

Myth Busters: Sex & Relationships

WEEK 2: GOD'S GOOD PLAN FOR SEX

Genesis 2:18, 21-25; 1 Corinthians 7:1-10

MYTH: Christians are anti-sex

TRUTH: God is pro-sex within his good plan for sexual fulfillment between one husband and one wife in one marriage for one life

Discussion Questions:

1. Share with the group your experience from last week's personal exercise.
2. Why do you think some people view Christians as anti-sex?
3. If you were talking to a friend, how would you summarize the Bible's teaching on God's plan for sex and marriage from Genesis 2 and 1 Corinthians 7?
4. What surprises you or challenges you about these passages from Genesis 2 and 1 Corinthians 7?
5. Why do you think some people, even knowing God's plan for sex and relationships, might still dislike God's plan?

Personal exercise: Read Genesis 2:18-25 and 1 Corinthians 7:1-10. Write down a summary of your understanding of God's plan for sex and marriage. Write down any questions or objections you may have with it, and ask God to help you understand and be excited about his good plan, for yourself and/or for others. Whatever situation you are in, ask God to help you honor him with your sexuality. Be prepared to share any questions or thoughts you have with your rGroup next week.