CHRISTIAN YOUTH

BASKETBALL

19 97

LEAGUE

So, whether you eat or drink, or whatever you do, do all to the glory of God.
1 Corinthians 10:31

2019-2020

COACHES' HANDBOOK

Jimmy Easterby, Director
Tom Parker, Assistant Director
Mark Cunningham, Senior High Coordinator

CYBL Participating Organizations
2019-2020 Season

1. Ben Lippen School
2. Bethlehem Baptist Church
3. Church of the Apostles
4. Downtown Church
5. Eastminster Presbyterian Church
6. Epworth Children's Home
7. First Baptist Church
8. First Presbyterian Church
9. Forest Lake Presbyterian Church
10. North Trenholm Baptist (same contact as Forest Lake Pres)
11. Good Shepherd Lutheran Church
12. Grace Presbyterian Church
13. Mt. Horeb
14. Northeast Presbyterian Church
15. Riverland Hills Baptist Church
16. Shandon Presbyterian Church
17. Shandon UMC
18. St. John Neumann
19. St. John's Episcopal Church
20. St. Joseph Catholic Church
21. St. Martin's in the Field
22. Timmerman School
23. Trenholm Rd Methodist Church
24. Trinity Episcopal Church
25. Union Methodist Church
26. Windsor UMC
27. Zion Baptist Church

STATEMENT O F PHILOSOPHY

THROUGH A PROGRAM OF CHRIST-CENTERED ATHLETICS, THE LEAGUE PROVIDES THE OPPORTUNITY FOR EACH PARTICIPANT TO DEVELOP HIS OR HER TALENTS THROUGH A PROGRAM THAT EMPHASIZES CHRISTIAN GROWTH AND A DEEPER DEDICATION TO GOD AND CHURCH.

OBJECTIVES

- To develop a Christian environment where fellowship, recreation and ministry can take place.
- To use the sport of basketball as a tool to spread the Gospel and reach people for Christ.
- To develop within each participant patience, self-control, courage, good sportsmanship, teamwork and a Christian outlook toward sports.

Eligibility

1. Each participating team in this Christian Youth Basketball League must be affiliated and sponsored by a supporting church. Each supporting church must have one (1) contact person for their participating team(s) to approve the team coach(es) and roster(s). Roster forms are attached and must be filled out, submitted and approved before the first game of the season.
2. In order to the make basketball programs at every church an outreach tool, youth participants are not required to be church members, but coaches will be responsible for following up on prospect status of non-church members playing on their team and placing them on the roster per the league rules.
3. In an effort to foster relationships for host church teams, a minimum of 50% of each team roster must be from a sponsor church family or a member of the sponsor church.
4. All teams will provide a complete roster listing:
    a. Church Team Name and Team Coach
    b. Player name, address, phone #, grade level, and church member (Y/N)
    c. Signature of the Church Representative confirming team and roster
5. Churches may enter more than one team per age group (Team A, Team B…)
6. Each player must play one-third (1/3) of the scheduled games to be eligible for tournament play.
7. Players who make – and choose to play for – their respective school teams are NOT eligible to play in the Christian Youth Basketball League.
8. All questions and concerns will be handled by an official league representative or the League Director. If necessary, the League Director may take questions and concerns to the Governing Body which has final authority.
9. Players must be in Grades 2 - 12.
10. Division breakdown. The Divisions will be referenced as follows:
    a. Second & Third Grades (Grades 2&3)

b. Fourth & Fifth Grades (Grades 4&5)
c. Sixth & Seventh Grades (Grades 6&7)
d. Eighth & Ninth Grades (Grades 8&9)
e. Tenth, Eleventh & Twelfth Grades (Grades 10-12)

RULES FOR PLAY

Christian Youth Basketball League plays by official high school rules with the following exceptions:

1. Each team is required to participate in the prayer and pre-game devotion prior to each game.
2. Grades 10 - 12 will follow the regular high school rules and regulations, playing four seven-minute quarters.
3. Scoreboard clock will be operated as follows:
    a. Grades 2 & 3, twenty (20) minute halves, running clock
    b. Grades 4 & 5, twenty (20) minute halves, running clock
    c. Grades 6 & 7, twelve (12) minute halves
    d. Grades 8 & 9, twelve (12) minute halves
    e. For all games played for the 10th grade division there will be 6 minute quarters.
    f. Between halves, five (5) minute break
    g. Between games, ten (10) minutes
4. Timeouts:
    a. Grades 2 - 5 - There are three (3) timeouts per game, with no timeouts inside the last three (3) minutes of the game. Any time-out called will not stop the clock.
    b. Grades 6 - 12 – There are three (3) timeouts allowed at any time during the game.
5. Forfeits: Please call the appropriate director if your team cannot play.
6. Each player must have a proper jersey on to enter a game. All jerseys must be the same color and have a number. No two (2) players may wear the same number. Gyms will enforce this rule.
7. Games will begin with a jump ball. Possession then alternates for the remainder of the half. The scorer's table will use the arrow system to designate possession. The arrow will be pointed to the basket.
8. No three (3) point shot will be in effect for Grades 2 - 5.
9. Playing time:
    a. Each player should play a fair and equitable amount of time in each game: approximately half of each game.
    b. League Directors will monitor the application of this rule.
    c. No overtime: Game ending in ties during regulation season will not play overtime.
10. The home team will be responsible for providing the official scorekeeper. The scorekeeper will sit at the scorer's table during the game.
11. Technical fouls and unsportsmanlike conduct:
    a. No unsportsmanlike conduct will be tolerated by coaches, players or fans. The

