

Acts 2:42 Small Group Study Guide

“And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.”

Week of 11/23/2014 – Rest Part 4

Food and Fellowship:

Take time to enjoy some food and fellowship together, afterwards move the discussion to where you can all sit together.

Prayer:

Take a few minutes to share prayer requests individually. As each person shares give opportunity for someone in the group to commit to pray for the requests that were just shared. After all of the prayer requests have been shared take a few minutes to pray over the requests. One person should begin praying with a person designated to close after everyone who desires to pray out loud has prayed. One person can pray for all of the requests also...the goal is to feel comfortable sharing and have opportunity to open up with prayer.

Reflect:

Take a few minutes to reflect on the Sermon from most recent Sunday.

- What sticks out in your mind?
- What principle/principles did you glean?
- How do you plan to apply some of the principles personally from the sermon? Please share.

Looking In:

Isaiah 55:1-3a

“Come, everyone who thirsts,
come to the waters;
and he who has no money,
come, buy and eat!

Come, buy wine and milk
without money and without price.

² Why do you spend your money for that which is not bread,
and your labor for that which does not satisfy?

Listen diligently to me, and eat what is good,
and delight yourselves in rich food.

³ Incline your ear, and come to me;
hear, that your soul may live;

Matthew 11:28-30

²⁸ Come to me, all who labor and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

³⁰ For my yoke is easy, and my burden is light.”

Discussion Questions:

1. In the passages discussed on Sunday our spiritual needs are described in terms like hunger and thirst, labor and weariness. Why do you think these concepts are used by God to convey our spiritual needs?

2. If Jesus is what satisfies our souls and provides true meaning to our lives, why do we spend so much of our life pursuing other things?

3. In the message Chris mentioned four principles drawn from the history of Israel and their vain attempts to find satisfaction. Do you see any parallels between this list and our culture?

1. **Engaging in constant sexual activity never finding satisfaction.**
2. **Gathering large amounts of resources yet never actually enjoying or finding satisfaction in them.**
3. **Planting abundantly yet harvesting very little.**
4. **Surrounded by banquets and the fat of the finest animals, yet remaining malnourished.**

4. We often sing songs/pray prayers where we invite Jesus to come to us, in view of what we studied on Sunday, how might we change our approach?

5. Give some practical examples of how you can come to Christ (starting with salvation) continually throughout your life. What might it look like to take Christ' yoke on your shoulders and walk with Him daily? How would this provide rest for your soul?

Close:

Take a moment to close with prayer

Acts 2:42 Small Group Study Guide

“And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.”

Week of 11/23/2014 – Rest Part 4

Food and Fellowship:

Take time to enjoy some food and fellowship together, afterwards move the discussion to where you can all sit together.

Prayer:

Take a few minutes to share prayer requests individually. As each person shares give opportunity for someone in the group to commit to pray for the requests that were just shared. After all of the prayer requests have been shared take a few minutes to pray over the requests. One person should begin praying with a person designated to close after everyone who desires to pray out loud has prayed. One person can pray for all of the requests also...the goal is to feel comfortable sharing and have opportunity to open up with prayer.

Reflect:

Take a few minutes to reflect on the Sermon from most recent Sunday.

- What sticks out in your mind?
- What principle/principles did you glean?
- How do you plan to apply some of the principles personally from the sermon? Please share.

Looking In:

Isaiah 55:1-3a

“Come, everyone who thirsts,
come to the waters;
and he who has no money,
come, buy and eat!

Come, buy wine and milk
without money and without price.

² Why do you spend your money for that which is not bread,
and your labor for that which does not satisfy?

Listen diligently to me, and eat what is good,
and delight yourselves in rich food.

³ Incline your ear, and come to me;
hear, that your soul may live;

Matthew 11:28-30

²⁸ Come to me, all who labor and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

³⁰ For my yoke is easy, and my burden is light.”

Discussion Questions:

1. In the passages discussed on Sunday our spiritual needs are described in terms like hunger and thirst, labor and weariness. Why do you think these concepts are used by God to convey our spiritual needs?

2. If Jesus is what satisfies our souls and provides true meaning to our lives, why do we spend so much of our life pursuing other things?

3. In the message Chris mentioned four principles drawn from the history of Israel and their vain attempts to find satisfaction. Do you see any parallels between this list and our culture?

1. **Engaging in constant sexual activity never finding satisfaction.**
2. **Gathering large amounts of resources yet never actually enjoying or finding satisfaction in them.**
3. **Planting abundantly yet harvesting very little.**
4. **Surrounded by banquets and the fat of the finest animals, yet remaining malnourished.**

4. We often sing songs/pray prayers where we invite Jesus to come to us, in view of what we studied on Sunday, how might we change our approach?

5. Give some practical examples of how you can come to Christ (starting with salvation) continually throughout your life. What might it look like to take Christ' yoke on your shoulders and walk with Him daily? How would this provide rest for your soul?

Close:

Take a moment to close with prayer

Acts 2:42 Small Group Study Guide

“And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.”

Week of 11/23/2014 – Rest Part 4

Food and Fellowship:

Take time to enjoy some food and fellowship together, afterwards move the discussion to where you can all sit together.

Prayer:

Take a few minutes to share prayer requests individually. As each person shares give opportunity for someone in the group to commit to pray for the requests that were just shared. After all of the prayer requests have been shared take a few minutes to pray over the requests. One person should begin praying with a person designated to close after everyone who desires to pray out loud has prayed. One person can pray for all of the requests also...the goal is to feel comfortable sharing and have opportunity to open up with prayer.

Reflect:

Take a few minutes to reflect on the Sermon from most recent Sunday.

- What sticks out in your mind?
- What principle/principles did you glean?
- How do you plan to apply some of the principles personally from the sermon? Please share.

Looking In:

Isaiah 55:1-3a

“Come, everyone who thirsts,
come to the waters;
and he who has no money,
come, buy and eat!

Come, buy wine and milk
without money and without price.

² Why do you spend your money for that which is not bread,
and your labor for that which does not satisfy?

Listen diligently to me, and eat what is good,
and delight yourselves in rich food.

