

Kindness is showing others they are valuable by how you treat them.

DAY 1

Read Ephesians 4:32

“But he broke it!”

“You messed up everything I just built!”

“What do you mean you forgot to bring your ball? We can’t play without it!”

“But he said something mean first!”

It’s not always easy to show kindness to others when they’re not kind to you, but just because it’s not easy doesn’t mean we should be mean. Read the second sentence of today’s verse—the part that says, “because of what CHRIST has done.” The only way we can truly show kindness when someone doesn’t deserve it is because that’s what JESUS did for us. Jesus died on the cross so that we could be forgiven. Because of that amazing act, we are called to be kind and loving to each other.

Think about a time this week when someone wasn’t kind to you. How did you react? After reading this verse, if you could go back in time, would you change how you responded? Why or why not?

DAY 2

Read John 13:34–35

When Jesus spoke these words, there was a LOT going on. Unscramble the words below to review what was happening.

Jesus the disciples
E S A W D H
feet. (John 3:1–17)

Jesus revealed that would
D S U A J
betray him. (John 3:19–27)

Jesus told His friends, “I will be with you
only a little (John 16:33)
E N O L G R

Before He faced the cross and His glorious resurrection, Jesus stopped to give His friends a new command: to love each other, just as He had loved them. By choosing kindness and love, they would show everyone that they were Jesus’ disciples.

Have you been kind lately? Would the people around you know that you’re a follower of Jesus just by the kindness you’ve shown?

Because Jesus showed us how to love and show kindness to others, we can be kind and loving too. And when we are, we let others know that we are Jesus followers too.

Answerkey: Washed, Judas, Longer

DAY 3

Read Luke 6:31

If you were sad, or disappointed, or just plain angry, how would you want someone to treat you? If you were happy, or excited, or nervous, how would you want others around you to respond? We can all name the ways WE would want to be treated. With that idea in mind, finish the scenarios below.

Your sister is so excited because she made the cheerleading squad. While cheerleading isn't your favorite, you still choose to

.....

A new kid in your class needs a partner for reading time. You notice that no one else is asking him so you

.....

You throw to a teammate but he's not paying attention. The other team intercepts the ball and scores to win the game. You tell your teammate

.....

Remember, Jesus shows us how to be kind. Treating others the way we want to be treated is a great place to start.

DAY 4

Read Matthew 5:7

Do you ever do that annoying thing where you repeat everything the other person says or does? I'm sure everyone's done that at some point to annoy someone else.

Jesus reminds us to show mercy or kindness to others. When you do, Jesus says, you'll receive mercy and kindness right back.

Maybe you're thinking, *Nuh, uh! I was nice to so and so and he was NOT nice back.*

Jesus was also kind to lots of people who were unkind to Him.

However, Jesus was kind to YOU by choosing to take on the punishment for sin, by dying on the cross to save us. When it comes to kindness, let's copy Jesus and choose to show mercy.

Think of someone that has recently been unkind to you. Ask God to help you forgive that person and to choose to treat them with kindness and mercy, because God has been kind to you.

Jesus showed us
how to be kind.