
Guard Your Heart
Proverbs 4:20–27
October 12, 2014

Introduction:

I. The heart is the wellspring of life. Proverbs 4:23; John 7:38

II. Be attentive to wisdom and truth. Proverbs 4:20–22

III. Watch your mouth. Proverbs 4:24

IV. Guard your eyes. Proverbs 4:25

V. Watch your feet. Proverbs 4:26–27; Matthew 6:21, 33

Questions for reflection:

- *Why is it important to guard your heart?*
- *What kinds of things are competing for the affections of your heart?*
- *What are potential consequences of failing to guard your heart?*
- *Where does Jesus fit into this discussion? How are our hearts cleansed and renewed?*