

NOVEMBER 2020

Hawaii Kai Church Early Learning Center is an equal opportunity provider.

Menu is subject to change based on availability. Skim milk is served with lunch each day. Bold signifies made with whole grain.

Snack and Lunch Menu

Hawaii Kai Church Early Learning Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 AM: Frosted Mini Wheat, Milk L: Ham & Cheese Slider Baby Carrots Orange Slices Milk	3 ELECTION DAY ELC OFF	4 AM: Animal Cracker, Apple Juice L: Chicken Vegetable Soup Hapa Rice Pineapple Milk	5 AM: Pancake, Milk L: Baked Ham Hapa Rice Baked Beans Peach Slices Milk	6 AM: Cheez-its, Milk L: BBQ Chicken Hapa Rice Cucumber Salad Mango Milk
9 AM: Berry Kix, Milk L: Fish Sticks Fries Apple Slices Milk	10 AM: Multi Grain Pita, Milk L: Chinese Chicken Salad Wun Ton Strips Strawberries Milk	11 VETERANS DAY ELC OFF	12 AM: Wheat Thins, Milk L: Aussie Pie Celery Sticks Mixed Berries Milk	13 AM: Waffle, Milk L: Pollo Asado Hapa Rice Pinto Beans Mixed Fruit Milk
16 AM: Oat Square, Milk L: BBQ Turkey & Cheese Roll Cucumber Spears Clementine Milk	17 AM: Multi Grain Cracker Milk L: Pasta w/Meat Sauce Corn Blueberries Milk	18 AM: Graham Cracker, Apple Juice L: Grd. Beef & Zucchini Hapa Rice Pineapple Milk	19 AM: French Toast Strips L: Chicken Mushroom Hapa Rice Mixed Vegetable Melon Milk	20 Thanksgiving Lunch AM: Wheat Thins, Milk L: Roast Turkey Stuffing Green Bean Cassarole Mashed Potato Cranberry Sauce Milk Pumkin Pie
23 AM: Frosted Mini Wheat, Milk L: Sub Slider Baby Carrots Pear Slice Milk	24 AM: Multi Grain Pita, Milk L: Chef Salad Hawaiian Sweet Roll Mango Milk	25 AM: Goldfish, Milk L: Chicken Stew Hapa Rice Strawberries Milk	26 THANKSGIVING ELC OFF	27 ELC OFF
30 AM: Cinnamon Chex, Milk L: Roast Beef & Cheese Slider Celery Sticks Orange Slices Milk				