³ Incline your ear, and come to me;
hear, that your soul may live;

Matthew 11:28-30

²⁸ Come to me, all who labor and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

³⁰ For my yoke is easy, and my burden is light.”

Discussion Questions:

1. In the passages discussed on Sunday our spiritual needs are described in terms like hunger and thirst, labor and weariness. Why do you think these concepts are used by God to convey our spiritual needs?

2. If Jesus is what satisfies our souls and provides true meaning to our lives, why do we spend so much of our life pursuing other things?

3. In the message Chris mentioned four principles drawn from the history of Israel and their vain attempts to find satisfaction. Do you see any parallels between this list and our culture?

1. **Engaging in constant sexual activity never finding satisfaction.**
2. **Gathering large amounts of resources yet never actually enjoying or finding satisfaction in them.**
3. **Planting abundantly yet harvesting very little.**
4. **Surrounded by banquets and the fat of the finest animals, yet remaining malnourished.**

4. We often sing songs/pray prayers where we invite Jesus to come to us, in view of what we studied on Sunday, how might we change our approach?

5. Give some practical examples of how you can come to Christ (starting with salvation) continually throughout your life. What might it look like to take Christ' yoke on your shoulders and walk with Him daily? How would this provide rest for your soul?

Close:

Take a moment to close with prayer

Acts 2:42 Small Group Study Guide

“And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.”

Week of 11/23/2014 – Rest Part 4

Food and Fellowship:

Take time to enjoy some food and fellowship together, afterwards move the discussion to where you can all sit together.

Prayer:

Take a few minutes to share prayer requests individually. As each person shares give opportunity for someone in the group to commit to pray for the requests that were just shared. After all of the prayer requests have been shared take a few minutes to pray over the requests. One person should begin praying with a person designated to close after everyone who desires to pray out loud has prayed. One person can pray for all of the requests also...the goal is to feel comfortable sharing and have opportunity to open up with prayer.

Reflect:

Take a few minutes to reflect on the Sermon from most recent Sunday.

- What sticks out in your mind?
- What principle/principles did you glean?
- How do you plan to apply some of the principles personally from the sermon? Please share.

Looking In:

Isaiah 55:1-3a

“Come, everyone who thirsts,
come to the waters;
and he who has no money,
come, buy and eat!

Come, buy wine and milk
without money and without price.

² Why do you spend your money for that which is not bread,
and your labor for that which does not satisfy?

Listen diligently to me, and eat what is good,
and delight yourselves in rich food.

³ Incline your ear, and come to me;
hear, that your soul may live;

Matthew 11:28-30

²⁸ Come to me, all who labor and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

³⁰ For my yoke is easy, and my burden is light.”

Discussion Questions:

1. In the passages discussed on Sunday our spiritual needs are described in terms like hunger and thirst, labor and weariness. Why do you think these concepts are used by God to convey our spiritual needs?

2. If Jesus is what satisfies our souls and provides true meaning to our lives, why do we spend so much of our life pursuing other things?

3. In the message Chris mentioned four principles drawn from the history of Israel and their vain attempts to find satisfaction. Do you see any parallels between this list and our culture?

1. **Engaging in constant sexual activity never finding satisfaction.**
2. **Gathering large amounts of resources yet never actually enjoying or finding satisfaction in them.**
3. **Planting abundantly yet harvesting very little.**
4. **Surrounded by banquets and the fat of the finest animals, yet remaining malnourished.**

4. We often sing songs/pray prayers where we invite Jesus to come to us, in view of what we studied on Sunday, how might we change our approach?

5. Give some practical examples of how you can come to Christ (starting with salvation) continually throughout your life. What might it look like to take Christ' yoke on your shoulders and walk with Him daily? How would this provide rest for your soul?

Close:

Take a moment to close with prayer

“And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.”

Week of 11/23/2014 – Rest Part 4

Food and Fellowship:

Take time to enjoy some food and fellowship together, afterwards move the discussion to where you can all sit together.

Prayer:

Take a few minutes to share prayer requests individually. As each person shares give opportunity for someone in the group to commit to pray for the requests that were just shared. After all of the prayer requests have been shared take a few minutes to pray over the requests. One person should begin praying with a person designated to close after everyone who desires to pray out loud has prayed. One person can pray for all of the requests also...the goal is to feel comfortable sharing and have opportunity to open up with prayer.

Reflect:

Take a few minutes to reflect on the Sermon from most recent Sunday.

- What sticks out in your mind?
- What principle/principles did you glean?
- How do you plan to apply some of the principles personally from the sermon? Please share.

Looking In:

Isaiah 55:1-3a

“Come, everyone who thirsts,
come to the waters;
and he who has no money,
come, buy and eat!

Come, buy wine and milk
without money and without price.

² Why do you spend your money for that which is not bread,
and your labor for that which does not satisfy?

Listen diligently to me, and eat what is good,
and delight yourselves in rich food.

³ Incline your ear, and come to me;
hear, that your soul may live;

Matthew 11:28-30

²⁸ Come to me, all who labor and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

³⁰ For my yoke is easy, and my burden is light.”

Discussion Questions:

1. In the passages discussed on Sunday our spiritual needs are described in terms like hunger and thirst, labor and weariness. Why do you think these concepts are used by God to convey our spiritual needs?

2. If Jesus is what satisfies our souls and provides true meaning to our lives, why do we spend so much of our life pursuing other things?

3. In the message Chris mentioned four principles drawn from the history of Israel and their vain attempts to find satisfaction. Do you see any parallels between this list and our culture?

1. **Engaging in constant sexual activity never finding satisfaction.**
2. **Gathering large amounts of resources yet never actually enjoying or finding satisfaction in them.**
3. **Planting abundantly yet harvesting very little.**
4. **Surrounded by banquets and the fat of the finest animals, yet remaining malnourished.**

4. We often sing songs/pray prayers where we invite Jesus to come to us, in view of what we studied on Sunday, how might we change our approach?

5. Give some practical examples of how you can come to Christ (starting with salvation) continually throughout your life. What might it look like to take Christ' yoke on your shoulders and walk with Him daily? How would this provide rest for your soul?