league director, present at the game, will make a determination of action to be taken at the time of the incident.

b. If a player is ejected from the ballgame for any reason other than fouling out, the player is automatically suspended from the next game.

12. Forfeit time: Game time is forfeit time. Five (5) players must be present to start the game. No gentlemen's agreements allowed. The gym representative will determine game time. The game will not begin before game time.
13. Scheduled games: All games will be played as scheduled. No games will be rescheduled unless a team drops out of the league or the league, in its discretion, elects to reschedule. Reasons for rescheduling include, but are not limited to, adverse weather conditions and unforeseen threats to safety.
14. Defense:
    a. Grades 2 - 5 Boys - **No defense outside of the defense box, must play man-to-man at all times**.
    b. Grades 6 & 7 - No pressure defense past half court until the last two minutes of the game.
    c. Grades 8-9 & Grades 10-12 - No pressure defense past half court when a team is ahead by twenty (20) or more points.
    d. Grades 6 - 12 - Teams that illegally pressure in the backcourt will get one (1) warning. If a team continues to pressure in the backcourt, it will be assessed a Technical Foul after each infraction.
15. Basketball Size:
    a. Grades 2 & 3 - Junior Ball
    b. Grades 4-7 -- Intermediate Ball - 28.5
    c. Grades 8 - 12 Boys - Regulation Size
    d. Grades 8 – 12 Girls - Intermediate Ball-28.5
16. Fouls:
    a. Grades 4 & 5 - Players accumulating six (6) personal fouls are disqualified.
    b. Grades 6 - 12 - Players accumulating five (5) personal fouls are disqualified.
17. Bonuses:
    a. Grades 4 & 5 - Once a team is assessed its tenth (10^{th}) personal foul of a half, opposing team is awarded two foul shots after each foul. The player fouled is the player to attempt the foul shots.
    b. Grade 6 & 7 - Once a team is assessed its tenth (10^{th}) personal foul of a half, opposing team is awarded two foul shots after each foul. The player fouled is the player to attempt the foul shots.
    c. Grades 8 - 12 - Team shoots one and one after the seventh (7) team foul, then follows the procedure described in A, B and C on the 10^{th} and succeeding fouls.
18. Free Throws:
    a. Grades 2 & 3 - Ten (10) foot line
    b. Grades 4 & 5 – Fifteen (15) foot line (may cross line after releasing the ball)
    c. Grades 6 - 12 - Fifteen (15) foot line

19. Goal Height:
    a. Grades 2 & 3 - 8 ft.
    b. Grades 4 & 5 – 9 ft.
    c. Grades 6 - 12 – 10 ft.
20. Anyone using foul language, alcohol, drugs or tobacco or misbehaving will be removed from the gym. All players, coaches and fans will adhere to the rules of the gym in which they have a game. Any damage done to a gym by an individual will be his/her responsibility.
21. All players, coaches, referees and fans participate in this league at their own risk.
22. A single elimination tournament will be held at the end of the season for Grades 6 - 12.
23. Players that make their school team are NOT eligible to play in the Christian Youth Basketball League.
24. **Spectators are expected to adhere to proper Christian conduct. We want everyone to support and cheer on their teams, but also remember you are a visitor in another church's gym sitting among the opposing teams' family and friends.**

Notes:

Devotions

2019-2020

Following the Greatest Champion

John 3:16

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

Lesson 1

Embracing Your Creator

Opening Question: Do you know who created you?

Scripture:

Colossians 1:16 For in him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things have been created through him and for him.

Psalm 139:13-14 For you created my inmost being; you knit me together in my mother's womb.
14 I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.

Key Point:

You were made in God's image so you could get to know Him, honor Him and enjoy Him forever.

Lesson 2

Receiving Forgiveness from Jesus Through Faith.

Opening Question: Do you think you need forgiveness? How do you receive it?

Scripture:

I John 1:9 **9** If we confess our sins, he is faithful and just and will forgive us our sins and cleanse us from all unrighteousness.

