

Beyond Happiness and Sorrow  
Ecclesiastes 9  
Tim Park  
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Main Idea of Ecclesiastes: In a world full of uncertainties, the one certainty we can count on is God, and we can accept our circumstances by trusting in Him and living life as it comes.

Discussion Questions:

1. Read Ecclesiastes 9:1-2. Life is filled with uncertainties, and things can change in an instant. Share about a time when your life was changed in an instant by some difficult news.
2. Read Ecclesiastes 9:7-8. In verse 8, white garments are synonymous with celebrations, and the oil speaks to the importance of taking care of ourselves. What do these verses communicate about our responsibilities in the midst of uncertainty.
3. Read Ecclesiastes 9:9-10. These two verses can be summed up by the phrase, "Don't let life pass you by." In other words, have no regrets. How can you apply this principle to your life right now?
4. Read Romans 8:28. How have you experienced this truth in your life?