Close:

Take a moment to close with prayer

“And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.”

Week of 11/23/2014 – Rest Part 4

Food and Fellowship:

Take time to enjoy some food and fellowship together, afterwards move the discussion to where you can all sit together.

Prayer:

Take a few minutes to share prayer requests individually. As each person shares give opportunity for someone in the group to commit to pray for the requests that were just shared. After all of the prayer requests have been shared take a few minutes to pray over the requests. One person should begin praying with a person designated to close after everyone who desires to pray out loud has prayed. One person can pray for all of the requests also...the goal is to feel comfortable sharing and have opportunity to open up with prayer.

Reflect:

Take a few minutes to reflect on the Sermon from most recent Sunday.

- What sticks out in your mind?
- What principle/principles did you glean?
- How do you plan to apply some of the principles personally from the sermon? Please share.

Looking In:

Isaiah 55:1-3a

“Come, everyone who thirsts,
come to the waters;
and he who has no money,
come, buy and eat!

Come, buy wine and milk
without money and without price.

² Why do you spend your money for that which is not bread,
and your labor for that which does not satisfy?

Listen diligently to me, and eat what is good,
and delight yourselves in rich food.

³ Incline your ear, and come to me;
hear, that your soul may live;

Matthew 11:28-30

²⁸ Come to me, all who labor and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

³⁰ For my yoke is easy, and my burden is light.”

Discussion Questions:

1. In the passages discussed on Sunday our spiritual needs are described in terms like hunger and thirst, labor and weariness. Why do you think these concepts are used by God to convey our spiritual needs?

2. If Jesus is what satisfies our souls and provides true meaning to our lives, why do we spend so much of our life pursuing other things?

3. In the message Chris mentioned four principles drawn from the history of Israel and their vain attempts to find satisfaction. Do you see any parallels between this list and our culture?

1. **Engaging in constant sexual activity never finding satisfaction.**
2. **Gathering large amounts of resources yet never actually enjoying or finding satisfaction in them.**
3. **Planting abundantly yet harvesting very little.**
4. **Surrounded by banquets and the fat of the finest animals, yet remaining malnourished.**

4. We often sing songs/pray prayers where we invite Jesus to come to us, in view of what we studied on Sunday, how might we change our approach?

5. Give some practical examples of how you can come to Christ (starting with salvation) continually throughout your life. What might it look like to take Christ' yoke on your shoulders and walk with Him daily? How would this provide rest for your soul?

Close:

Take a moment to close with prayer

“And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.”

Week of 11/23/2014 – Rest Part 4

Food and Fellowship:

Take time to enjoy some food and fellowship together, afterwards move the discussion to where you can all sit together.

Prayer:

Take a few minutes to share prayer requests individually. As each person shares give opportunity for someone in the group to commit to pray for the requests that were just shared. After all of the prayer requests have been shared take a few minutes to pray over the requests. One person should begin praying with a person designated to close after everyone who desires to pray out loud has prayed. One person can pray for all of the requests also...the goal is to feel comfortable sharing and have opportunity to open up with prayer.

Reflect:

Take a few minutes to reflect on the Sermon from most recent Sunday.

- What sticks out in your mind?
- What principle/principles did you glean?
- How do you plan to apply some of the principles personally from the sermon? Please share.

Looking In:

Isaiah 55:1-3a

“Come, everyone who thirsts,
come to the waters;
and he who has no money,
come, buy and eat!

Come, buy wine and milk
without money and without price.

² Why do you spend your money for that which is not bread,
and your labor for that which does not satisfy?

Listen diligently to me, and eat what is good,
and delight yourselves in rich food.

³ Incline your ear, and come to me;
hear, that your soul may live;

Matthew 11:28-30

²⁸ Come to me, all who labor and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

³⁰ For my yoke is easy, and my burden is light.”

Discussion Questions:

1. In the passages discussed on Sunday our spiritual needs are described in terms like hunger and thirst, labor and weariness. Why do you think these concepts are used by God to convey our spiritual needs?

2. If Jesus is what satisfies our souls and provides true meaning to our lives, why do we spend so much of our life pursuing other things?

3. In the message Chris mentioned four principles drawn from the history of Israel and their vain attempts to find satisfaction. Do you see any parallels between this list and our culture?

1. **Engaging in constant sexual activity never finding satisfaction.**
2. **Gathering large amounts of resources yet never actually enjoying or finding satisfaction in them.**
3. **Planting abundantly yet harvesting very little.**
4. **Surrounded by banquets and the fat of the finest animals, yet remaining malnourished.**

4. We often sing songs/pray prayers where we invite Jesus to come to us, in view of what we studied on Sunday, how might we change our approach?

5. Give some practical examples of how you can come to Christ (starting with salvation) continually throughout your life. What might it look like to take Christ' yoke on your shoulders and walk with Him daily? How would this provide rest for your soul?

Close:

Take a moment to close with prayer

“And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.”

Week of 11/23/2014 – Rest Part 4

Food and Fellowship:

Take time to enjoy some food and fellowship together, afterwards move the discussion to where you can all sit together.

Prayer:

Take a few minutes to share prayer requests individually. As each person shares give opportunity for someone in the group to commit to pray for the requests that were just shared. After all of the prayer requests have been shared take a few minutes to pray over the requests. One person should begin praying with a person designated to close after everyone who desires to pray out loud has prayed. One person can pray for all of the requests also...the goal is to feel comfortable sharing and have opportunity to open up with prayer.

Reflect:

Take a few minutes to reflect on the Sermon from most recent Sunday.

- What sticks out in your mind?
- What principle/principles did you glean?
- How do you plan to apply some of the principles personally from the sermon? Please share.

Looking In:

Isaiah 55:1-3a

“Come, everyone who thirsts,
come to the waters;
and he who has no money,
come, buy and eat!

Come, buy wine and milk
without money and without price.

² Why do you spend your money for that which is not bread,
and your labor for that which does not satisfy?

Listen diligently to me, and eat what is good,
and delight yourselves in rich food.

