

OCTOBER 2020

Hawaii Kai Church Early Learning Center is an equal opportunity provider.

Menu is subject to change based on availability. Skim milk is served with lunch each day. Bold signifies made with whole grain.

Snack and Lunch Menu

Hawaii Kai Church Early Learning Center

Monday	Tuesday	Wednesday	Thursday	Friday
			1 AM: Wheat Thins , Milk L: Ground Beef & Zucchinni Hapa Rice Mango Milk	2 AM: Cheez-its, Milk L: Pollo Asado Hapa Rice Pinto Beans Melon Milk
5 FALL BREAK ELC OFF	6	7	8	9
12 AM: Oat Sqaures , Milk L: Sub Slider Celery Sticks Orange Slices Milk	13 AM: Multi Grain Cracker Milk L: Beef Stroganoff Pineapple Milk	14 AM: Ritz, Apple Juice L: Chicken Curry Hapa Rice Peach Slices Milk	15 AM: Pancake, Milk L: Roast Turkey Hapa Rice Green Beans Strawberries Milk	16 AM: Goldfish, Milk L: Beef Chili w/Beans Hapa Rice Pear Slice Milk
19 AM: Frosted Mini Wheat , Milk L: Ham Wrap Cucumber Spears Clementine Milk	20 AM: Wheat Thins , Milk L: Chicken Pot Pie Mixed Fruit Milk	21 AM: Royal Creem Cracker Apple Juice L: Shoyu Pork & Tofu Hapa Rice Cucumber Salad Banana Slices Milk	22 AM: Waffle, Milk L: Beef Stew Hapa Rice Blueberries Milk	23 AM: Graham Cracker, Milk L: Grilled Chicken Hapa Rice Corn Mango Milk
26 AM: Cinnamon Chex , Milk L: Turkey & Cheese Slider Baby Carrots Apple Slices Milk	27 AM: Multi Grain Pita , Milk L: Taco Salad Pineapple Milk	28 AM: Animal Cracker, Apple Juice L: Chicken Stew Hapa Rice Mixed Berries Milk	29 AM: French Toast Strips, Milk L: Hamburger Steak Hapa Rice Mixed vegetable Peach Slices Milk	30 AM: Cheez-its, Milk L: Teriyaki Catfish Hapa Rice Cucumber Salad Melon Milk