

What to do right after the service to help "the Word dwell more richly," within us (Colossians 3:16):

- 1. Instead of rushing off after the service or talking about the latest news, develop the habit of talking about the sermon with people after church. Start spiritual conversations by asking, "How did the Scripture challenge or speak to you today?" Or "what about God in the message encouraged you?"
- 2. Encourage someone by sharing things you learned about God from His Word during the sermon. Make note of how your thinking has changed. Don't let biblical teaching be a one-time event that fades from memory as soon as it is over (James 1:22-25). Choose one or two particular applications to share

 [Above from book Nine Marks of a Healthy Church Member]

For further Application, Meditation, and Conversation on today's text: Date: 3/212/2023 - "From Praising To Complaining" (Exodus 15:13-27)

1. The problem:

Grumbling dishonors God and... Grumbling Distorts reality

Why does grumbling (like the Israelites did) dishonor God? What circumstances most often cause you to complain? What is at the heart of grumbling and complaining? Look at 16:8. When we grumble about circumstances what (or who) are we really grumbling about?

2. The solution:

Trust the Lord...

- ...to provide needs (food, rest) and
- ...to provide each day (don't worry)

Ps 46:10 says that we can 'cease striving and know/be still and know' God is God and we are not. How do you need to "cease striving" in your worries, and to learn to trust in the Lord? Who is someone you can share your struggle with worry or anxiety or discontentment with for prayer, and encouragement to trust in the Lord?