³ Incline your ear, and come to me;
hear, that your soul may live;

Matthew 11:28-30

²⁸ Come to me, all who labor and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

³⁰ For my yoke is easy, and my burden is light.”

Discussion Questions:

1. In the passages discussed on Sunday our spiritual needs are described in terms like hunger and thirst, labor and weariness. Why do you think these concepts are used by God to convey our spiritual needs?

2. If Jesus is what satisfies our souls and provides true meaning to our lives, why do we spend so much of our life pursuing other things?

3. In the message Chris mentioned four principles drawn from the history of Israel and their vain attempts to find satisfaction. Do you see any parallels between this list and our culture?

1. **Engaging in constant sexual activity never finding satisfaction.**
2. **Gathering large amounts of resources yet never actually enjoying or finding satisfaction in them.**
3. **Planting abundantly yet harvesting very little.**
4. **Surrounded by banquets and the fat of the finest animals, yet remaining malnourished.**

4. We often sing songs/pray prayers where we invite Jesus to come to us, in view of what we studied on Sunday, how might we change our approach?

5. Give some practical examples of how you can come to Christ (starting with salvation) continually throughout your life. What might it look like to take Christ' yoke on your shoulders and walk with Him daily? How would this provide rest for your soul?

Close:

Take a moment to close with prayer

“And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.”

Week of 11/23/2014 – Rest Part 4

Food and Fellowship:

Take time to enjoy some food and fellowship together, afterwards move the discussion to where you can all sit together.

Prayer:

Take a few minutes to share prayer requests individually. As each person shares give opportunity for someone in the group to commit to pray for the requests that were just shared. After all of the prayer requests have been shared take a few minutes to pray over the requests. One person should begin praying with a person designated to close after everyone who desires to pray out loud has prayed. One person can pray for all of the requests also...the goal is to feel comfortable sharing and have opportunity to open up with prayer.

Reflect:

Take a few minutes to reflect on the Sermon from most recent Sunday.

- What sticks out in your mind?
- What principle/principles did you glean?
- How do you plan to apply some of the principles personally from the sermon? Please share.

Looking In:

Isaiah 55:1-3a

“Come, everyone who thirsts,
come to the waters;
and he who has no money,
come, buy and eat!

Come, buy wine and milk
without money and without price.

² Why do you spend your money for that which is not bread,
and your labor for that which does not satisfy?

Listen diligently to me, and eat what is good,
and delight yourselves in rich food.

³ Incline your ear, and come to me;
hear, that your soul may live;

Matthew 11:28-30

²⁸ Come to me, all who labor and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

³⁰ For my yoke is easy, and my burden is light.”

Discussion Questions:

1. In the passages discussed on Sunday our spiritual needs are described in terms like hunger and thirst, labor and weariness. Why do you think these concepts are used by God to convey our spiritual needs?

2. If Jesus is what satisfies our souls and provides true meaning to our lives, why do we spend so much of our life pursuing other things?

3. In the message Chris mentioned four principles drawn from the history of Israel and their vain attempts to find satisfaction. Do you see any parallels between this list and our culture?

1. **Engaging in constant sexual activity never finding satisfaction.**
2. **Gathering large amounts of resources yet never actually enjoying or finding satisfaction in them.**
3. **Planting abundantly yet harvesting very little.**
4. **Surrounded by banquets and the fat of the finest animals, yet remaining malnourished.**

4. We often sing songs/pray prayers where we invite Jesus to come to us, in view of what we studied on Sunday, how might we change our approach?

5. Give some practical examples of how you can come to Christ (starting with salvation) continually throughout your life. What might it look like to take Christ' yoke on your shoulders and walk with Him daily? How would this provide rest for your soul?

Close:

Take a moment to close with prayer

“And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.”

Week of 11/23/2014 – Rest Part 4

Food and Fellowship:

Take time to enjoy some food and fellowship together, afterwards move the discussion to where you can all sit together.

Prayer:

Take a few minutes to share prayer requests individually. As each person shares give opportunity for someone in the group to commit to pray for the requests that were just shared. After all of the prayer requests have been shared take a few minutes to pray over the requests. One person should begin praying with a person designated to close after everyone who desires to pray out loud has prayed. One person can pray for all of the requests also...the goal is to feel comfortable sharing and have opportunity to open up with prayer.

Reflect:

Take a few minutes to reflect on the Sermon from most recent Sunday.

- What sticks out in your mind?
- What principle/principles did you glean?
- How do you plan to apply some of the principles personally from the sermon? Please share.

Looking In:

Isaiah 55:1-3a

“Come, everyone who thirsts,
come to the waters;
and he who has no money,
come, buy and eat!

Come, buy wine and milk
without money and without price.

² Why do you spend your money for that which is not bread,
and your labor for that which does not satisfy?

Listen diligently to me, and eat what is good,
and delight yourselves in rich food.

³ Incline your ear, and come to me;
hear, that your soul may live;

Matthew 11:28-30

²⁸ Come to me, all who labor and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

³⁰ For my yoke is easy, and my burden is light.”

Discussion Questions:

1. In the passages discussed on Sunday our spiritual needs are described in terms like hunger and thirst, labor and weariness. Why do you think these concepts are used by God to convey our spiritual needs?

2. If Jesus is what satisfies our souls and provides true meaning to our lives, why do we spend so much of our life pursuing other things?

3. In the message Chris mentioned four principles drawn from the history of Israel and their vain attempts to find satisfaction. Do you see any parallels between this list and our culture?

1. **Engaging in constant sexual activity never finding satisfaction.**
2. **Gathering large amounts of resources yet never actually enjoying or finding satisfaction in them.**
3. **Planting abundantly yet harvesting very little.**
4. **Surrounded by banquets and the fat of the finest animals, yet remaining malnourished.**

4. We often sing songs/pray prayers where we invite Jesus to come to us, in view of what we studied on Sunday, how might we change our approach?

5. Give some practical examples of how you can come to Christ (starting with salvation) continually throughout your life. What might it look like to take Christ' yoke on your shoulders and walk with Him daily? How would this provide rest for your soul?

Close:

Take a moment to close with prayer

Acts 2:42 Small Group Study Guide

“And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.”

