

Forget Not All His Benefits

Intro

In this psalm of praise David is reminding himself of the magnitude of God's mercies toward him and using that memory to rouse himself to worship.

1 – A Call to the Individual (Psa. 103:1-5)

- The meaning of “bless”
- The implication of “oh my soul”
 - Forget not
- The implication of “all that is within me”
- The fivefold catalogue of God's benefits to David
 - Forgives
 - Heals
 - Redeems
 - Crowns
 - Satisfies

2 – A Call to the Community (Psa. 103:6-19)

- God's historic redeeming mercy (vv 6-7)
- God's promised ongoing mercy (vv 8-14)
 - Four attributes of God (vs 8)
 - Four corresponding acts of God (vv 9-10)
 - Three comparative illustrations (vv 11-14)
- Man's brevity compared to God's everlasting love (vv 15-18)
- God's universal kingdom (vs 19)

3 – A Call to the Universe (Psa. 103:20-22)

- Heavenly creatures
- All creation

Application

1. Learn to preach the gospel to yourself. Why?
2. Learn to be entirely engaged in worship.