

# NOVEMBER 2021

Hawaii Kai Church Early Learning Center is an equal opportunity provider.

Menu is subject to change based on availability. Skim milk is served with lunch each day. Bold signifies made with whole grain.

## Snack and Lunch Menu

## Hawaii Kai Church Early Learning Center

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>AM:</b> Cinnamon <b>Chex</b> , Milk <b>L:</b> Pepperoni Pizza Celery Sticks Apple Slices Milk <b>PM:</b> Animal Cracker, Milk	<b>2</b> <b>AM:</b> Cinnamon <b>Toast</b> , Milk <b>L:</b> Pasta w/Meat Sauce Green Salad Manqo Milk <b>PM:</b> Cheez-its, Milk	<b>3</b> <b>AM:</b> Graham Cracker, Apple Juice <b>L:</b> Chicken Vegetable Soup <b>Hapa Rice</b> Blueberries Milk <b>PM:</b> Club Cracker, Milk	<b>4</b> <b>AM:</b> <b>Triscuits</b> , Milk <b>L:</b> Chicken Enchilada Pinto Beans Mixed Fruit Milk <b>PM:</b> Goldfish, Milk	<b>5</b> <b>AM:</b> French Toast Sticks, Milk <b>L:</b> Beef Stew <b>Hapa Rice</b> Pineapple Milk <b>PM:</b> Royal Creem Cracker, Apple Juice
<b>8</b> <b>AM:</b> <b>Oat Squares</b> , Milk <b>L:</b> Ham&Cheese Slider Cucumber Spears Orange Slices Milk <b>PM:</b> Goldfish, Milk	<b>9</b> <b>AM:</b> Waffle, Milk <b>L:</b> Kalua Pork & Cabbage <b>Hapa Rice</b> Blueberries Milk <b>PM:</b> Club Cracker, Milk	<b>10</b> <b>AM:</b> Corn <b>Chex</b> , Apple Juice <b>L:</b> Chinese Chicken Salad Banana Slices Milk <b>PM:</b> Animal Cracker, Milk	<b>11</b> <p style="text-align: center;"><b>VETERAN'S DAY</b></p> <p style="text-align: center;"><b>ELC OFF</b></p>	<b>12</b> <b>AM:</b> <b>Multi Grain Pita</b> , Milk <b>L:</b> Cheese Burger Fries Melon Milk <b>PM:</b> Ritz Cracker, Apple Juice
<b>15</b> <b>AM:</b> Honey Bunches of <b>OATS</b> Milk <b>L:</b> Fish Sticks Tater Tots Clementine Milk <b>PM:</b> Graham Cracker, Milk	<b>16</b> <b>AM:</b> Cheez-its, Milk <b>L:</b> Shoyu Pork & Tofu <b>Hapa Rice</b> Cucumber Salad Manqo Milk <b>PM:</b> Royal Creem Cracker Milk	<b>17</b> <b>AM:</b> Club Cracker, Apple Juice <b>L:</b> Chicken Gumbo <b>Hapa Rice</b> Blueberries Milk <b>PM:</b> Goldfish, Milk	<b>18</b> <b>AM:</b> <b>Life Cereal</b> , Milk <b>L:</b> Chicken Pie Mixed Fruit Milk <b>PM:</b> Ritz Cracker, Milk	<b>19 Thanksgiving Feast</b> <b>AM:</b> <b>Triscuits</b> , Milk <b>L:</b> Roast Turkey Stuffing & Mashed Potato Green Bean Casserole Pineapple Milk & Pumpkin Pie <b>PM:</b> Animal Cracker, Apple Juice
<b>22</b> <b>AM:</b> Cinnamon <b>Chex</b> , Milk <b>L:</b> Turkey&Cheese Slider Baby Carrots Apple Slices Milk <b>PM:</b> Cheez-its, Milk	<b>23</b> <b>AM:</b> <b>Toast &amp; Jelly</b> , Milk <b>L:</b> Taco Pasta Green Salad Peach Slices Milk <b>PM:</b> Club Cracker, Milk	<b>24</b> <b>AM:</b> French Toast Sticks, Milk <b>L:</b> Teriyaki Chicken <b>Hapa Rice</b> Mixed Vegetables Milk <b>PM:</b> Royal Creem Cracker, Milk	<b>25</b> <p style="text-align: center;"><b>THANKSGIVING DAY</b></p> <p style="text-align: center;"><b>ELC OFF</b></p>	<b>26</b> <p style="text-align: center;"><b>ELC OFF</b></p>
<b>29</b> <b>AM:</b> <b>Frosted Mini Wheat</b> , Milk <b>L:</b> Chicken Nuggets Tater Tots Orange Slices Milk <b>PM:</b> Ritz Cracker, Milk	<b>30</b> <b>AM:</b> Pancake, Milk <b>L:</b> Chili <b>Hapa Rice</b> Banana Slices Milk <b>PM:</b> Animal Cracker, Milk			