

God's Plan – Your Purpose (Ephesians #16)

“Words That Hurt –Words that Help”

Ephesians 4:29-32

Sunday Morning, April 21, 2013

1. New _____ (Verse 29)

a. No _____ words

1) constant _____

2) insults

3) _____

4) _____ to speak

b. Words that _____

T = is it _____

H = is it _____ *“according to their needs”*

I = is it _____

N = is it _____

K = is it _____

Prov 12:25 *Anxiety in the heart of a man weighs it down, but a good word makes it glad*

2. Clean out your _____ (_____) (Verses 31-32)

a. What to _____ *“bitterness, rage and anger, brawling and slander”*

b. What do _____ *“Be kind and compassionate to one another, forgiving each other just as in Christ God forgave you.”*

1) I will not _____ on this incident.

2) I will not _____ this incident again and use it against you.

3) I will not _____ about this incident

4) I will not let this incident _____ or hinder our personal relationship.

Peacemakers

3. Your _____ (Verse 30)

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Food for Thought (April 22-27)

Monday: Read Ephesians 4:29-32 Review your notes from yesterday's sermon. What was most helpful to you about yesterday's sermon? _____

What difference will it make in your life? _____

Tuesday: Read Ephesians 4:29 Paul tells us not to use any words that are “unwholesome.” What words fit this category? _____

Have you spoken to someone in this way lately? Today? Ask the Lord to forgive you and then ask the person to forgive you.

Wednesday: Read Ephesians 4:29 Paul tells us that we are to use words to “build up others according to their needs.” What kinds of words fit this category? _____

Determine to use your words to build up those you interact with today.

Thursday: Read Ephesians 4:31 Why are these so harmful? _____

Where do they come from? _____

Are you harboring a root of bitterness against someone? Ask the Lord to help you overcome through the power of the Spirit (see verse 30).

Friday: Read Ephesians 4:32 What difference would it make in your life if you lived with this orientation to others? _____

Is there someone you need to forgive? What rationale does Paul give to forgive them? _____

Ask the Lord to enable you to forgive them from the heart.

Saturday: Read Ephesians 5:1-14 in preparation for tomorrow morning. Write down observations and questions that you have. _____
