

**The Cure for a Downcast Soul
Psalms 42 & 43**

MAIN IDEA: The cure for a downcast soul is to hope in God.

I. The Psalmist's Laments (42:1-4, 6-10; 43:2-3)

II. The Psalmist's Hope (42:5, 8, 11; 43:1-5)