

LIFE GROUP DISCUSSION GUIDE | JANUARY 21, 2018

This Book // Psalm 1

Icebreaker: *What is your favorite book of the Bible? (Or, what is your favorite verse, chapter, or biblical story?)*

Read Psalm 1 together.

1. What's something that has been influencing the way you think recently? This could be a positive influence or a negative influence.
2. What does it look like for you to meditate on God's Word? Share a time when meditating on a biblical truth positively impacted your faith and your life.
3. What role does the Holy Spirit play in your personal reading of Scripture?
4. What gets in the way of you reading the Bible and meditating on it? Is it that you are busy? Is it that you struggle to understand? Is it that you never really gave it that much thought?
5. How can we overcome the obstacles that keep us from centering our lives on God's Word?
6. What commitment do you want to make (or what commitment have you already made) to read God's Word regularly? What are your Bible reading goals for 2018? How do you want your Life Group to keep you accountable?

Take some time praying the truth of Psalm 1 with your Life Group. Ask that God would plant your Life Group beside a stream of running water by the power of His Word. Ask that He would protect you from ungodly influences. Thank Him for being a God who reveals Himself to us and who desires to be in relationship with us.