Mark 2: 1-12 A few days later, when Jesus again entered Capernaum, the people heard that he had come home. **2** They gathered in such large numbers that there was no room left, not even outside the door, and he preached the word to them. **3** Some men came, bringing to him a paralyzed man, carried by four of them. **4** Since they could not get him to Jesus because of the crowd, they made an opening in the roof above Jesus by digging through it and then lowered the mat the man was lying on. **5** When Jesus saw their faith, he said to the paralyzed man, "Son, your sins are forgiven."

6 Now some teachers of the law were sitting there, thinking to themselves, **7** "Why does this fellow talk like that? He's blaspheming! Who can forgive sins but God alone?"

8 Immediately Jesus knew in his spirit that this was what they were thinking in their hearts, and he said to them, "Why are you thinking these things? **9** Which is easier: to say to this paralyzed man, 'Your sins are forgiven,' or to say, 'Get up, take your mat and walk'? **10** But I want you to know that the Son of Man has authority on earth to forgive sins." So he said to the man, **11** "I tell you, get up, take your mat and go home." **12** He got up, took his mat and walked out in full view of them all. This amazed everyone and they praised God, saying, "We have never seen anything like this!"

Key Point:

All of us need to be forgiven. Jesus can provide the forgiveness you need if you believe in Him.

Lesson 3

The Perfect Love of Jesus

Opening Question: Tell me someone who really loves you? How do you know they love you?

Scripture:

John 3:16 **16** For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

I John 3:16 **16** This is how we know what love is: Jesus Christ laid down his life for us. And we ought to lay down our lives for our brothers and sisters.

Key Point:

Jesus is full of love and compassion for you. He shows this love through His forgiveness, patience, mercy, grace and His willingness to sacrifice Himself for you.

Lesson 4

Jesus Has the Heart of a Servant

Opening Question:

What does it mean to have the heart of a servant?

Scripture:

John 13:4-5, 15 **4** so he got up from the meal, took off his outer clothing, and wrapped a towel around his waist. **5** After that, he poured water into a basin and began to wash his disciples' feet, drying them with the towel that was wrapped around him; **15** I have set you an example that you should do as I have done for you.

Key Point:

Jesus wants us to look for opportunities to help others every day. You can do this in the classroom, at home, on the playground, or wherever you may be. This is a wonderful way to show the love of Jesus to others.

Lesson 5

Jesus Always Remains the Same

Opening Question:

Who is someone you can always trust in your life?

Scripture:

Hebrews 13:8 **8** Jesus Christ is the same yesterday and today and forever.

Key Point:

Jesus remain the same, no matter how much your circumstances change. He will always be there for you as you go through life.

Lesson 6

Jesus Blesses the Children

Opening Question:

Why were children so important to Jesus?

Scripture:

Mark 10:13-16 **13** People were bringing little children to Jesus for him to place his hands on them, but the disciples rebuked them. **14** When Jesus saw this, he was indignant. He said to them, "Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these. **15** Truly I tell you, anyone who will not receive the kingdom of God like a little child will never enter it." **16** And he took the children in his arms, placed his hands on them and blessed them.

Key Points:

Jesus shows a special love for little children because they respond to Him with a heart full of trust, dependence and love. That is exactly how Jesus wants all of us to respond to him every day.

Lesson 7

Jesus Requires Us to be Willing to Sacrifice for Him.

Opening Question:

What are some of the sacrifices you may need to make as you follow Jesus every day?

Scripture:

Luke 9:23 [23] Then he said to them all: “Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me.

Key Points:

We must stay committed to Jesus because there are times when we will face temptations and trials that may be very difficult.

Lesson 8

Imitating the Humility of Jesus

Opening Question:

What is humility?

Scripture:

Philippians 2:3-4 **3** Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.

Philippians 2:5-8 In your relationships with one another, have the same mindset as Christ Jesus:

Who, being in very nature[a] God,
did not consider equality with God something to be used to his own advantage;
rather, he made himself nothing
by taking the very nature[b] of a servant,
being made in human likeness.
And being found in appearance as a man,
he humbled himself
by becoming obedient to death—
even death on a cross!

Key Points:

Jesus is the very best example of humility. He was willing to come to earth to serve man, to be rejected by many and be crucified on a cross for our sins.

Lesson 9

Jesus Conquered death

Opening Question:

What happens to people when they die?

Scripture:

John 20:24-28 **24** Now Thomas (also known as Didymus), one of the Twelve, was not with the disciples when Jesus came. **25** So the other disciples told him, “We have seen the Lord!” But he said to them, “Unless I see the nail marks in his hands and put my finger where the nails were, and put my hand into his side, I will not believe.” **26** A week later his disciples were in the house again, and Thomas was with them. Though the doors were locked, Jesus came and stood among them and said, “Peace be with you!” **27** Then he said to Thomas, “Put your finger here; see my hands. Reach out your hand and put it into my side. Stop doubting and believe.” **28** Thomas said to him, “My Lord and my God!”

Key Points:

Those who believe and trust in Jesus go to be with Him in heaven.