

THE CHURCH FAMILY

Presenting Everyone Complete in Christ

FROM YOUR PASTOR'S DESK

One statement from Sunday's sermon was that we live in an Age of Anxiety. According to the ADA (Anxiety and Depression Association of America) "Anxiety disorders are the most common mental illness in the U.S., affecting 40 million adults in the United States age 18 and older, or 18.1% of the population every year."

Anxiety is not a new problem. Thousands of years ago the Psalmist wrote "*When my anxious thoughts multiply within me...*" (Psalm 94:19a) and "*Try me and know my anxious thoughts*" Psalm 139:23

And Jesus teaches about anxiety and the detrimental effect it has on our lives. (Matthew 6:25-34, Mark 4:18-19, Luke 10:41, Luke 21:34) We cannot ignore the realities of anxiety in this world. The question then becomes how do we deal with anxiety?

A researcher named Jean Twenge, a social psychologist at San Diego State University, wrote a book entitled *Generation Me: Why Today's Young Americans Are More Confident, Assertive, Entitled—and More Miserable Than Ever Before*. And here is her basic conclusion: "I think the research tells us that modern life is not good for mental health." The primary problem is that "modern life doesn't give us as many opportunities to spend time with people and connect with them, at least in person...modern life needs to do a better job of connecting people to one another..."(Quotes taken from an online article on mental health by Jesse Singal.)

There are many anxiety tools that I believe can be helpful, including counseling and medical treatment when needed. But I wanted to give you an additional suggestion that might help. The Care Groups that will be starting this Sunday are one of the most effective "people connectors" in our church.

Being a part of a Care Group is one of my favorite aspects of church life. Gathering every week face to face with friends who care about you, brings great comfort and strength in this Age of Anxiety. The purpose of Care Groups is to study God's Word, pray, and "*bear one another's burdens and so fulfill the law of Christ.*" (Galatians 6:2) Care groups may not cure all your anxiety, but it sure helps to know that you are not alone. Be sure to sign up and stay connected.

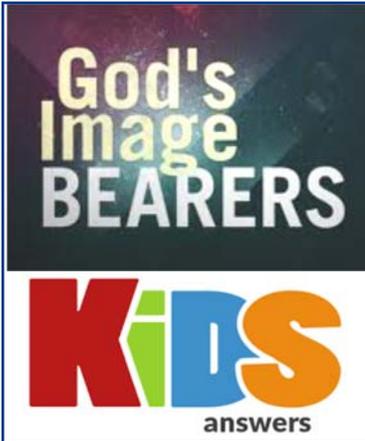
Sharing life with you,

Steve



*Do this in
remembrance
of me.*
Luke 22:19

We will observe
THE LORD'S SUPPER
THIS SUNDAY, SEPTEMBER 9
during the morning worship.



The start of **Image Bearers** is upon us!

Our first meeting for the school year will be Sunday, September 9th from 6:00-7:30 pm. Our older children will be studying scripture and answering real-world-curiosity questions about creation! Our preschoolers will be studying the “Jesus Loves Me” curriculum. It will be a worthy time together in the Word! Each IB session includes the lesson time, snack, and play time! Please email Lauren for more information at lauren@fpcstanley.org.



“FREECYCLE” EVENT

During the office renovation process, we collected some items that are no longer needed. We have desks, file cabinets, chairs and more. The items that are available are located in the Sanctuary Extension Kitchen marked with a “FREE” orange tag. These items are available on a first come, first served basis and will only be offered for a limited time. We cannot hold items for you and you must be able to haul the item(s) away. Stop by and see what we have!

WIC NEWS

BEST YEARS FALL EVENT!

Our next Best Years event will be **Saturday, September 22**. We will have a *Country Fair* at the home of Leon and Kathy Lineberger. It will begin at 5:00 pm and last until around 9:00 pm. We will have hamburgers, games, entertainment, and lots of fellowship! Look for sign-ups in Sunday School or contact the church office to sign up.



WOMEN’S OUTING!

All women of the church are invited to come for a day of shopping and fellowship! We are going to **The Depot Antique Mall at Gibson Mill in Concord** on **Saturday, November 3**. We will leave the church at 9:00 AM and return around 3:00 PM.

Please sign up on the WIC bulletin board beside the SOAR office. We will take the church bus if we have at least 15 women sign up.

WITH OUR CHURCH FAMILY

Lynn Holcomb spent a few days in the hospital recently. He is now at home recovering.

Christian sympathies are extended to **Julie and Steve Jessen** and family in the death of Julie's uncle, **Tommy Kosser**. He passed away on August 29, in Texas where he resided, of complications from COPD and a tumor in his lung. We also offer condolences to **Wanda and Jim Ramsey** and family in the sudden death of Wanda's younger brother. **Tony Broome** of Vale, NC passed away August 30.

WITH LOVING THANKS

A special "thank you" to my church family for your cards, calls, food and especially the prayers during the last three months. Please continue to pray as the shingles scars are still very painful and irritating.

Also, I would appreciate your prayers for my brother who is battling advanced brain and lymph node melanoma, and for Jim's sister who is losing her battle with Alzheimer's.

Love,
SaDara Tilley

MISSIONARY NEWS



Marty Clark had a successful knee replacement in California in April, returning to **Peru** in June. Plans are for her to go back to CA the first part of 2019 to have her other knee replaced. **Paul** has been working recently on the development of Kusi in the Andes mountains where we sent a team in 2003.

Clyde and Jennifer Comer have moved to **Spartanburg, SC** where they continue their ministry with Cru: Clyde as local missions director for SC and Georgia and Jennifer serving in conference planning and operations. They ask for prayer for their children as they adjust to a new school and make new friends.

Shawn and Becky Hurrie have completed their training in Brevard at the Living in Grace Conference. Pray for more churches and individuals to join their team as regular supporters so that they might soon be on the way to **South Africa**.

The **Andy Weaver family** are Wycliffe missionaries in **Papua New Guinea** FPC has supported for many years. The Weaver's oldest child **Stephanie** currently resides in Florida and is in critical condition in a Tallahassee hospital.

Birthdays to Celebrate in September

18 Claudia Forbes-Robinson
Kevin Griffith
Dillon Lamb

19 Kary Kopka

22 Kaylyn Clevenger
Tracy Withers

23 Judy Dixon
Ann Featherstone
Mark Harper



25 Austin Abernathy
Darlene Sweigart

27 Jennifer Greenly
George Ross

28 Pam Cole
Crystal Hare
Abigail Jessen

30 Jim Tilley

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Pastor Steve Jessen
Worship 10:15 AM • Sunday School 9:00 AM



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