

KID-FRIENDLY SUPER BOWL PARTY IDEAS

(adaptive from care.com and imom.com)

PRE-GAME WARMUP

Use the time before the event to engage with your kids about the super bowl. Find crafts, snack ideas and/or decorating tips online then invite kids to help. Have fun and make memories. Pray for the Spirit to bless your time at the party and ask for opportunities to share and show the love of Jesus. **Example of ideas: Football necklaces, Team flags, Paper pom-poms, Football cookies**

GAME-TIME GAMES

Here are some fun ideas to keep the kids interested throughout the game. Make adjustments as necessary to keep the viewed content age appropriate. Have small prizes and rewards ready to give out.

- **"I Spy":** Have the kids search for items or objects during the game starting with letters of the alphabet. To make it challenging, designate a section of the alphabet each quarter that they can count. (1st Quarter: A-G, 2nd Quarter: H-M, 3rd Quarter: N-S, 4th Quarter: T-Z) For example, in the first quarter, a football would count, in the third a quarterback and if there's a commercial with a horse in the second, count that too. See what quarter has the most objects spied.
- **Team BINGO:** Create BINGO cards with the players and coaches from each team. If the person is shown on TV during the game, they can fill in that square. Be prepared for the shout-outs of BINGO! Want a challenge? Play coveralls, postage stamps, "X" or other types of BINGO.
- **Commercial Counting:** Assign each kid an object or animal: food, horses, dogs, cars, movies, etc. When watching the commercials, they get a point every time their object appears on-screen. The trick is that they have to find it.
- **Quarter Play:** You'll need a bowl of quarters and a cup. For each football play, the cup is passed to the next person. If one of the teams does not score during the play, the person with the cup takes a quarter from the bowl and puts it in the cup and then passes the cup. If any team scores a touch down or field goal, the person holding the cup gets to keep the money in the cup.
- **Don't Say Football:** Everyone starts out with 10 safety pins. If you hear someone say, "Football" you get one of their pins. The person with the most pins wins! Add a "don't say word" each quarter to make it more difficult.

HALF TIME ACTIVITIES

- **Family Football Scramble:** Get outside and play a game of touch football in the yard or just toss the football with each other.
- **Crab Football:** Instead of "crab soccer" you have to hold the cushy football with your neck, knees or armpits and get into your opponents' end zone by walking like a crab. If your ball gets knocked down, it's anyone's game. Play kids versus adults, family versus family or boys versus girls.
- **Sunday Sundaes:** Purchase some toppings, sauces and ice cream to create a sundae bar; this is always a hit with kids! Or serve up the football cookies they helped you make (see above).