Week of 11/23/2014 – Rest Part 4

Food and Fellowship:

Take time to enjoy some food and fellowship together, afterwards move the discussion to where you can all sit together.

Prayer:

Take a few minutes to share prayer requests individually. As each person shares give opportunity for someone in the group to commit to pray for the requests that were just shared. After all of the prayer requests have been shared take a few minutes to pray over the requests. One person should begin praying with a person designated to close after everyone who desires to pray out loud has prayed. One person can pray for all of the requests also...the goal is to feel comfortable sharing and have opportunity to open up with prayer.

Reflect:

Take a few minutes to reflect on the Sermon from most recent Sunday.

- What sticks out in your mind?
- What principle/principles did you glean?
- How do you plan to apply some of the principles personally from the sermon? Please share.

Looking In:

Isaiah 55:1-3a

“Come, everyone who thirsts,
come to the waters;
and he who has no money,
come, buy and eat!

Come, buy wine and milk
without money and without price.

² Why do you spend your money for that which is not bread,
and your labor for that which does not satisfy?

Listen diligently to me, and eat what is good,
and delight yourselves in rich food.

³ Incline your ear, and come to me;
hear, that your soul may live;

Matthew 11:28-30

²⁸ Come to me, all who labor and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

³⁰ For my yoke is easy, and my burden is light.”

Discussion Questions:

1. In the passages discussed on Sunday our spiritual needs are described in terms like hunger and thirst, labor and weariness. Why do you think these concepts are used by God to convey our spiritual needs?

2. If Jesus is what satisfies our souls and provides true meaning to our lives, why do we spend so much of our life pursuing other things?

3. In the message Chris mentioned four principles drawn from the history of Israel and their vain attempts to find satisfaction. Do you see any parallels between this list and our culture?

1. **Engaging in constant sexual activity never finding satisfaction.**
2. **Gathering large amounts of resources yet never actually enjoying or finding satisfaction in them.**
3. **Planting abundantly yet harvesting very little.**
4. **Surrounded by banquets and the fat of the finest animals, yet remaining malnourished.**

4. We often sing songs/pray prayers where we invite Jesus to come to us, in view of what we studied on Sunday, how might we change our approach?

5. Give some practical examples of how you can come to Christ (starting with salvation) continually throughout your life. What might it look like to take Christ' yoke on your shoulders and walk with Him daily? How would this provide rest for your soul?

Close:

Take a moment to close with prayer

Acts 2:42 Small Group Study Guide

“And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.”

Week of 11/23/2014 – Rest Part 4

Food and Fellowship:

Take time to enjoy some food and fellowship together, afterwards move the discussion to where you can all sit together.

Prayer:

Take a few minutes to share prayer requests individually. As each person shares give opportunity for someone in the group to commit to pray for the requests that were just shared. After all of the prayer requests have been shared take a few minutes to pray over the requests. One person should begin praying with a person designated to close after everyone who desires to pray out loud has prayed. One person can pray for all of the requests also...the goal is to feel comfortable sharing and have opportunity to open up with prayer.

Reflect:

Take a few minutes to reflect on the Sermon from most recent Sunday.

- What sticks out in your mind?
- What principle/principles did you glean?
- How do you plan to apply some of the principles personally from the sermon? Please share.

Looking In:

Isaiah 55:1-3a

“Come, everyone who thirsts,
come to the waters;
and he who has no money,
come, buy and eat!

Come, buy wine and milk
without money and without price.

² Why do you spend your money for that which is not bread,
and your labor for that which does not satisfy?

Listen diligently to me, and eat what is good,
and delight yourselves in rich food.

³ Incline your ear, and come to me;
hear, that your soul may live;

Matthew 11:28-30

²⁸ Come to me, all who labor and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

³⁰ For my yoke is easy, and my burden is light.”

Discussion Questions:

1. In the passages discussed on Sunday our spiritual needs are described in terms like hunger and thirst, labor and weariness. Why do you think these concepts are used by God to convey our spiritual needs?

2. If Jesus is what satisfies our souls and provides true meaning to our lives, why do we spend so much of our life pursuing other things?

3. In the message Chris mentioned four principles drawn from the history of Israel and their vain attempts to find satisfaction. Do you see any parallels between this list and our culture?

1. **Engaging in constant sexual activity never finding satisfaction.**
2. **Gathering large amounts of resources yet never actually enjoying or finding satisfaction in them.**
3. **Planting abundantly yet harvesting very little.**
4. **Surrounded by banquets and the fat of the finest animals, yet remaining malnourished.**

4. We often sing songs/pray prayers where we invite Jesus to come to us, in view of what we studied on Sunday, how might we change our approach?

5. Give some practical examples of how you can come to Christ (starting with salvation) continually throughout your life. What might it look like to take Christ' yoke on your shoulders and walk with Him daily? How would this provide rest for your soul?

Close:

Take a moment to close with prayer

Acts 2:42 Small Group Study Guide

“And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.”

Week of 11/23/2014 – Rest Part 4

Food and Fellowship:

Take time to enjoy some food and fellowship together, afterwards move the discussion to where you can all sit together.

Prayer:

Take a few minutes to share prayer requests individually. As each person shares give opportunity for someone in the group to commit to pray for the requests that were just shared. After all of the prayer requests have been shared take a few minutes to pray over the requests. One person should begin praying with a person designated to close after everyone who desires to pray out loud has prayed. One person can pray for all of the requests also...the goal is to feel comfortable sharing and have opportunity to open up with prayer.

Reflect:

Take a few minutes to reflect on the Sermon from most recent Sunday.

- What sticks out in your mind?
- What principle/principles did you glean?
- How do you plan to apply some of the principles personally from the sermon? Please share.

Looking In:

Isaiah 55:1-3a

“Come, everyone who thirsts,
come to the waters;
and he who has no money,
come, buy and eat!

Come, buy wine and milk
without money and without price.

² Why do you spend your money for that which is not bread,
and your labor for that which does not satisfy?

Listen diligently to me, and eat what is good,
and delight yourselves in rich food.

