

Spirit-Empowered Self-Control
Galatians 5:22-23
November 15, 2020

Discussion Questions:

1. Read Galatians 5:22-23. What words come to mind when you think of **self-control**?
2. The Fruit of the Spirit must be viewed in the context of **one another**. The choices we make in life affect the lives of others because we were never meant to live for ourselves. Is there an area of your life in which you lacked self-control in the past that God has worked on?
3. Read 1 Corinthians 9:26-27. What can we learn about self-control from this passage?
4. Consider the following three keys to self-control: (a) Think before you act, (b) desire to obey the will of God, and (c) rely on the Holy Spirit. Is there an area of your life right now in which you would like to see self-control improved? If so, what is it, and are you willing to commit it to the Lord?