

PRAYER WALKING

“Seek the welfare of the city where I have sent you into exile, and pray to the Lord on its behalf; for in its welfare you will have welfare.” Jeremiah 29:7

More than ever, we are the Church “scattered” and we can use this opportunity to be intentional on our efforts to bless our neighborhoods. Prayer walking is a powerful and strategic practice of seeking the welfare of our neighbors, neighborhoods, and cities!

How do we prayer walk?

- Alone or with a family member (respecting the social distancing instructions). Your kids are awesome prayer walkers
- Audibly or quietly
- Bring a Bible or use your phone to read and/or pray Scriptures (sample passages below);
- Be alert and sensitive to how God will lead your prayers (and keep your eyes open!);

What to pray for?

- **Pray for Unity and Healing in our country;**
- As you walk by houses, pray for the families, for the children, for marriages and the elderly;
- Pray for businesses, government leaders and churches;
- Pray for local schools;
- Pray for the first responders and hospitals workers;
- Pray for unbelievers, that they experience transformation through the love of God;
- Pray for believers, that we are encouraged in our faith;
- Be ready to interact with people, listen to them and maybe ask if you can pray for them. This could be your chance to engage with people and have spiritual conversations with your unbelieving neighbors.

Scriptures for reading/praying during the walk:

Joshua 24:15; 1 Timothy 2:1-4; Isaiah 61:1-4; 2 Chronicles 7:14; Psalm 23; Psalm 91; Ephesians 6:10-20

Debriefing Time:

We encourage you to take time as a family to discuss some of the following questions after you return to your home. This time will be helpful in better understanding how prayer walking might become a regular practice you have as a family or individual.

- What was your favorite part of our prayer walk?
- What was difficult about prayer walking?
- How did you see God at work?
- Did you have any conversations with neighbors? Any insights from those conversations?
- How could we continue to pray or minister to our neighborhood?