

GLKIDS FAMILY GROUP CHAT

Week of 6/28/20

Hi Gracelife Family,

Although we are apart GraceLife's vision to gather, grow, and go has not changed. Therefore we continue to hope to encourage growth within Gracelife's families so I wanted to provide some conversational helpers related to the sermons while we are away. Tommy does this for community group leaders as a resource they can choose to use if so desired. I thought this model could be replicated as we are continuously within our "family groups".

Hopefully, this will be another resource you can use to help your family refocus on Christ during this "divine disruption".

Please keep in mind that when Tommy gives this to the leaders he emphasizes that this is optional. If it is used, the conversation should lead so if you don't get to all of this, it's okay. The Holy Spirit is working in your conversation - follow him. Because this is a family discussion this could be used throughout the week or not at all.

We would love to see your children doing any of the activities or challenges that are suggested. If you feel comfortable, share pictures of your children completing these on either Facebook or Instagram by tagging Gracelife.

Diane and I are praying for you always and we are excited to see how God is going to use this time within your family.

Courtney Wampler
Director of Early Childhood Children's Ministries



GLKIDS

FAMILY GROUP CHAT

A WORD FOR THE WEARY Isaiah 40:25-31

Introduction

Talk to your children about what the words weary means. What makes them feel tired physically (running, playing, swimming, etc)? Emotionally (dealing with siblings, change, etc)?

Read Psalm 73 verses 16-17; when what is going on around you is hard to understand God wants us to meet with him so he can help you to understand.

What are some things that have been happening lately that you struggle to understand; maybe that you have heard us talking about or the news? What does he give us to help us? Why do you think it might be important to understand what is going on around you from God's point of view?

Resources

Songs:

[Everlasting God by Lincoln Brewster](#)
[Soar Like Eagles by Seed Family Worship](#)

Coloring Page:

[Isaiah 40:31](#)

The Arguments

Ours:

Share how the Israelites were exiled from the promised land and were held captive by the Babylonians for 70 years.

How would you feel if you had been kicked out of your home and forced to live in a new land?
Maybe homesick?

The Israelites began to feel that God had taken them out of the home and then just left them - they were feeling forgotten and that God had given up on them.

What would you say or do to try to get attention if you felt like your mom or dad had forgotten about you?

How long would it take for you to give up trying if they didn't respond the way you thought they should?.

God's:

God sent Isaiah to give the Israelites an important message. This message told them about God.

Read Isaiah 40:25-31

Help your child identify what these verses say about God (Incomparable, Everlasting, Creator, Strong in Power, Understanding, Giving)

Why do you think God's message to the Israelites is about him?
Is he trying to brag about himself or remind us of something?
Why is it important that we remember these things about God?



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A Word for the Weary: Isaiah 40:25-31

God is Incomparable

Discuss idols. Idols are anything that is put before God so we are trusting and hoping in that not thing before God (God ends up being our fall back, when the other thing fails us).

Ask your children to think of things idols they may have.

In verse 25 God is asking how these idols measure up to him. Pose God's question to your children.

Who is the strongest person they know?

No one is better or stronger than God - *Read Isaiah 40:26*. God created all the stars (talk about how they look small but are actually really big) and put them in their place in the sky. He didn't miss one! If he didn't forget a star then he won't forget you! There is nothing or no one else that can create all things and care for all things, including you, in which God does!

God Shares His Strength - Renewal

Think of that person that you said was the strongest that you knew, what if that person shared their strength with you - what would you be able to do that you can't now?

God does that! Because he cares for you but He wants to share everything that he has with you, including his strength! God wants us to come to him to do an exchange or trade - he wants to trade his strength for our cares, weariness, worries for his strength. God is so big, mighty, and powerful that his strength doesn't run out even when he is carrying our burdens for us!

Activity - Have you kids pretend to get comfortable and nap. Explain that we can rest because God is holding all our cares just like Jesus tells us in Matthew 11:28-30; (or if you're lucky they will really nap)

Activity

If your children attended GLK on Sunday ask them to share and/or demonstrate the activity they did. If not, you can find it below so you can try it with your kids (you'll want to make sure that there is a clear space for physical activity).

Have the children participate in 2 minutes of cardio-related activities (running in place or from one side of the room to the other, jumping jacks, hopping, etc). When the 2 minutes is up ask the children to put their hand on their chest and ask them to...

Describe what they feel (chest moving, heart beats)

Describe what they heard (their breaths, hearts)

Explain: these are signs that their bodies are getting tired or weary from doing a lot of work; God doesn't ever feel weary or tired because He is strong and God's strength is everlasting (you may need to explain the meaning of everlasting).