³ Incline your ear, and come to me;
hear, that your soul may live;

Matthew 11:28-30

²⁸ Come to me, all who labor and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

³⁰ For my yoke is easy, and my burden is light.”

Discussion Questions:

1. In the passages discussed on Sunday our spiritual needs are described in terms like hunger and thirst, labor and weariness. Why do you think these concepts are used by God to convey our spiritual needs?

2. If Jesus is what satisfies our souls and provides true meaning to our lives, why do we spend so much of our life pursuing other things?

3. In the message Chris mentioned four principles drawn from the history of Israel and their vain attempts to find satisfaction. Do you see any parallels between this list and our culture?

1. **Engaging in constant sexual activity never finding satisfaction.**
2. **Gathering large amounts of resources yet never actually enjoying or finding satisfaction in them.**
3. **Planting abundantly yet harvesting very little.**
4. **Surrounded by banquets and the fat of the finest animals, yet remaining malnourished.**

4. We often sing songs/pray prayers where we invite Jesus to come to us, in view of what we studied on Sunday, how might we change our approach?

5. Give some practical examples of how you can come to Christ (starting with salvation) continually throughout your life. What might it look like to take Christ' yoke on your shoulders and walk with Him daily? How would this provide rest for your soul?

Close:

Take a moment to close with prayer

Acts 2:42 Small Group Study Guide

“And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.”

Week of 11/23/2014 – Rest Part 4

Food and Fellowship:

Take time to enjoy some food and fellowship together, afterwards move the discussion to where you can all sit together.

Prayer:

Take a few minutes to share prayer requests individually. As each person shares give opportunity for someone in the group to commit to pray for the requests that were just shared. After all of the prayer requests have been shared take a few minutes to pray over the requests. One person should begin praying with a person designated to close after everyone who desires to pray out loud has prayed. One person can pray for all of the requests also...the goal is to feel comfortable sharing and have opportunity to open up with prayer.

Reflect:

Take a few minutes to reflect on the Sermon from most recent Sunday.

- What sticks out in your mind?
- What principle/principles did you glean?
- How do you plan to apply some of the principles personally from the sermon? Please share.

Looking In:

Isaiah 55:1-3a

“Come, everyone who thirsts,
come to the waters;
and he who has no money,
come, buy and eat!

Come, buy wine and milk
without money and without price.

² Why do you spend your money for that which is not bread,
and your labor for that which does not satisfy?

Listen diligently to me, and eat what is good,
and delight yourselves in rich food.

³ Incline your ear, and come to me;
hear, that your soul may live;

Matthew 11:28-30

²⁸ Come to me, all who labor and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

³⁰ For my yoke is easy, and my burden is light.”

Discussion Questions:

1. In the passages discussed on Sunday our spiritual needs are described in terms like hunger and thirst, labor and weariness. Why do you think these concepts are used by God to convey our spiritual needs?

2. If Jesus is what satisfies our souls and provides true meaning to our lives, why do we spend so much of our life pursuing other things?

3. In the message Chris mentioned four principles drawn from the history of Israel and their vain attempts to find satisfaction. Do you see any parallels between this list and our culture?

1. **Engaging in constant sexual activity never finding satisfaction.**
2. **Gathering large amounts of resources yet never actually enjoying or finding satisfaction in them.**
3. **Planting abundantly yet harvesting very little.**
4. **Surrounded by banquets and the fat of the finest animals, yet remaining malnourished.**

4. We often sing songs/pray prayers where we invite Jesus to come to us, in view of what we studied on Sunday, how might we change our approach?

5. Give some practical examples of how you can come to Christ (starting with salvation) continually throughout your life. What might it look like to take Christ' yoke on your shoulders and walk with Him daily? How would this provide rest for your soul?

Close:

Take a moment to close with prayer

Acts 2:42 Small Group Study Guide

“And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.”

Week of 11/23/2014 – Rest Part 4

Food and Fellowship:

Take time to enjoy some food and fellowship together, afterwards move the discussion to where you can all sit together.

Prayer:

Take a few minutes to share prayer requests individually. As each person shares give opportunity for someone in the group to commit to pray for the requests that were just shared. After all of the prayer requests have been shared take a few minutes to pray over the requests. One person should begin praying with a person designated to close after everyone who desires to pray out loud has prayed. One person can pray for all of the requests also...the goal is to feel comfortable sharing and have opportunity to open up with prayer.

Reflect:

Take a few minutes to reflect on the Sermon from most recent Sunday.

- What sticks out in your mind?
- What principle/principles did you glean?
- How do you plan to apply some of the principles personally from the sermon? Please share.

Looking In:

Isaiah 55:1-3a

“Come, everyone who thirsts,
come to the waters;
and he who has no money,
come, buy and eat!

Come, buy wine and milk
without money and without price.

² Why do you spend your money for that which is not bread,
and your labor for that which does not satisfy?

Listen diligently to me, and eat what is good,
and delight yourselves in rich food.

³ Incline your ear, and come to me;
hear, that your soul may live;

Matthew 11:28-30

²⁸ Come to me, all who labor and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

³⁰ For my yoke is easy, and my burden is light.”

Discussion Questions:

1. In the passages discussed on Sunday our spiritual needs are described in terms like hunger and thirst, labor and weariness. Why do you think these concepts are used by God to convey our spiritual needs?

2. If Jesus is what satisfies our souls and provides true meaning to our lives, why do we spend so much of our life pursuing other things?

3. In the message Chris mentioned four principles drawn from the history of Israel and their vain attempts to find satisfaction. Do you see any parallels between this list and our culture?

1. **Engaging in constant sexual activity never finding satisfaction.**
2. **Gathering large amounts of resources yet never actually enjoying or finding satisfaction in them.**
3. **Planting abundantly yet harvesting very little.**
4. **Surrounded by banquets and the fat of the finest animals, yet remaining malnourished.**

4. We often sing songs/pray prayers where we invite Jesus to come to us, in view of what we studied on Sunday, how might we change our approach?

5. Give some practical examples of how you can come to Christ (starting with salvation) continually throughout your life. What might it look like to take Christ' yoke on your shoulders and walk with Him daily? How would this provide rest for your soul?

