



Discussion Questions

Sermon Title: "Blessings, Blessings, & More Blessings", Sermon Passage: Ephesians 1:3

1. Read Ephesians 1:1-3 and summarize the passage for the group. Tell everyone how it fits into the surrounding verses and the rest of the Book of Ephesians as a whole.
2. The sermon mentioned that there are over 5,000 promises in the Bible. Why is that important to remember and what does it have to do with the Book of Ephesians? Explain how some Christians live like there are only 1 or 2 promises instead of 5,000.
3. Tell the group how the word "blessed" was used in ancient Greek literature. Why is it significant that this word was never used of the gods? Why is it also significant that this word is used so often in the Bible?
4. Explain the phrase "who has blessed us with every spiritual blessing" in verse 3. What does "every spiritual blessing" refer to? Why is it important for us to remember that this is referring to spiritual blessings and not material blessings? Can you think of some of the blessings that are given in Ephesians 1?
5. Why does Paul tell us that these blessings come to us "in Christ?" What does it mean to say that: "If you leave out the 'in Christ,' you will never have any blessings at all?"