

# LifeChange

## Introduction: How to Use This Study

### Biblical Principles:

#1

#2

#3

### Growth Plan:

- How does this lesson apply to your life?
- What will you practically do to seek change? Be specific.
- Who will you ask to pray for/with you and to hold you accountable?

### Prayer:

*For whatever was written in earlier times was written for our instruction,  
so that through perseverance and the encouragement of the Scriptures we might have hope.*  
Romans 15:4