Close:

Take a moment to close with prayer

Acts 2:42 Small Group Study Guide

“And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.”

Week of 11/23/2014 – Rest Part 4

Food and Fellowship:

Take time to enjoy some food and fellowship together, afterwards move the discussion to where you can all sit together.

Prayer:

Take a few minutes to share prayer requests individually. As each person shares give opportunity for someone in the group to commit to pray for the requests that were just shared. After all of the prayer requests have been shared take a few minutes to pray over the requests. One person should begin praying with a person designated to close after everyone who desires to pray out loud has prayed. One person can pray for all of the requests also...the goal is to feel comfortable sharing and have opportunity to open up with prayer.

Reflect:

Take a few minutes to reflect on the Sermon from most recent Sunday.

- What sticks out in your mind?
- What principle/principles did you glean?
- How do you plan to apply some of the principles personally from the sermon? Please share.

Looking In:

Isaiah 55:1-3a

“Come, everyone who thirsts,
come to the waters;
and he who has no money,
come, buy and eat!

Come, buy wine and milk
without money and without price.

² Why do you spend your money for that which is not bread,
and your labor for that which does not satisfy?

Listen diligently to me, and eat what is good,
and delight yourselves in rich food.

³ Incline your ear, and come to me;
hear, that your soul may live;

Matthew 11:28-30

²⁸ Come to me, all who labor and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

³⁰ For my yoke is easy, and my burden is light.”

Discussion Questions:

1. In the passages discussed on Sunday our spiritual needs are described in terms like hunger and thirst, labor and weariness. Why do you think these concepts are used by God to convey our spiritual needs?

2. If Jesus is what satisfies our souls and provides true meaning to our lives, why do we spend so much of our life pursuing other things?

3. In the message Chris mentioned four principles drawn from the history of Israel and their vain attempts to find satisfaction. Do you see any parallels between this list and our culture?

1. **Engaging in constant sexual activity never finding satisfaction.**
2. **Gathering large amounts of resources yet never actually enjoying or finding satisfaction in them.**
3. **Planting abundantly yet harvesting very little.**
4. **Surrounded by banquets and the fat of the finest animals, yet remaining malnourished.**

4. We often sing songs/pray prayers where we invite Jesus to come to us, in view of what we studied on Sunday, how might we change our approach?

5. Give some practical examples of how you can come to Christ (starting with salvation) continually throughout your life. What might it look like to take Christ' yoke on your shoulders and walk with Him daily? How would this provide rest for your soul?

Close:

Take a moment to close with prayer

Acts 2:42 Small Group Study Guide

“And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.”

Week of 11/23/2014 – Rest Part 4

Food and Fellowship:

Take time to enjoy some food and fellowship together, afterwards move the discussion to where you can all sit together.

Prayer:

Take a few minutes to share prayer requests individually. As each person shares give opportunity for someone in the group to commit to pray for the requests that were just shared. After all of the prayer requests have been shared take a few minutes to pray over the requests. One person should begin praying with a person designated to close after everyone who desires to pray out loud has prayed. One person can pray for all of the requests also...the goal is to feel comfortable sharing and have opportunity to open up with prayer.

Reflect:

Take a few minutes to reflect on the Sermon from most recent Sunday.

- What sticks out in your mind?
- What principle/principles did you glean?
- How do you plan to apply some of the principles personally from the sermon? Please share.

Looking In:

Isaiah 55:1-3a

“Come, everyone who thirsts,
come to the waters;
and he who has no money,
come, buy and eat!

Come, buy wine and milk
without money and without price.

² Why do you spend your money for that which is not bread,
and your labor for that which does not satisfy?

Listen diligently to me, and eat what is good,
and delight yourselves in rich food.

³ Incline your ear, and come to me;
hear, that your soul may live;

Matthew 11:28-30

²⁸ Come to me, all who labor and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

³⁰ For my yoke is easy, and my burden is light.”

Discussion Questions:

1. In the passages discussed on Sunday our spiritual needs are described in terms like hunger and thirst, labor and weariness. Why do you think these concepts are used by God to convey our spiritual needs?

2. If Jesus is what satisfies our souls and provides true meaning to our lives, why do we spend so much of our life pursuing other things?

3. In the message Chris mentioned four principles drawn from the history of Israel and their vain attempts to find satisfaction. Do you see any parallels between this list and our culture?

1. **Engaging in constant sexual activity never finding satisfaction.**
2. **Gathering large amounts of resources yet never actually enjoying or finding satisfaction in them.**
3. **Planting abundantly yet harvesting very little.**
4. **Surrounded by banquets and the fat of the finest animals, yet remaining malnourished.**

4. We often sing songs/pray prayers where we invite Jesus to come to us, in view of what we studied on Sunday, how might we change our approach?

5. Give some practical examples of how you can come to Christ (starting with salvation) continually throughout your life. What might it look like to take Christ' yoke on your shoulders and walk with Him daily? How would this provide rest for your soul?

Close:

Take a moment to close with prayer

“And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.”

Week of 11/23/2014 – Rest Part 4

Food and Fellowship:

Take time to enjoy some food and fellowship together, afterwards move the discussion to where you can all sit together.

Prayer:

Take a few minutes to share prayer requests individually. As each person shares give opportunity for someone in the group to commit to pray for the requests that were just shared. After all of the prayer requests have been shared take a few minutes to pray over the requests. One person should begin praying with a person designated to close after everyone who desires to pray out loud has prayed. One person can pray for all of the requests also...the goal is to feel comfortable sharing and have opportunity to open up with prayer.

Reflect:

Take a few minutes to reflect on the Sermon from most recent Sunday.

- What sticks out in your mind?
- What principle/principles did you glean?
- How do you plan to apply some of the principles personally from the sermon? Please share.

Looking In:

Isaiah 55:1-3a

“Come, everyone who thirsts,
come to the waters;
and he who has no money,
come, buy and eat!

Come, buy wine and milk
without money and without price.

² Why do you spend your money for that which is not bread,
and your labor for that which does not satisfy?

Listen diligently to me, and eat what is good,
and delight yourselves in rich food.

