



## Discussion Questions

Sermon Title: "The Basis of Our Blessings", Sermon Passage: Ephesians 1:4-5

1. Read Ephesians 1:1-5 and summarize the passage for the group. Tell everyone how it fits into the surrounding verses and the rest of the Book of Ephesians as a whole.
2. List some of the blessings of the Christian life to the group. Now tell everyone why these blessings keep you from going back to your former way of life. How do they keep you looking ahead to the things of God and not looking back to the world? See Luke 9:62.
3. Explain the phrase "just as He chose us in Him before the foundation of the world" in verse 4. What does it mean to say that God "chose us" and why does this remind us not to boast in ourselves? How does it remind us that we cannot lose our blessings?
4. What does verse 5 mean when it says: "In love He predestined us?" Why is it important to remember that love was the motivation for our predestination? How does it encourage you to know that God has been working on your blessings for all of eternity?
5. The sermon mentioned that, while God's choice came first, our choices do matter. We make real decisions in this life. What does this mean and why is it important to remember that when studying a passage like this one?