

Myth Busters: Sex & Relationships

Week 5: WHY WE REJECT GOD'S PLAN - PART 3

1 Corinthians 6:19-20; John 15:12-13; 1 Corinthians 10:13

MYTH 1: It's my body, I wear what I want. If you have issues, it's your problem.

TRUTH 1: You are not your own, for you were bought with a price

MYTH 2: Nobody's perfect, so why try?

TRUTH 2: Sexual wholeness is possible

Discussion Questions:

- 1- Share with the group your experience from last week's personal exercise.
- 2- Why might it be hard for us to accept that we should limit what we wear and how we present ourselves in order to avoid unnecessary sexual temptation for others?
- 3- How is God's standard for clothing and presenting ourselves different than what our culture says is appropriate?
- 4- What types of clothes or ways of presenting ourselves (in person or online) do you think could cause unnecessary temptation to others? What could help you make that determination?
- 5- Paul gives an amazing promise in 1 Corinthians 10:13, that God is faithful to always provide a way for us to avoid sin. Is that hard to believe? Why?
- 6- Share with the group a time when you were tempted to sin but God was faithful to provide a way of escape that helped you avoid sin.

Personal exercise: Read 1 Corinthians 6:19-20 and John 15:12-13. Think about what you wear and how you present yourself in person and online. In prayer, ask God to reveal to you any sinful motivations you've had in choosing your clothes or how you present yourself. As he reveals things, ask his forgiveness and trust you have it fully in Jesus. Then think about how your clothing or ways you present yourself might unnecessarily tempt others to sin. Ask a mature Christian for help if you have questions. Decide this week to make any changes necessary. Read 1 Corinthians 10:13. In prayer, thank God for providing a way of escape from all temptation, and ask him to help you truly believe that victory over sin is possible. Revisit your decisions about practical ways to flee sexual immorality from the previous week and begin to put into place anything you haven't yet done.