³ Incline your ear, and come to me;
hear, that your soul may live;

Matthew 11:28-30

²⁸ Come to me, all who labor and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

³⁰ For my yoke is easy, and my burden is light.”

Discussion Questions:

1. In the passages discussed on Sunday our spiritual needs are described in terms like hunger and thirst, labor and weariness. Why do you think these concepts are used by God to convey our spiritual needs?

2. If Jesus is what satisfies our souls and provides true meaning to our lives, why do we spend so much of our life pursuing other things?

3. In the message Chris mentioned four principles drawn from the history of Israel and their vain attempts to find satisfaction. Do you see any parallels between this list and our culture?

1. **Engaging in constant sexual activity never finding satisfaction.**
2. **Gathering large amounts of resources yet never actually enjoying or finding satisfaction in them.**
3. **Planting abundantly yet harvesting very little.**
4. **Surrounded by banquets and the fat of the finest animals, yet remaining malnourished.**

4. We often sing songs/pray prayers where we invite Jesus to come to us, in view of what we studied on Sunday, how might we change our approach?

5. Give some practical examples of how you can come to Christ (starting with salvation) continually throughout your life. What might it look like to take Christ' yoke on your shoulders and walk with Him daily? How would this provide rest for your soul?

Close:

Take a moment to close with prayer

“And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.”

Week of 11/23/2014 – Rest Part 4

Food and Fellowship:

Take time to enjoy some food and fellowship together, afterwards move the discussion to where you can all sit together.

Prayer:

Take a few minutes to share prayer requests individually. As each person shares give opportunity for someone in the group to commit to pray for the requests that were just shared. After all of the prayer requests have been shared take a few minutes to pray over the requests. One person should begin praying with a person designated to close after everyone who desires to pray out loud has prayed. One person can pray for all of the requests also...the goal is to feel comfortable sharing and have opportunity to open up with prayer.

Reflect:

Take a few minutes to reflect on the Sermon from most recent Sunday.

- What sticks out in your mind?
- What principle/principles did you glean?
- How do you plan to apply some of the principles personally from the sermon? Please share.

Looking In:

Isaiah 55:1-3a

“Come, everyone who thirsts,
come to the waters;
and he who has no money,
come, buy and eat!

Come, buy wine and milk
without money and without price.

² Why do you spend your money for that which is not bread,
and your labor for that which does not satisfy?

Listen diligently to me, and eat what is good,
and delight yourselves in rich food.

³ Incline your ear, and come to me;
hear, that your soul may live;

Matthew 11:28-30

²⁸ Come to me, all who labor and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

³⁰ For my yoke is easy, and my burden is light.”

Discussion Questions:

1. In the passages discussed on Sunday our spiritual needs are described in terms like hunger and thirst, labor and weariness. Why do you think these concepts are used by God to convey our spiritual needs?

2. If Jesus is what satisfies our souls and provides true meaning to our lives, why do we spend so much of our life pursuing other things?

3. In the message Chris mentioned four principles drawn from the history of Israel and their vain attempts to find satisfaction. Do you see any parallels between this list and our culture?

1. **Engaging in constant sexual activity never finding satisfaction.**
2. **Gathering large amounts of resources yet never actually enjoying or finding satisfaction in them.**
3. **Planting abundantly yet harvesting very little.**
4. **Surrounded by banquets and the fat of the finest animals, yet remaining malnourished.**

4. We often sing songs/pray prayers where we invite Jesus to come to us, in view of what we studied on Sunday, how might we change our approach?

5. Give some practical examples of how you can come to Christ (starting with salvation) continually throughout your life. What might it look like to take Christ' yoke on your shoulders and walk with Him daily? How would this provide rest for your soul?

Close:

Take a moment to close with prayer

“And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.”

Week of 11/23/2014 – Rest Part 4

Food and Fellowship:

Take time to enjoy some food and fellowship together, afterwards move the discussion to where you can all sit together.

Prayer:

Take a few minutes to share prayer requests individually. As each person shares give opportunity for someone in the group to commit to pray for the requests that were just shared. After all of the prayer requests have been shared take a few minutes to pray over the requests. One person should begin praying with a person designated to close after everyone who desires to pray out loud has prayed. One person can pray for all of the requests also...the goal is to feel comfortable sharing and have opportunity to open up with prayer.

Reflect:

Take a few minutes to reflect on the Sermon from most recent Sunday.

- What sticks out in your mind?
- What principle/principles did you glean?
- How do you plan to apply some of the principles personally from the sermon? Please share.

Looking In:

Isaiah 55:1-3a

“Come, everyone who thirsts,
come to the waters;
and he who has no money,
come, buy and eat!

Come, buy wine and milk
without money and without price.

² Why do you spend your money for that which is not bread,
and your labor for that which does not satisfy?

Listen diligently to me, and eat what is good,
and delight yourselves in rich food.

³ Incline your ear, and come to me;
hear, that your soul may live;

Matthew 11:28-30

²⁸ Come to me, all who labor and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

³⁰ For my yoke is easy, and my burden is light.”

Discussion Questions:

1. In the passages discussed on Sunday our spiritual needs are described in terms like hunger and thirst, labor and weariness. Why do you think these concepts are used by God to convey our spiritual needs?

2. If Jesus is what satisfies our souls and provides true meaning to our lives, why do we spend so much of our life pursuing other things?

3. In the message Chris mentioned four principles drawn from the history of Israel and their vain attempts to find satisfaction. Do you see any parallels between this list and our culture?

1. **Engaging in constant sexual activity never finding satisfaction.**
2. **Gathering large amounts of resources yet never actually enjoying or finding satisfaction in them.**
3. **Planting abundantly yet harvesting very little.**
4. **Surrounded by banquets and the fat of the finest animals, yet remaining malnourished.**

4. We often sing songs/pray prayers where we invite Jesus to come to us, in view of what we studied on Sunday, how might we change our approach?

5. Give some practical examples of how you can come to Christ (starting with salvation) continually throughout your life. What might it look like to take Christ' yoke on your shoulders and walk with Him daily? How would this provide rest for your soul?

Close:

Take a moment to close with prayer