I have sinned against thy grace, and provoked thee to thy face.
I confess thy judgment just; speechless, I thy mercy trust.

Broken, humbled to the dust, by thy wrath and judgment just,
Let my contrite heart rejoice, and in gladness hear thy voice.
From my sins O hide thy face, blot them out in boundless grace.

Gracious God, my heart renew, make my spirit right and true.
Cast me not away from thee, let thy Spirit dwell in me;
Thy salvation's joy impart, steadfast make my willing heart.

Sinners then shall learn from me, and return, O God, to thee.
Savior all my guilt remove, and my tongue shall sing thy love.
Touch my silent lips, O Lord, and my mouth shall praise accord.

“God, Be Merciful To Me,” Words: Public Domain. Music: Christopher Miner & Richard Redhead.
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ALL HAIL THE POWER OF JESUS' NAME

All hail the pow'r of Jesus' name! Let angels prostrate fall;
Bring forth the royal diadem and crown him Lord of all;
Bring forth the royal diadem and crown him Lord of all!

You chosen seed of Israel's race, you ransomed from the fall,
Hail him who saves you by his grace and crown him Lord of all;
Hail him who saves you by his grace and crown him Lord of all!

Let every kindred, every tribe on this terrestrial ball,
To him all majesty ascribe and crown him Lord of all;
To him all majesty ascribe and crown him Lord of all!

O that with yonder sacred throng we at his feet may fall;
We'll join the everlasting song and crown him Lord of all;
We'll join the everlasting song and crown him Lord of all!

Words: E. Perronet, alt. J. Rippon; Music: O. Holden. Public Domain.

announcements

Please note the announcements found on Pages 17-20 of your bulletin.

**** benediction**

****doxology**

**All: Praise God from whom all blessings flow;
Praise him all creatures here below
Praise him above ye heavenly host;
Praise Father, Son, and Holy Ghost. Amen.**