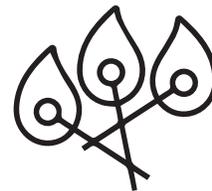
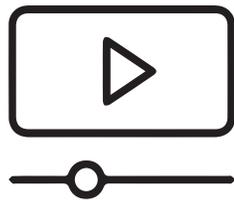
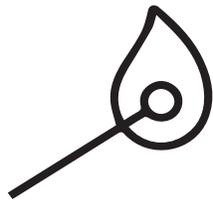


*Service - discipline seven in our spiritual formation series*

# HOW TO GET STARTED.



## **SPIRITUAL FORMATION THROUGH SERVICE**

This quarter, we will focus on becoming more like Jesus through the intentional practice of service. **Our hope is that through this practice we are formed into servants, becoming more like Jesus, our suffering Servant.**

This quarter's practice may feel different than any other practice we've engaged in so far. It is what Dallas Willard calls a discipline of engagement. It requires action. It is an overflow of abiding with Christ...one of the primary fruits that show up when we are attached to Jesus, the Vine.

And yet like the other practices, Service forms us more and more into the image of Jesus. The practice of serving, or giving our lives...our time, energy, gifts, and resources... for the good of others, helps us follow Jesus on the road to the cross. It helps us learn to lay down our lives for others in small and often unseen ways; each time a picture of how Jesus has served us.

Like the previous formation guides, this guide is broken into three parts for you to work through sequentially in community, on your own, and with your DNA group. **Each part builds on the previous one and will help form you more into the image of the greatest servant, Jesus Christ.**

**Part 1:** You Must First Be Served

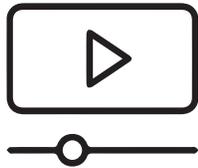
**Part 2:** The Way of Jesus

**Part 3:** Service That Leads to Flourishing

*Continued on next page*

# Service - discipline seven in our spiritual formation series

## HOW TO ENGAGE WITH THIS PRACTICE



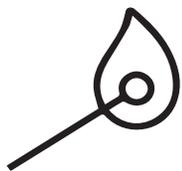
### Learn Together through a Sermon

Each quarter includes learning together in our Sunday gathering about a spiritual formation practice. This sermon sets the foundation and if you miss it, please take time to watch or listen. This foundation sermon, preached on Sunday, June 27, 2021, is available on the Doxa website and app.



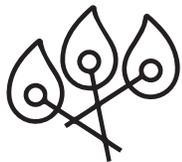
### Learn Together through Discussion

Using the Service Guide, you will work through four parts over the quarter to help you learn about this practice in more depth with your community. Just follow the prompts. Start here before jumping into the individual practices.



### Practice

After discussing the practice with others, you're invited to try exercises on your own. This step is very important. Our formation doesn't happen apart from our obedience and active practice. These practices are meant to help you start where you are in beginning to grow as a servant.



### Reflect

After you have experienced these practices yourself, meet with others, like your DNA group, to reflect on this experience and what God is teaching you through the process. Use the provided questions to guide your conversation, but feel free to let the conversation go beyond these.

### BOOKS ON SERVICE

*Strong and Weak*  
*Service and Secrecy*  
*J-Curve*  
*Ch. 9 of Celebration of Discipline*

Andy Crouch  
Jan Johnson  
Paul E. Miller  
Richard Foster

### ON SPIRITUAL FORMATION

*Invitation to a Journey*  
*The Spirit of the Disciplines*  
*Celebration of Discipline*  
*Sacred Rhythms*  
*The Ruthless Elimination of Hurry*  
*The Other Half of Church*  
*The Spiritual Disciplines Handbook*

M. Robert Mulholland Jr.  
Dallas Willard  
Richard Foster  
Ruth Haley Barton  
John Mark Comer  
Jim Wilder and Michel Hendricks  
Adele Ahlberg Calhoun