

OCTOBER 2021

Hawaii Kai Church Early Learning Center is an equal opportunity provider.

Menu is subject to change based on availability. Skim milk is served with lunch each day. Bold signifies made with whole grain.

Snack and Lunch Menu

Hawaii Kai Church Early Learning Center

Monday	Tuesday	Wednesday	Thursday	Friday
				1 AM: Multi Grain Cracker, Milk L: Cheese Burger Fries Melon Milk PM: Goldfish, Apple Juice
4 AM: Cinnamon Chex, Milk L: Turkey & Cheese Slider Celery Sticks Apple Slices Milk PM: Ritz, Milk	5 AM: Cinnamon Toast, Milk L: Taco Pasta Corn Mixed Fruit Milk PM: Animal Cracker, Milk	6 AM: Multi Grain Pita Apple Juice L: Chef Salad Pineapple Milk PM: Cheez-its, Milk	7 AM: Frosted Mini Wheat, Milk L: Roast Turkey Hawaiian Sweet Roll Mashed Potato Peach Slices Milk PM: Graham Cracker, Milk	8 AM: Waffle, Milk L: Chili Hapa Rice Banana Milk PM: Graham Cracker, Apple Juice
11 FALL BREAK ELC OFF				
18 AM: Oat Squares, Milk L: Ham & Cheese Slider Cumuber Spears Orange Slices Milk PM: Royal Creem Cracker Milk	19 AM: Multi Grain Cracker, Milk L: Chicken Nuqgets Tater Tots Clemintine Milk PM: Goldfish, Milk	20 AM: Corn Chex, Apple Juice L: Italian Wedding Soup Manqo Milk PM: Ritz, Milk	21 AM: Ritz, Milk L: Chicken Stew Hapa Rice Blueberries Milk PM: Animal Cracker, Milk	22 AM: Cinnamon Toast, Milk L: Meattloaf Hawaiian Sweet Roll Mashed Potato Mixed Fruit Milk PM: Cheez-its, Apple Juice
25 AM: Life Cereal, Milk L: Beef Quesadilla Baby Carrot Clementine Milk PM: Club Cracker, Milk	26 AM: Cheez-its, Milk L: Shoyu Chicken & Tofu Hapa Rice Cucumber Salad Pineapple Milk PM: Graham Cracker, Milk	27 AM: Multi Grain Cracker, Apple Juice L: Spinach Salad Hawaiian Sweet Roll Peach Slices Milk PM: Royal Creem Cracker, Milk	28 AM: Multi Grain Pita, Milk L: Baked Ham Baked Beans Garlic Toast Banana Slices Milk PM: Goldfish, Milk	29 AM: Toast & Jelly, Milk L: Shepherd's Pie Hawaiian Sweet Roll Strawberries Milk PM: Ritz, Apple Juice