

Parenting #6
Ephesians 6
Discipline Your Kids

Icebreaker:

-What did discipline (or maybe punishment!) look like in your home? What was the worst way for your parents to punish you growing up?

-How has your current approach to discipline and punishment changed since you've become a parent?

1- What's the difference between discipline and punishment? Why is it so much easier to punish a child one time than to discipline them over their entire life?

2- Take a look at the 4 R's that Pastor Nathan shared and talk about how you have helped to train and discipline your kids in these areas.

- a- Be Respectful
- b- Be Reliable
- c- Be Responsible
- d- Be Resilient

3- Choose one from the list and share why you think it's the most important for kids to learn.

4- A parent's responsibility is to prepare their kids for the life that is front of them. Paul tells us in Ephesians 6 that the Christian life is like a war or a battle and that we need to put on the Armor of God to be ready to face what life throws at us.

Take a look at the parts of armor and talk about how you can discipline and train your kids to be prepared in each area.

- a- Belt of truth (teach them character and integrity)
- b- Breastplate of righteousness (teach them how to be "right" in the eyes of God, protecting their soul)
- c- Shoes (teach them to share their faith and tell other people about Jesus)
- d- Shield of faith (teach them to have a strong and personal faith to defeat the arrows of doubt and accusation)
- e- Helmet of Salvation (teach them that if everything else fails, you can still trust God with your life and your eternity)
- f- Sword of the Spirit (teach them the Word)