



**Perspective. Gratitude. Trust. (1 Thessalonians 5:12-18)**

**Talk To Me sermon series**

**By Meta Mason, 11.10.19**

**BIG IDEA: We can experience God's will for our lives when we see with His perspective, live in thankfulness and gratitude, and share every realm of our lives with Him in complete trust.**

1. Rejoice always. ([James 1:2-3](#); [Philippians 4:4 ESV](#); [Romans 15:13](#))
2. Give thanks in all circumstances.
  - a. Gratitude
    - i. About appreciating what one has.
    - ii. Gratitude **grows over time** - an emotional response to a series of occurrences that have made a difference in your life.
  - b. Thankfulness
    - i. Thankfulness is an automatic response.
      1. Example: when someone holds a door open, you are thankful, but it has not shaped your life.
    - ii. Thankfulness only lasts a moment.
3. Pray without ceasing.
  - a. Perspective
  - b. Gratitude
  - c. Trust

**NEXT STEP:**

- How can you shift your perspective right now to see how God is working through a difficult situation in your life? Ask Him to give you His lens to see things the way He does.
- Can you make a list right now for things you are thankful for? Ask God to change your attitude to gratitude. It's not just a cliché...it's His will for you.
- Tell God you want an open line of communication. As you go about today, talk to him as you drive, as you work, fold clothes. As you remember how he has provided in the past, trust Him for something unknown right now.