

# SUPER BOWL SPIRITUALITY



Hebrews 12:1-3



Dr. Matt Jones, Del Rey Church

---

## I. Introduction

## II. Spirituality According to Hebrews 12:1-3

*We Must:*

A. Press-on with the saints of God.

B. Push-off sin and godless distractions.

C. Persevere to the end (in will and desire).

## D. Persist in focus on Christ.

1. The one who is the author and perfecter of faith
2. The one who suffered with joy.
3. The one who endured hostility

## III. Conclusion

# COMMUNITY GROUP QUESTIONS

Reflective Questions for You and Your Small Group

---

Icebreaker: What is your favorite sport to play? Is it different from your favorite sport to watch?

1. Did you play sports as a kid? If so what sport(s)? And if so, did your parents come to games? Why or why not (did they come to games) and how did that make you feel?
2. How does it make you feel to think of deceased saints (specifically Heb. 12:1 speaks of Old Testament saints) watching you live out the Christian life?
3. Read through Hebrews 11. This section has been nicknamed the Hall of Faith. What do you learn from observing the lives of these saints?
4. What deceased saint have you personally learned the most from for your spiritual life? What living saint has been a significant impact in your recent spiritual life? Share.
5. Share a great distraction and/or a great sin that once "entangled" you in running the race of the Christian life? How did you will and desire to let go of this entanglement? Share.
6. Why is it hard to stay focused on Christ in this world? How do the three points emphasized about Christ (see II.D) challenge, encourage or shape the way you are living and/or thinking in your daily life?