



# Pastor's Pasture

“Delight Yourself in the Lord”

Psalm 37:1-9

Rev. Karl McCallister

1. Describe what “fretting” looks like.
2. What are the things that produce fret in our lives?
3. Instead of fretting, what does God’s Word call us to instead?
4. God’s Word directs us with a number of commands in these verses. What are the commands?
5. How is God teaching you to trust Him?
6. How do you delight yourself in the Lord?
7. How does obedience to our God overcome fretting?