

Family Discipleship Guide

May 2021

Pointing to Jesus

Our sermon series on Mark is a wonderful way to engage your family in a deep dive into the life of Jesus. Since we are breaking down the book of Mark into small chunks, this is a great time to read these sections of Scripture with your kids and unpack these stories. Some of the texts we will be walking through in May:

Mark 1:16-20

Mark 1:21-28

Mark 1:29-2:12

Mark 2:13-17

These stories help us understand who Jesus is as a teacher, leader, healer, and friend and give our kids tangible moments to interact with the person of Jesus.

Intentional Activities

Nursery - Jesus is Healer

- The Goal: To help your preschooler understand that Jesus can help heal both physical and emotional hurts.
- Activity:
 - Grab some fun band-aids and ask your child if they have any hurts. Explain that this can be a hurt on their body or something inside that feels sad or hard. Ask if you can put a band-aid on them to help care for their hurt. Use this time of connection with your child to remind them that Jesus can help heal those hurts. Model how you share your hurts with Jesus and invite your child to pray with you and share their own hurts.

Elementary - How Can We Help?

- The Goal: To help your elementary age kids to see how Jesus interacted with people and brainstorm ways to serve the community.
- Activity:
 - After walking through the different texts in Mark, grab a piece of paper or poster board and list words that describe the person of Jesus as evidenced in the text. Then, on the other side brainstorm some ideas of how your family can live out those adjectives by serving others in our church and community.

Recommended Resources

1. The Promise of God- Frontline Music (available on Spotify and iTunes)
2. God's Big Story Podcast from the Village Church-Season 1 focuses on the life of Jesus
3. The One O'Clock Miracle-Tales that Tell Truth-tells a story of Jesus as healer

